



BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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www.powellsnl.ca

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BACK TO SCHOOL



\$6⁹⁹
PER LB.
\$15.41/KG.

Cut From AA or Higher Grades Beef
Inside Round Oven Roast or Value Pack **Marinating Steak**

\$2⁴⁹
PER LB.
\$5.49/KG.



Fresh Country
Ribbon Value Pack
Whole Chicken Legs



\$4⁴⁴
PER LB.
\$9.79/KG.

Fresh
**Pork
Tenderloin**



\$21⁸⁸

2kg Pinehill
Bone-In Chicken Breast

\$8⁹⁹



3lt Primo
Vegetable Oil

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Red Seedless Grapes

\$9⁹⁹



12x200g Kraft Dinner
Original

**83¢
Per Box**

\$3⁸⁸



375-500ml
E.D. Smith Regular or NSA
Triple Fruit Jam

\$7⁹⁷



1.5lt Kraft
Miracle Whip

\$3⁹⁹



300-400g
Selected Kellogg's
Cereal

2/\$15



**Coke or Pepsi & Flavours,
AHA or Bubly Water**

\$3⁹⁹



3pk Product of Canada
Romaine Hearts

\$2⁸⁸



570g
Dempster's Holsum **Bread**
or 8pk Hotdog or Hamburger **Buns**

\$2⁷⁷



800g Cavendish Farms
Fries

2/\$5



427g Imperial
Soft Margarine

PRICES ARE IN EFFECT SEPTEMBER 4-10, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
4	5	6	7	8	9	10



\$1⁴⁴

300g Lady Sara
Cookies



\$1⁸⁸

354ml Dairy Isle Regular or 2%
Evaporated Milk



\$2⁹⁹

389g Idahoan
Mashed Potatoes



\$5⁸⁸

454g
Maple Leaf
Cooked Ham



2/\$4⁴⁴

398ml Catelli
Meat Sauce



\$9⁹⁹

144ct Tetley
Tea Bags



3/\$5

1L Graves
Apple Juice



\$6⁸⁸

8pk Royale
Double Roll
Bathroom Tissue



\$2⁹⁹

1L Primo
Ketchup



\$4⁴⁴

1.8L Arctic Power
Liquid Laundry Detergent



\$1⁹⁹

52g Nutella & Go
Breadsticks



\$4⁸⁸

170g Kraft
Dream Whip



\$3⁸⁸

341ml VH
Cooking Sauce



\$6⁴⁴

100-170g Nescafe or Encore
Instant Coffee



\$4⁴⁴

7-10pk Carnation
Hot Chocolate Envelopes



\$1⁸⁸

341-398ml Green Giant
Vegetables



\$5⁹⁹

7lb Golden Crust
Flour



\$9⁹⁹

3pk Royale Tiger
Paper Towels



\$4⁷⁷

600-700g
Minute Rice



\$4⁸⁸

300-350g Purity
Cream Crackers



\$2⁸⁸

166-240g
Selected Betty Crocker
Hamburger Helper



\$4⁴⁴

620g Apple Valley
Baked Apple Pie



2/\$6⁵⁰

398ml
Delmonte
Tin Fruit



\$4⁴⁴

1.89L
Ocean Spray
Cranberry Cocktail



\$3⁹⁹

304g Christie Ritz
Snackwiches



\$4⁹⁹

1.5L
Scotsburn Family Favourites
Ice Cream

WIN

A NEW BICYCLE AT YOUR LOCAL POWELL'S!

fuze
iced tea

\$7⁹⁹

12/341ML FUZE ICED TEA FLAVOURS

***WITH EVERY 12/341ML PURCHASE OF FUZE ICED TEA, ENTER TO WIN A LIMITED EDITION FUZE ICED TEA CRUISER BIKE!**



\$6⁹⁹

44ct Black Diamond
Cheese Slices



Your Newfoundland Butcher



Fresh Country Ribbon Value Pack
Chicken Wings

\$4⁹⁹
PER LB.
\$11.00/KG.



