

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 Powell's Supermarket



\$1⁹⁹
PER LB.
\$4.39/KG.

5kg Average Frozen Sous Chef
Seasoned Turkeys

\$4⁹⁹



25kg Robin Hood
White, Whole Wheat
or Best for Bread Flour

HAPPY

Thanksgiving

\$2⁴⁹
PER LB.
\$5.49/KG.



Fresh Country Ribbon Value Pack
Whole Chicken Legs

\$13⁹⁹
PER LB.
\$30.84/KG.



Cut From AA or Higher Grades Beef
Fresh Prime Rib Premium Roast

\$4⁹⁹



890ml Kraft
Miracle Whip

\$3²⁹
PER LB.
\$7.25/KG.



Fresh Bone-In
Pork Butt Chops

\$4⁹⁹



320-400g Black Diamond
Cheese Bars or Shreds

\$3⁸⁸



340g Mario's
Corned Beef

\$5⁹⁹



10lb Product of Canada
#1 Potatoes

\$5⁹⁹



1.28kg Imperial
Soft Margarine

\$12⁴⁹



24x355ml
Coke & Flavours or Selected Pepsi

\$1⁹⁷



126-153g Knorr
Sidekicks

2/\$6



10x180ml Kool-Aid
Jammers

\$1⁹⁷



375-404g
Betty Crocker
Cake Mix

\$9⁹⁹



600g Maple Leaf
Original or Black Forest Ham

\$4⁹⁹



3lb Product of Canada
McIntosh Apples

PRICES ARE IN EFFECT OCTOBER 9 - 15, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
9	10	11	12	CLOSED	14	15

FALL FUN FOR A WISH

Powell's
Supermarket

In support of...

Make-A-Wish
CANADA

POWELL'S CARBONEAR PARKING LOT 12-3 PM SATURDAY OCT. 25



You're invited to Powell's Carbonear for this family-friendly event. Check out the Bounce house, face painting, games of chance, mini petting zoo, grand prize draws and more. Tickets are \$2 at the entrance. We accept debit, credit or cash. Every dollar raised will help grant the wish of a local child!

\$3⁸⁸



315-360g Dare
Wagon Wheels

\$6⁸⁸



500ml Smucker's
Jam

2/\$5



348ml Ocean Spray
Cranberry Sauce

2/\$4⁴⁴



170g Clover Leaf
Skip Jack Tuna

\$1⁸⁸



341-398ml Green Giant
Vegetables

\$11⁴⁴



3pk Bounty SAS
Paper Towels 3=6

2/\$6



900ml Campbell's
Tetra Broth

\$4⁸⁸



600g Apple Valley
Baked Pumpkin Pie

\$2⁷⁷



340-450g Betty Crocker
Frostings

\$6⁸⁸



1.18lt Mazola
Oil

2/\$6⁵⁰



570-675g Villaggio Thick Sliced Bread
or 6-8pk Toscana Buns

\$7⁴⁴



828ml Starbucks
Coffee Cream

\$4⁸⁸



300-350g Purity
Cream Crackers

\$5⁸⁸



12pk Scotsburn
Twin Ice Pops

\$6⁸⁸



4lt Old Dutch
Laundry Detergent

\$4⁷⁷



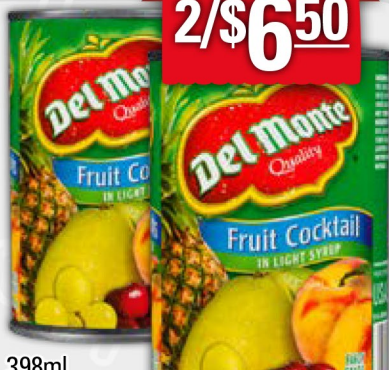
1.54lt Simply or Minute Maid
Refrigerated Juice

\$4⁴⁴



300-380g Selected General Mills
Cereal

2/\$6⁵⁰



398ml Delmonte
Fruit

\$2⁸⁸



600ml Catelli
Garden Select
Pasta Sauce

\$6⁴⁴



100-170g Nescafe or Encore
Instant Coffee

2/\$3



43-116g Idahoan
Mashed Potatoes

2/\$5



120g Stove Top
Stuffing

2/\$4⁸⁸



4pk Cashmere
Bathroom Tissue

\$7⁴⁴



450g Velveeta
Cheese Loaf

\$2⁸⁸



400-500g Green Giant
Valley Selections
Frozen Vegetables



Here is our 2024 Wish Child, MYLES! Myles is going on a MAGICAL vacation with his brothers and parents, and he can't wait to meet some of his favourite characters and ride some roller coasters! We want to thank Alyssa from Make-A-Wish NL, who helped us plan Myles' wish reveal. We celebrated Myles, his upcoming wish & his good health since his successful kidney transplant, surrounded by a supportive group of family and friends.

