

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

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VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca



\$2⁷⁷
PER LB.
\$6.11/KG.

Fresh Country Ribbon Value Pack
Chicken Thighs or Drumsticks



\$7⁹⁹
PER LB.
\$17.61/KG.

Cut From AA or
Higher Grades Beef
Sirloin Tip Oven Roast

HAPPY HALLOWEEN



\$5⁴⁴
PER LB.
\$11.99/KG.

Fresh
Pork Back Ribs



2/\$7

375g Carver's Choice
Bacon



\$3⁹⁹

\$8⁹⁹

250-465g Selected Old El Paso
Dinner Kits



15lb Product of Canada
Russet Potatoes



3/\$5

398ml Heinz
Beans or Pasta



\$3⁸⁸

375-500ml E.D. Smith
Triple Fruit Jam



\$1⁸⁸

425ml Campbell's
Spaghetti-O's



2/\$6

550-675g Villaggio
Thick Sliced Bread or
6-8pk Toscana Buns



\$3⁸⁸

317-430g
Selected General Mills
Cheerios



\$4⁹⁷

1lt Heinz
Ketchup



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of US
Red Seedless Grapes



\$2⁹⁹

454g Central Dairies
Soft Margarine



\$12⁴⁹

24x355ml
Coke & Flavours or Selected Pepsi

PRICES ARE IN EFFECT OCTOBER 30 - NOVEMBER 5, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
30	31	1	2	3	4	5



\$4.44

425ml Kraft Dressings



\$4.77

600-700g Minute Rice



3/\$5

110g Mr Noodle Bowl



2/\$4

284ml Franco American Gravy



\$4.99

450g Purity Fancy Assorted Biscuits



\$11.44

3pk Bounty SAS Paper Towels 3=6



2/\$5

960ml Del Monte Orange Juice



2/\$4.44

796ml Primo Tomatoes



\$11.88

216ct Red Rose Tea Bags



\$6.99

320-400g Black Diamond Cheese Bars or Shreds



\$4.44

410-600ml Classico Pasta Sauce



\$5.88

454g Maple Leaf Cooked Ham



\$3.29

247-391g Town House Crackers



\$4.88

4pk Dole Fruit Cups



\$4.88

355ml Flavortown Sauce



\$23.99

2kg Pinehill Bone-In Chicken Breast



2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk



\$5.99

7lb Golden Crust Flour



\$16.99

24ct Royale Double Roll Bathroom Tissue



\$6.88

1.5lt Nestle Ice Cream, 12pk Del Monte Novelties or 4-8pk Nestle Novelties



\$4.44

1.8lt Arctic Power Laundry Detergent



\$2.88

410g Puritan Beef or Irish Stew



\$1.88

58g KD Cups



\$2.77

900g Primo Pasta



\$4.44

234g Sara Lee Little Bites

Powell's Supermarket Community Corner

You Gotta Try This!

In-store sampling takes place every Thursday, Friday & Saturday 11am-4pm

We are thrilled to demo some tasty products for you at BOTH Powell's locations every Thursday, Friday and Saturday from 11am-4pm. Watch for Thursday morning's Facebook post to see what we will sampling that weekend. From brand new products to old favourites you haven't tasted in a while, we always have something delicious at our sampling stations.



\$9.99

3lt Primo Vegetable Oil



Your Newfoundland Butcher



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA or Higher
Grades Beef Value Pack
Sirloin Tip Marinating Steak



\$14⁹⁹

2kg Sunrise
Bologna



\$12⁹⁹

1.75kg Atlantic's Best
Salt Riblets



\$4⁹⁹
PER LB.
\$11.00/KG.

Fresh
**Pork
Tenderloin**



\$3⁹⁹
PER LB.
\$8.80/KG.

Frozen Tray Pack
Turkey Necks



2/\$5

375g Mina
**Chicken
Wieners**



\$6⁹⁹
PER LB.
\$15.41/KG.

Made From Fresh or
Frozen Portions Value Pack
Medium Ground Beef



\$4⁹⁹
PER LB.
\$11.00/KG.

