

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

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CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at
www.powellsnl.ca

WHOLE
\$35⁹⁹

HALF
\$17⁹⁹

Maple Leaf
Whole or Half
**Big Stick
Bologna**



\$2⁷⁷
PER LB.
\$6.11/KG.



Fresh Country Ribbon Value Pack
Chicken Thighs or Drumsticks

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut From AA or Higher Grades Beef Value Pack
Cross Rib Oven Roast or Value Pack Marinating Steak

\$4⁹⁹



375g Leadbetter's
Sliced Smoked Bacon

3/\$5



398ml Heinz
Beans or Pasta

\$5⁹⁹



10lb Product of Canada
Red Potatoes

\$2⁹⁹



317-326g
Red Baron Singles
Deep Dish Pizza

2/\$14



Coke or Pepsi & Flavours,
AHA or Bubly **Water**

\$2⁸⁸



280-330g Kellogg's
Eggo's or Pancakes

\$3⁸⁸



311-525g
Selected Post
Cereal

\$3⁹⁹



850g Parkay
Soft Margarine

\$3⁹⁹



2lt Old Dutch
Liquid Laundry Detergent

\$2⁸⁸



570g Dempster's
Holsum **Bread** or 8pk **Hotdog**
or **Hamburger Buns**

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Red Seedless Grapes

\$4⁹⁷



1lt Heinz
Ketchup

PRICES ARE IN EFFECT SEPTEMBER 25 - OCTOBER 1, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
25	26	27	28	29	30	1



\$4⁸⁸

4pk Delmonte
Fruit Cups



\$4⁸⁸

375g Purity
Chocolate Chip Cookies



2/\$4⁴⁴

156g Burn's
Flakes of Meat



2/\$6⁵⁰

425ml
Sweet Baby Rays
BBQ Sauce



\$12⁹⁹

12ct
Cashmere
Double Roll
Bathroom Tissue



\$5⁸⁸

72ct Tetley
Tea Bags



\$4⁸⁸

520g
Apple Valley
Lemon Meringue Pie



\$3⁸⁸

2lt Rougemont
Apple Juice



\$4⁴⁴

410-600ml Classico
Pasta Sauce



\$7⁸⁸

1.18lt Crisco
Vegetable or Canola Oil



\$6⁸⁸

2.5kg
Robin Hood
Flour



\$6⁸⁸

150g Boursin
Cheese



2/\$4⁸⁸

4pk Snack Pack
Pudding or Gels



\$6⁸⁸

1.5lt Nestle Ice Cream,
12pk Delmonte Novelties or
4-8pk Nestle Novelties



2/\$4⁴⁴

265g Dainty
Fried Rice



\$9⁹⁹

3pk Sponge Towels
Ultra Pro



\$3⁷⁷

250ml Smucker's
Jam



\$3⁹⁷

6-8pk Dempster's Signature Gold
Sausage or Hamburger Buns



\$6⁹⁹

320-400g Black Diamond
Cheese Bars or Shreds



3/\$4

28g French's
Meat Marinade



3/\$5

2lt
Coke & Flavours



2/\$4⁴⁴

354ml Carnation Regular or 2%
Evaporated Milk



2/\$4⁴⁴

500g
Selected
Catelli
Pasta



\$4⁹⁹

250g
Sunrise
Deli Sticks

Powell's Supermarket Community Corner

NEW RESUABLE BAGS BY

Cod Jiggin' & Berg Huntin' & Day Boilin' & Berry Pickin' & Whale Watchin' Mad Rock & The Tunnel & The Kyle & Sheila Nageira

SALTWATER DESIGNS NEWFOUNDLAND

6 original desgins to choose from!

We have teamed up with local clothing company Saltwater Designs once again to create 6 new durable and FUN reusable bags! Now available at both Powell's locations. Choose your favourite from local landmarks to Newfoundland shopping lists.

These large, durable cloth bags are great for everyday use and would make a unique gift that's a piece of home for anyone who is living outside the province. Bags are \$8.99 each or a set of 6 bags for \$50 (+tax).

\$4⁸⁸



3.6lt Old Dutch
All Purpose Bleach



Your Newfoundland Butcher



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef Value Pack
Stewing Beef



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Bone In
**Pork Butt
Chops or
Roast**



\$6⁹⁹

800g Watson Ridge
**Chicken Nuggets, Burgers,
Strips or Popcorn Chicken**



\$2⁹⁹

67-120g
**Schneider's
Lunchmates**



\$4⁴⁴

375g
**Maple Leaf
Wieners**



\$4⁹⁹
PER LB.
\$11.00/KG.

