


BAY ROBERTS 709.786.2101  
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948  
**Powell's**  
 Supermarket

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 View our flyer online at [www.powellsnl.ca](http://www.powellsnl.ca)



**\$2.77**  
 PER LB.  
 \$6.11/KG.

Fresh Country Ribbon Value Pack  
**Chicken Thighs or Drumsticks**



**\$6.99**  
 PER LB.  
 \$15.41/KG.

Cut From Canada AA or USDA Select Grades Beef  
**Sirloin Tip Pot Roast**



**\$2.99**  
 PER LB.  
 \$6.59/KG.

Fresh Whole  
**Pork Spare Ribs**



**\$3.99**

375g Leadbetter's  
**Smoked Sliced Bacon**



**\$3.88**

375-500ml E.D. Smith Regular or NSA  
**Triple Fruit Jam**



**\$2.49**  
 PER LB.  
 \$5.49/KG.

Product of Canada  
**Hot House Tomatoes**



**\$3.99**

450g Kraft  
**Cheez Whiz**



**2/\$4.88**

198g Heinz Bagel Bites  
**Pizza Snacks**



**2/\$7**

6x710ml  
**Pepsi & Flavours**



**2/\$4.88**

427g I Can't Believe It's Not Butter  
**Margarine**



**2/\$4**

156g Maple Leaf  
**Flakes of Meat**



**2/\$5**

410-425g Fraser Farm  
**Gravy & Meatballs**  
 or Puritan **Stews**



**\$3.99**

3lb Product of Canada  
**Cortland Apples**



**\$3.88**

2lt Old Dutch  
**Liquid Laundry Detergent**



**\$1.88**

126-153g Knorr  
**Sidekicks**

PRICES ARE IN EFFECT OCTOBER 24-30, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
24	25	26	27	28	29	30

# Fall baking with



THE J.M. SMUCKER Co



170ml Fussell's  
**Heavy Cream** \$ **2<sup>88</sup>**

\$ **3<sup>99</sup>**

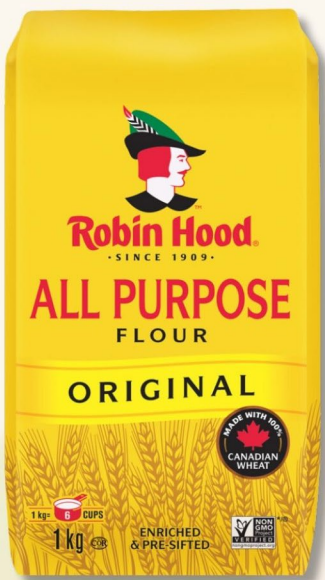
300ml Eagle Brand  
**Sweetened  
Condensed Milk**