Atlantic's Best
Homestyle Puddings



\$9⁹⁹

800g Watson Ridge
Buttermilk Chicken Breast Pieces



\$4⁹⁹
PER LB.
\$11.00/KG.

Quality Vac Pack
Scrunchions



\$4⁴⁴
PER LB.
\$9.79/KG.

Frozen Value Pack
Pork Butt Chops



\$10⁹⁹

510g Leadbetter's Muskoka
Smash Burger



\$7⁹⁹

375g
Larsen
**Ham
Slices**



\$5⁹⁹

204-288g Schneider's
**Breakfast Sandwiches or
Egg Bites**

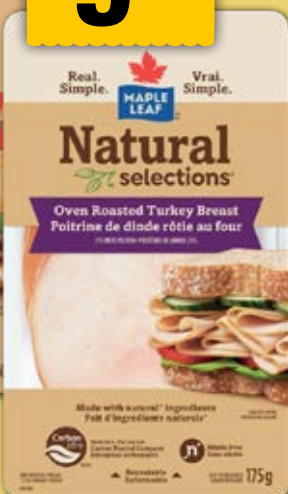


Deli



\$5⁹⁹

150-175g Maple Leaf
Natural Selection
Sliced Meats



\$2⁴⁹
PER 100G



Store Sliced Deli Classic
**Montreal Smoked Meat
or Pastrami**

\$2⁹⁹



250g
Chris Brother's
Sandwich Pack

\$7⁹⁹



Instore
Clubhouse Sandwich



From the Sea

\$8⁹⁹



500g High Liner English Style
Fish In Batter



\$14⁹⁹

340g Land & Sea
Cod Tongues



\$7⁹⁹

340g
Ocean Jewel
**Breaded
Butterfly
Shrimp**



\$11⁹⁹
PER LB.
\$26.43/KG.

Fresh Atlantic
Salmon Fillets

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$2⁶⁹
PER LB.
\$5.93/KG.



Product of Canada
Hot House Tomatoes

\$1⁹⁹
PER LB.
\$4.39/KG.



Product of US
Bartlett Pears

\$2²⁹



2lb Product of Canada
Yellow Onions

\$5⁹⁹



3lb Product of Canada
McIntosh Apples

\$1²⁹
PER LB.
\$2.84/KG.