Fresh
Pork Belly

\$4⁹⁹
PER LB.
\$11.00/KG.



8ct Bag
Frozen
Pork Sirloin Chops

\$18⁹⁹



1.75kg Atlantic's Best
Salt Riblets

\$12⁹⁹



500g Sunrise
Beef Burgers

\$8⁹⁹



375-450g Schneider's
Smoked Sausage or **Juicy Jumbos**

\$4⁹⁹



2kg Sunrise
Bologna

\$14⁹⁹



375g Mina
Chicken Wieners

2/\$5



Made From Fresh or Frozen
Portions Value Pack
Medium Ground Beef

\$6⁹⁹
PER LB.
\$15.41/KG.



Tray
Pack
Frozen
Turkey Drumsticks

\$3⁹⁹
PER LB.
\$8.80/KG.



615g Schneider's
Chicken Wings

\$8⁹⁹



Cut From AA or Higher Grades
Beef Boneless Stew Beef

\$8⁹⁹
PER LB.
\$19.82/KG.



780g Pinty's
Bold Chicken Breast Chunks

\$16⁹⁹



375g Larsen
Boneless
Ham Slices

\$7⁸⁸

FRESH. FRIENDLY. LOCAL



Deli



Store Sliced
Maple Leaf
Toupie Ham

\$1⁸⁹
PER 100G



150-175g
Maple Leaf
Natural Selections
Sliced Meats

\$5⁹⁹



175g Chris Brothers
Pizza Variety Pack

\$2⁹⁹



Instore
**Clubhouse
Sandwich**

\$7⁹⁹



From the Sea



330g Land & Sea
Fish Cakes

\$3⁴⁹



4oz Quinlan
Crab Au Gratin

\$5⁹⁹



\$3⁹⁹

250g High Liner
**Tempura
Battered Fish**



200g Land & Sea
Fish & Brewis

\$3⁹⁹

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Fresh Produce

\$2⁴⁹
PER LB.
\$5.49/KG.



Product of Canada
Green Peppers



\$5⁹⁹
EACH

Product of US
Honeydew Melon



\$1⁷⁹
PER LB.
\$3.95/KG.

Product of US
Red Onions

\$1⁶⁹
PER LB.
\$3.73/KG.



Product
of Canada
Medium Turnip

2/\$3



Product of Chile
Kiwi Fruit

\$2⁷⁹
PER LB.
\$6.15/KG.



Product of
South Africa
Clementines

\$2⁶⁹



2lb
Product
of Canada
Yellow Onions

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of Spain
Plums

\$2⁷⁹
PER LB.
\$6.15/KG.



Product of US
Roma Tomatoes

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Peaches

\$2⁴⁹
PER LB.
\$5.49/KG.