It's because of YOUR support that wishes are able to come true for children in CBN just like Myles, so thank you to our kind and generous customers!



Your Newfoundland Butcher

\$3.99
PER LB.
\$8.80/KG.



Fresh Bone-In
Smoked Picnic Ham



\$4.44
PER LB.
\$9.79/KG.

Fresh Bone-In
Pork Butt Roast



\$7.99
PER LB.
\$17.61/KG.

Made From Fresh or Frozen Portions Value Pack
Lean Ground Beef



\$5.99
PER LB.
\$13.21/KG.

By The Piece
Maple Leaf
Bologna



\$7.99

100-375g
Schneider's
Regular, Salt Reduced or Ready Cooked
Bacon



\$7.99

6kg Atlantic's
Best Choice
Salt Beef



\$7.99

250g Maple Leaf
Prepped & Ready Chicken



\$7.99

900g Larsen
Regular or BBQ
Wieners



\$15.99
PER LB.
\$35.25/KG.

Cut From AA or Higher
Grades Beef Fresh Value Pack
Prime Rib Grilling Steak



\$3.99

500g Country
Ribbon
Chicken Liver



\$4.49

375g Sunrise
Sliced Bologna



\$2.99

67-120g
Schneider's
Lunchmates



\$9.99

700g Maple Leaf Prime
Chicken Strips, Nuggets, Burgers
Popcorn Chicken or Dino Nuggets



\$10.99

595g 44th Street
Honey Garlic or
Maplewood Smoked Ribs



Deli



\$3.49

200g Chris Brothers
Sliced Ham



\$5.99

150-175g
Selected
Schneider's
Deli Meats



\$8.99

425g Hormel
Honey Ham
or Pepperoni
Snack Trays



\$2.49
PER 100G

Store Sliced
Deli Classic
Cooked Roast Beef



From the Sea



\$9.88

375g FPI
Breaded
Cod Nuggets



\$5.99

454g Land & Sea
Salt Fish Bits



\$24.99

5lb Seafresh
Breaded Fish



\$10.99
PER LB.
\$24.23/KG.

Frozen Atlantic
Salmon Fillets

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Fresh Produce



Product of Canada
Red Pepper

\$3⁶⁹
PER LB.
\$8.13/KG.



Product of US
Plums

\$3⁹⁹
PER LB.
\$8.80/KG.



2lb Product
of Argentina
Clementines

\$5⁹⁹

\$4⁹⁹



3pk
Product of Canada
Romaine Hearts



Product of US
Cantaloupe

\$4⁹⁹
EACH



1lb
Product
of Canada
Parsnip

\$4⁹⁹



Product of US
Roma Tomatoes

\$2⁷⁹
PER LB.
\$6.15/KG.



3lb
Product
of Canada
Carrots

\$3⁹⁹

\$1²⁹
PER LB.
\$2.84/KG.