Atlantic's Best
Homestyle Sausage



\$12⁹⁹

6pk Belmont
Beef Burgers



\$7⁴⁴
PER LB.
\$16.40/KG.

Made From Fresh or
Frozen Portions Value Pack
Lean Ground Beef



\$4⁹⁹
PER LB.
\$11.00/KG.

Quality Vac Pack
Scrunchions



2/\$3

113g Frozen
Beef Liver



\$8⁹⁹
PER LB.
\$19.82/KG.

Quality Vac Pack
Boneless Salt Beef



\$8⁹⁹

300g Schneider's
Pepperettes



\$6⁹⁹

500g
**Butcher Selection
Hand Cut Ribs**



\$9⁹⁹

695g Maple Leaf Prime
Chicken Wings



Deli

\$1⁸⁸
PER 100G



Store Sliced
**Gaspeian
Toupie Ham**



\$4⁹⁹

100-200g Fantino & Mondello
Sliced Meats



\$4⁹⁹

200-250g
**Selected Main Street
Deli Sliced Meats**



\$17

16ct Instore
Hot or Chilled
Breaded Chicken Wings



From the Sea



\$7⁹⁹

11lb Comeau
Salted Cod Bits



\$4⁹⁹
PER LB.
\$11.00/KG.

Store Wrapped High Liner
Fish Cakes

\$3⁴⁹

340g
Limford
**Marinated or
Mussel Salad**



\$8⁹⁹
PER LB.
\$19.82/KG.

Frozen
Cod Fillets



FRESH. FRIENDLY. LOCAL

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Fresh Produce

\$2²⁹
PER LB.
\$5.05/KG.



Product of Canada
Green Peppers

\$4⁸⁹
EACH



Product of Canada
Cantaloupe

\$5⁴⁹
HEAD



Product of Canada
Cauliflower

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of Spain
Plums

\$3⁹⁹



3lb
Product of Canada
Carrot

2/\$3



Product of Chile
Kiwi Fruit

\$1²⁹
PER LB.
\$2.84/KG.



Product of Canada
Green Cabbage

\$5⁹⁹



2lb Product of South Africa
Clementines

\$1⁶⁹
PER LB.
\$3.73/KG.