Product of Canada
Green Cabbage

\$5⁹⁹
EACH



Product of US
Cantaloupe

\$5⁴⁹



11lb Product of Canada
Parsnip

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of Spain
Plums

\$5⁹⁹
HEAD



Product of Canada
Cauliflower

\$6⁴⁹



170g Product of Mexico
Blackberries

\$1⁹⁹



12oz Product of Canada
Baby Peeled Carrots

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Dairy

\$6⁹⁹



454g Lactantia
Butter

\$3⁹⁹



383g Pillsbury
RTB Apple
Turnovers

2/\$6



500ml Scotsburn
Blend or
Coffee Cream

\$3⁹⁹



8pk Black Diamond
Cheestrings

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Frozen

\$7⁴⁴



400-500g Wong Wing
Frozen Entrees

\$5⁸⁸



360-455g Swanson Hungryman
Dinners

\$8⁹⁹



615g Schneiders
Chicken Wings

\$3⁸⁸



800g Cavendish Farms
Diced Hash Browns

\$7⁸⁸



1.5kg McCain
Superfries

\$5⁸⁸



368g Furlani **Garlic Texas Toast**
or 638g **Garlic Parmesan Toast**

\$16⁸⁸



1.5kg Family Pack
Pogo Sticks

\$5⁴⁴



693g Pillsbury
Pizza Bites

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Bakery

Starting at
\$11⁹⁹

Selected
**Halloween
Cakes**



**Baked
In-Store**

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$2⁴⁹



6pk
White or Whole Wheat
Clover Rolls

**Baked
In-Store**

\$6²⁵



540g
Golden Crust
Assorted Pies

\$3⁴⁹



2pk Golden Crust
Raspberry Flakies

\$5³⁹



6pk Golden Crust
NSA Plain or Raisin
Tea Buns

\$4⁴⁹



600g Golden Crust
**Molasses Raisin
Pot Bread**

STARTING AT
\$6⁹⁹



Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

Powell's Artisan

\$6⁴⁹



6pk Assorted
Cupcakes

**Baked
In-Store**

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\$

PRICES ARE IN EFFECT UNTIL NOVEMBER 5, 2025

Smart Shopper

2/\$8



150-200g Smartfood **XL**
or 205g **Sunchips**

2/\$5



540ml Aylmer
Tomatoes

\$9⁹⁹



1.5kg
Chris Brothers
Bologna Chubb

\$12⁸⁸



1.2kg McCain
Pizza Pockets

\$4³⁹



650ml Shout
Trigger

\$3⁸⁸



225g Lawry's
Seasoned Salt

\$4⁴⁴



213g Clover Leaf
Pink Salmon

\$4⁸⁸



623g
Scrubbing
Bubbles
**Bath Grime
Rainshower**

\$2⁸⁸



475ml
Murphy's
Oil Soap

2/\$3



43-116g
Idahoan
Potatoes

\$5⁹⁹



6x295ml Ocean Spray
Cranberry Cocktail

\$2⁷⁷



680ml
Hunt's Thick & Rich
Pasta Sauce

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Personal Care

\$5⁸⁸



24ct Tylenol
Arthritis Pain

\$2⁹⁹



10ct Tampax
Regular Tampons

\$4⁸⁸



2x106g Dove
Bar Soap

\$6⁴⁴



325ml Dove
**Bodywash
Deep Moisture**

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Refreshments & Snacks

99¢



45g Hawkins Cheezies

\$17⁸⁸



24x591ml Powerade Variety Pack

2/\$8⁵⁰



180-200g Ruffles XL Potato Chips

\$3⁹⁹



168g Betty Crocker Dunkaroos

\$3⁹⁷



250-310g Humpty Dumpty Cheese Snacks or Party Mix

2/\$4⁸⁸



105-141g Hershey Big Box Chocolate

\$3⁹⁹



750ml Purity Syrup

2/\$8⁵⁰



177-235g Lay's XXL or Baked Potato Chips

\$3⁴⁴



265g Vidal Watermelon or Strawberry Belts

3/\$4



1lt Pepsi & Flavours

\$4⁸⁸



12x500ml Ice River Natural Spring Water

\$7⁹⁷



24pk Old Dutch or Humpty Dumpty Snacks

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Furry Friends

\$1⁷⁷



100g Cesar Dog Food

4/\$5



75g Whiskas Perfect Portions Cat Food

\$13⁸⁸



3kg IAMS Small Breed Dry Dog Food

\$10⁴⁴



2kg Purina Cat Chow For All Cats

\$13⁸⁸



7lb IAMS Mini Chunks Adult Dry Dog Food

2/\$6⁵⁰



170g Friskies Party Mix Cat Treats

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House and Home

\$4⁸⁸



141-150g Downy or Gain Scent Booster Beads

\$5⁸⁸



1.21lt Mr Clean Platinum Cleaner

\$2⁹⁹



35ft Reynolds Parchment Paper

\$3⁹⁹



900ml Drano Liquid

\$4⁸⁸



3.6lt Spring Time Bleach

\$2⁸⁸



10pk SOS Pads

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More Great Deals

\$5⁸⁸



620g Apple Valley Baked Blueberry Pie

\$4⁴⁴



675g Crosby's Fancy or Cooking Molasses

\$1⁴⁴



300g Lady Sarah Cookies

\$5⁸⁸



12x99g Snack Pack Family Size Puddings

\$4⁹⁷



454g Christie Toppable Crackers

\$3⁴⁴



380ml VH Soya Sauce

4/\$5



85g Jell-O Powder

\$6⁸⁸



400-450g Carnation Hot Chocolate Can

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