Product
of Canada
Green Cabbage

\$1²⁹
EACH



Size 88's
Product of Argentina
Lemons

\$3⁹⁹



1oz Product of Canada
Fresh Cranberries



Dairy



227-250g Kraft Philadelphia
Cream Cheese

\$4⁸⁸



4x100g Oikos
Greek Yogurt

\$4⁷⁷



351g Pillsbury RTB
**Cinnamon Rolls
With Icing**

\$3⁴⁴



240g Black Diamond
Natural Cheese Slices

\$4⁷⁷



Frozen



1kg Selected Below Zero
Frozen Fruit

\$6⁹⁹



300g
Pogo Sticks

\$4⁴⁴



800g
**Cavendish
Fries**

\$2⁹⁹



638g Furlani
Garlic Texas Toast

\$5⁹⁹



510g McCain Deep & Delicious
Cakes

\$5⁸⁸



280-338g Swanson
TV Dinners

\$5⁷⁷



775g Red Baron Rising Crust
Pepperoni Pizza

\$5⁹⁹



2kg McCain
Onion Rings

\$16⁸⁸

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Bakery

\$2⁹⁹

Baked In-Store



3 Bun Homestyle
White Bread

Starting at
\$11⁹⁹



Thanksgiving
Cakes

Baked In-Store

\$3⁴⁹



12pk
Golden Crust
Dinner Rolls

\$12⁹⁹



21pk Golden Crust
Variety Pack Cookies

\$4⁹⁹



6pk Golden Crust
Hot Cross Buns

\$3³⁹



340g Golden Crust
Bread Crumbs

\$3⁹⁹



Baked In-Store

Mini
Cake Tin

\$6⁴⁹



6pk Assorted
Cupcakes

Baked In-Store

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough Bread

Baked In-Store



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\$

Smart Shopper

PRICES ARE IN EFFECT UNTIL NOVEMBER 5, 2025

\$28⁹⁵



6.8kg
Iams
Mature
Adult
Dog Food

2/\$3



500g Arm & Hammer
Baking Soda

\$6⁸⁸



500g Vim
Skim Milk Powder

\$4⁸⁸



283g Christie
Fig Newtons

\$4⁹⁹



170ml
Certo
Liquid Fruit Pectin

\$4⁸⁸



475ml
Kraft
Sandwich Spread

\$4⁹⁷



1.36lt Heinz
Tomato Juice

\$13⁸⁸



1.7kg
Becel
Soft Margarine

\$4⁴⁴



1 box Selected Vachon
Cakes

\$2⁸⁸



473ml Body Armor
Super Drink

\$4⁴⁴



800ml Lestoil
Multi-Purpose Cleaner

\$3⁹⁹



350g Quaker
Cap'n Crunch Cereal

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Personal
Care

\$9⁹⁹



355ml
Noxzema
Original Deep Cleanser

\$3⁹⁹



346ml
Herbal Essence
Shampoo & Bodywash

\$6⁴⁴



24ct Aleve
Caplets

\$5⁸⁸



621ml
Ivory
Bodywash

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Refreshments & Snacks

2/\$4⁸⁸



2L Fruite Drinks

\$2⁹⁹



340g Litehouse Caramel Tub

\$9⁹⁹



18-20ct Lay's Variety Pack Snacks

4/\$5



1.5L True North Spring Water

\$4⁸⁸



430ml Old Dutch Restaurant Salsa

3/\$5



710ml Powerade Sport

2/\$6⁵⁰



120-142g Sensible Portions Veggie Straws

\$4⁴⁴



1.89L Ocean Spray Cranberry Cocktails

2/\$6⁵⁰



170g Purity Candy

\$15⁸⁸



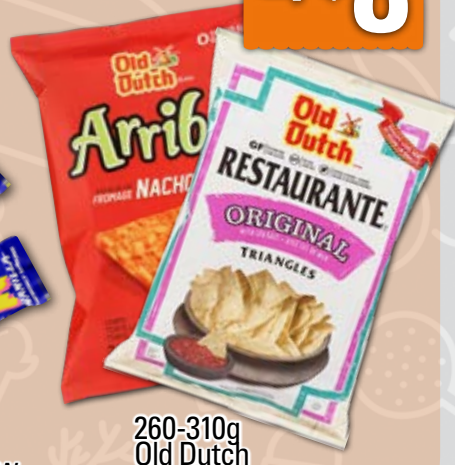
20ct Kellogg's Rice Krispie Squares

\$1⁴⁴



65g Charleston Chew Bars

2/\$8

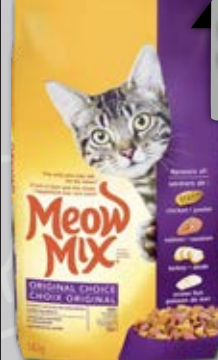


260-310g Old Dutch Restaurant or Arriba Tortilla Chips



Furry Friends

\$6⁹⁹



1.42kg Meow Mix Cat Food

\$4⁹⁹



340g Milk Bone Peanut Butter Dog Treats

\$28⁹⁹



15lb Iams Lamb & Rice Dog Food

\$18⁹⁹



22.7g Qualicat Cat Litter

4/\$5



85g Fancy Feast Cat Food

\$2⁷⁷



170g Jerky Treats Dog Treats



House and Home

\$4⁷⁷



1.36L Fleecy Fabric Softener

\$3⁴⁴



473ml Dawn Ultra Original Dish Liquid

\$3⁴⁴



30lb Alcan Super Roaster

\$5⁸⁸



1ct Glade 2in1 Candle

\$3⁹⁹



887-946ml Clorox All Purpose or Disinfecting Bathroom Cleaner

\$3⁹⁹



650ml Lysol Cleaner Lemon Trigger

More Great Deals

\$3⁸⁸



454g Fleischmann's Corn Starch

\$3⁸⁸



600g Dempster's Whole Grain Bread

2/\$8⁵⁰



205-300g Tostitos XL Tortilla Chips

\$12⁸⁸



2.6kg Minute Rice

\$5⁷⁷



500ml Miss Daisy's Sweet Mustard Pickles or Pickled Beets

\$1²⁹



25ft Club Supreme Foil Wrap

\$1⁸⁸



170g Dutch Baby Thick Cream

\$5⁴⁴



400g Christie Graham Crumbs or Wafers

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