Product of Canada
Zucchini Squash

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Dairy

\$6⁹⁹



454g Lactantia Salted or Unsalted
Butter

2/\$6



250ml Scotsburn
Sour Cream

\$3⁹⁹



383g Pillsbury
Apple Turnovers

\$3⁴⁹



227g Lactantia Rich & Creamy
Cream Cheese Spread

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Frozen

\$3⁹⁹



317g Giuseppe
Garlic Fingers

\$3⁴⁴



650g Cavendish
Hash Brown Sticks

\$15⁸⁸



48ct Kellogg's
Eggo's

\$9⁹⁹



1200g
McCain
Bistro
Extra
Crispy
**Onion
Rings**

\$12⁸⁸



404-502g
Piatto@Home
Pizza

\$5⁸⁸



480g Furlani
**Garlic Parmesan
Texas Toast**

\$5⁴⁴



371-397g Boston Market
Frozen Entrees

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Bakery

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**



6pk
White or Whole Wheat
Clover Rolls

\$2⁴⁹

\$12⁹⁹



Peanut Butter Chocolate Deluxe
Cake

**Baked
In-Store**

\$3³⁹



340g Golden Crust
Bread Crumbs

\$12⁹⁹



21pk Golden Crust
**Variety Pack
Cookies**

\$6⁹⁹



4pk
Selected Golden Crust
Muffins

**Baked
In-Store**

**STARTING AT
\$6⁹⁹**



Powell's Artisan
**Sourdough
Bread**

\$8²⁹



6pk Golden Crust
Danishes

\$2⁴⁹



570g Golden Crust
White Sliced Bread

\$

PRICES ARE IN EFFECT UNTIL SEPTEMBER 10, 2025

Smart Shopper

2/\$4



196g
Smucker's
Snausages
Dog Treats

2/\$3



500g Arm & Hammer
Baking Soda

\$28⁹⁹



15lb Iams Lamb & Rice
Dog Food

\$3⁹⁹



336-800g
Selected Nabisco
Cream of Wheat

2/\$6



120-187g
Quaker
Granola Bars

3/\$5



28g Taco Bell
Seasoning

\$3⁴⁴



380ml VH
Soya Sauce

\$3⁸⁸



1kg
Robin Hood
**Minute
Oats**

2/\$5



350g
Minute Rice

2/\$5



135-160g
Old Dutch
Potato Chips

2/\$5



10pk S.O.S.
Pads

\$4⁹⁷



1.36lt Fleecy
Fabric Softener

FRESH. FRIENDLY. LOCAL

Personal Care

\$5²⁹



24ct Advil
**Tablets
or Caplets**

\$2⁹⁹



10ct Tampax Regular
Tampons

\$2⁸⁸



170ct
Q-Tips
**Cotton
Swabs**

\$5⁸⁸



621ml
Ivory
Original or
Lavender
**Body
Wash**

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Refreshments & Snacks

2/\$6⁵⁰



170g Purity Candy

2/\$4⁸⁸



2lt Fruite Drinks

3/\$10



128-226g Betty Crocker Fruit Snacks, Fruit Roll Ups, Gushers or Fruit By The Foot

\$4⁸⁸



12x500ml Ice River Natural Spring Water

2/\$7⁵⁰



220-235g Old Dutch or Ridgies Potato Chips

4/\$5



473ml Snapple Beverage

\$3⁹⁹



168g Betty Crocker Dunkaroos

4/\$5



42-50g Selected Nestle Chocolate Bars

\$1⁴⁴



695ml Peace Tea

\$3⁴⁴



125-295g Kellogg's Nutrigrain Bars or Special K Crisps

\$2⁸⁸



Selected Hostess Snacks

\$3⁹⁹



142g Popcorners Snacks

FRESH. FRIENDLY. LOCAL



Furry Friends

\$8⁴⁴



4kg Nutri Choice Clump Cat Litter

\$23⁹⁹



8kg Purina Adult Dog Chow

\$3⁸⁸



500g Meow Mix Dry Cat Food

\$1⁸⁸



375g Pedigree Dog Food

2/\$2²²



78g Meow Mix Pate In Gravy Cat Food

\$4⁴⁴



170g Beggin' Strips Dog Treats

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House and Home

\$6⁷⁷



350g Lysol Disinfectant Spray

\$3²⁹



700ml VIM Bathroom Spray

\$3⁴⁴



473ml Dawn Ultra Dish Liquid

\$4⁸⁸



623g Scrubbing Bubbles Bath Grime Rainshower

\$6⁹⁹



16ct Cascade Platinum Dishwasher Tabs

\$3⁹⁹



710ml Lysol Toilet Bowl Cleaner

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More Great Deals

2/\$6



400g Kraft Jet Puffed Marshmallows

2/\$4⁸⁸



128-142g Fresh Gourmet Croutons

\$3⁸⁸



900g Selected Catelli Pasta

\$4⁹⁹



10-90ct Selected Ziploc Storage, Freezer, Grip'n Seal or Slider Bags

\$4⁴⁴



375g Nutella Spread

3/\$5



30-113g Jell-O Instant Pudding Mix

\$1⁶⁹



350g Green Barn Yellow Split Peas

3/\$5



284ml Aylmer Soup

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