Product of Canada
Red Onions

\$2⁴⁹
EACH



Product of Mexico
Mangoes

\$4⁴⁹



280g
Product of Canada
Grape Tomatoes

FRESH. FRIENDLY. LOCAL



Dairy

2/\$4



227g Lactantia
Garlic Butter

\$3⁴⁴



468g
Pillsbury RTB
**Chocolatey Chip
Cookie Dough**

\$4⁸⁸



410g Black
Diamond
**Cheese
Slices**

\$3⁹⁷



650g
Danone
**Creamy
Yogurt**

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Frozen

\$3⁸⁸



800g Cavendish
Diced Hash Browns

\$16⁸⁸



1.5kg Family Pack
Pogo Sticks

\$3⁴⁴



240g Furlani
Garlic Toast

\$5⁸⁸



360-455g
Swanson Hungryman
Dinners

\$12⁸⁸



1.2kg McCain
Pizza Pockets

\$5⁴⁴



350g Authentic Asia
**Curry Chicken or
Wonton Shrimp Soup**

\$3⁴⁴



750g Cavendish
Crispy Coat Fries

\$5⁴⁴



208-232g
Smucker's
Uncrustables

FRESH. FRIENDLY. LOCAL



Bakery

\$3⁶⁰



2pk Golden Crust
Gracie's Cream Donuts

\$11⁹⁹



Orange
Sherbert
Cake

**Baked
In-Store**

\$4⁹⁹



600g Golden Crust
Multigrain & Flax Bread

**Baked
In-Store**

\$7⁹⁹



5pk Pumpkin Spice
Whoopie Pies

\$2⁹⁹

3 Bun
Homestyle
White Bread



**Baked
In-Store**

\$7⁹⁹



Lemon Meringue
Pie

**Baked
In-Store**

\$7⁷⁹



12pk Golden Crust
Five Star Cookies

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough Bread



**Baked
In-Store**

\$4⁹⁹



12pk
Golden Crust
Touton Balls

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\$

PRICES ARE IN EFFECT UNTIL OCTOBER 8, 2025

Smart Shopper

\$8⁹⁹



1.36kg
Meow Mix
Salmon &
Chicken
Cat Food

2/\$4⁸⁸



128-284g
Michelina's
Frozen Entrees

\$8⁴⁹



24pk
Old Dutch or Humpty Dumpty
Snacks

\$6⁸⁸



400-450g
Carnation
Hot Chocolate Tin

2/\$6



250ml
Bonte
Squeeze
Donair Sauce

\$3⁸⁸



800g McCain
Red Bag Fries

\$5⁹⁷



1.41lt Pinesol
Household Cleaner

\$6⁸⁸



500ml Bick's
Sweet Mustard Pickles

\$5⁸⁸



900ml
Drano Max

\$4⁹⁷



210-405g
Selected
Kellogg's
Cereal

\$2⁸⁸



398ml Dole
Pineapple

\$3⁴⁴



1kg Robin Hood
Flour

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Personal Care

\$6⁸⁸



12ct
Advil
Extra
Strength
Liqui-Gels

2/\$3



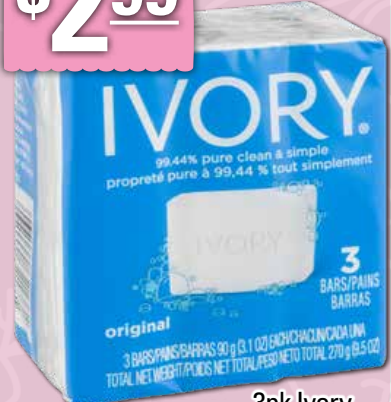
95ml Colgate
Regular or Winterfresh
Toothpaste

\$5⁹⁹



18ct Tampax Pearl
Tampons

\$2⁹⁹



3pk Ivory
Soap

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$3⁸⁸



8x200ml Minute Maid or Five Alive Juice Packs

\$2⁸⁸



234g Act II Popcorn

2/\$3

355ml Jones Soda



2/\$6⁵⁰



100g Dare Veggie Crisps

3/\$5



63-85g Selected Nestle King Size Bars

\$6⁴⁴



6x340ml Ocean Spray Sparkling Cranberry

2/\$4⁸⁸



120g Original or Berry Blast Mike & Ike Candy

\$3⁸⁸



220-235g Old Dutch XXL or Ridgies Potato Chips

FRESH. FRIENDLY. LOCAL

2/\$6



81-145g Lay's Minis

\$2⁷⁷



148-156g Pringles Potato Chips

\$3²⁹



210g Hawkins Cheezies

2/\$4⁸⁸



4lt True North Natural Spring Water



Furry Friends

\$1⁷⁷



100g Cesar Dog Food

\$13⁹⁹



9.1kg Arm & Hammer Clump & Seal Multicat Cat Litter

\$10⁸⁸



688g Milk Bone Large Brushing Chews

\$1⁴⁴



75g Iams Perfect Portions Cat Food

\$10⁹⁹



1.81kg Smartblend Lamb & Rice Dry Dog Food

3/\$5



85g Whiskas Temptations Cat Treats

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House and Home

\$5⁸⁸



1.21lt Mr. Clean Platinum Multi-Surface Cleaner

\$7⁸⁸



650ml Spray Nine Trigger

\$2⁸⁸



35ct Clorox Lemon Fresh Wipes

\$3⁸⁸



700ml Vim Power+Shine Kitchen Spray

\$5⁸⁸



385-946ml Scrubbing Bubbles Easy Peasy Multi-Purpose Cleaner

\$4⁹⁹



473ml Liquid Plumr Hair Clog Eliminator

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More Great Deals

\$5⁴⁴



350g Purity Flaky Pilot Biscuit

\$2⁸⁸



85g Kraft Dream Whip

2/\$4⁸⁸



128-142g Fresh Gourmet Croutons

\$3²⁹



225g OXO In a Mug

\$3⁴⁹



10pk Dempster's 7" Tortilla Wraps

\$8⁹⁹



18x19g Nestle Sweet & Creamy Sachets

\$4⁹⁹



350g Christie Arrowroot Crackers

4/\$5



64g Mr Noodles Cup

FRESH. FRIENDLY. LOCAL