354ml Carnation  
**Evaporated Milk** 2/\$ **4<sup>44</sup>**

\$ **6<sup>88</sup>**

500ml Smucker's  
**Jam**



1kg Robin Hood  
**All Purpose  
Flour** \$ **3<sup>44</sup>**

\$ **3<sup>77</sup>**

1kg Robin Hood  
**Minute Oats**



**Powell's**  
Supermarket

**3/\$5**

2L  
**Coke & Flavours**

SSBT may apply

**3/\$5**

43-116g Idahoan  
**Mashed Potatoes**

**\$2<sup>88</sup>**

6pk Motts  
**Fruitsations**

**\$6<sup>44</sup>**

526-725g Selected General Mills  
**Cereal**

**2/\$7**

218-650ml Classico  
**Pasta Sauce**

**\$6<sup>88</sup>**

1.5L Scotsburn  
**Premium Ice Cream**

**\$23<sup>99</sup>**

2kg Pinehill  
**Chicken Wings**

**2/\$6<sup>50</sup>**

138-226g Betty Crocker  
**Fruit Shapes, Roll Ups or Gushers**

**\$5<sup>88</sup>**

100-170g Nescafe or Encore  
**Instant Coffee**

**\$7<sup>49</sup>**

320-400g Black Diamond  
**Cheese Bars or Shreds**

**\$13<sup>88</sup>**

12ct Cashmere Double Roll  
**Bathroom Tissue**

**\$2<sup>77</sup>**

340g Mario's  
**Luncheon Meat**

**\$4<sup>49</sup>**

303-500g Selected Christie  
**Cookies**

**2/\$4**

398ml Bush's  
**Baked Beans**

**\$6<sup>99</sup>**

1L Becel  
**Cooking Oil**

**\$14<sup>88</sup>**

10kg Robin Hood  
**Flour**

**\$2<sup>99</sup>**

67-120g JMS  
**Lunchmates**

**2/\$6<sup>50</sup>**

675g Dempster's Xtra  
**Sandwich Bread**

**\$4<sup>88</sup>**

475ml Kraft  
**Sandwich Spread**

**2/\$1**

85g  
**Mr Noodles**

**\$9<sup>88</sup>**

6ct Sponge Towels  
**Ultra CAS**

**\$4<sup>44</sup>**

300-350g Purity  
**Cream Crackers**

**\$3<sup>88</sup>**

900g Dainty  
**Short Grain Rice**

**2/\$4<sup>44</sup>**

354ml Dairy Isle Regular or 2%  
**Evaporated Milk**

**\$1<sup>88</sup>**

1L Selected  
Minute Maid or Five Alive  
**Beverage**

**HIGH TEA**  
at  
*Nan's Kitchen*

November 3rd at 2 pm

Tea Buns  
Variety Squares & Cookies  
Finger Sandwiches &  
A Cup of Tetley Tea

Space is limited. Visit Powell's  
Supermarket on Facebook to learn  
how to get your tickets!

Sponsored by  
**Tetley**

**HAPPY Halloween**

**\$7<sup>88</sup>**

14pk Hawkin's Snak Pak  
**Cheezies**

**2/\$1**

24-32g Tunnocks  
Snowballs, Teacakes, Wafer or Caramel Log  
**Bars**

**\$7<sup>88</sup>**

390g Reese  
**Peanut Butter Cups**

**\$3<sup>88</sup>**

315-360g Dare  
**Wagon Wheels**



### Your Newfoundland Butcher

**\$8.99**  
PER LB.  
\$19.82/KG.



Cut From Canada AA or USDA Select Grades Beef  
**Boneless Stew Beef**

**\$3.99**  
PER LB.  
\$8.80/KG.



Fresh Tray Pack  
**Pork Spare Ribs**

**2/\$3**



113g Frozen  
**Beef Liver**

**\$6.99**  
PER LB.  
\$15.41/KG.



Made From Fresh or Frozen Portions Value Pack  
**Lean Ground Beef**

**\$3.99**  
PER LB.  
\$8.80/KG.



Quality Vac Pack  
**Salt Riblets**

**\$3.99**  
PER LB.  
\$8.80/KG.



Frozen Value Pack  
**Pork Butt Chops**

**\$13.99**



1kg Southern  
**Fried Bucket Chicken**

**\$13.99**



2kg Sunrise  
**Bologna**

**2/\$7**



375g Coachman  
**Wieners**

**\$4.99**  
PER LB.  
\$11.00/KG.



Frozen Tray Pack  
**Chicken Hearts**

**\$6.99**



250g Maple Leaf  
Prepped & Ready  
**Chicken or Ham**



700g Janes Pub Style  
**Breaded Chicken**

**\$12.99**

**\$11.99**



6pk Leadbetter  
**Beef Burgers**

**\$4.99**  
PER LB.  
\$11.00/KG.



Atlantic's Best Homestyle  
**Sausages**



### Deli

**\$1.99**  
PER 100G



Store Sliced Golden Maple  
or Harvest Creek  
**Chicken Breast**

**\$11.99-\$14.99**

**\$2.99**



175g Chris Brother's  
**Pizza Variety Pack**

**\$1.99**  
PER 100G



Store Sliced All White  
**Turkey Roll**



Instore Dinner For Two  
**Meals**



### From the Sea

**\$6.99**  
PER LB.  
\$15.41/KG.



Frozen  
**Cod Fillet**

**\$4.99**  
PER LB.  
\$11.00/KG.



Store Wrapped High Liner  
**Breaded Fish Cakes**

**\$8.99**



400g Mirabel  
**Cooked Shrimp Tail-Off**

**\$3.44**



330g Land & Sea  
**Fish Cakes**

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# Fresh Produce



**\$1.49**  
PER LB.  
\$3.28/KG.

Product of Canada  
**Green Cabbage**



**\$3.99**

12oz Product of Canada  
**Cranberries**



**\$3.99**

3lb Product of Canada  
**Carrots**



**\$5.99**  
EACH

Product of US  
**Cantaloupe**

**\$2.49**  
PER LB.  
\$5.49/KG.



Product of Canada  
**Red Onions**



**\$4.69**  
HEAD

Product of Canada  
**Cauliflower**



**\$2.79**  
PER LB.  
\$6.15/KG.

Product of US  
**Bartlett Pears**

**\$3.69**  
HEAD



Product of US  
**Iceberg Lettuce**



**\$4.99**

170g Product of US  
**Raspberries**



**\$4.99**

1lb Product of Canada  
**Parsnip**

**\$2.29**  
EACH



Product of Mexico  
**Avocadoes**



# Dairy

**2/\$4.44**



227g Lactantia  
**Garlic Butter**

**\$4.99**



129g Black Diamond  
**Combs**

**\$4.88**



650g Activia  
**Yogurt**

**\$4.88**



240g  
Cracker Barrel Natural  
**Cheese Slices**



# Frozen

**\$6.88**



560-600g Giuseppe Easy Pizzi  
**Pizza**

**\$15.88**



1.5kg Family Pack  
**Pogo Sticks**

**\$15.88**



8" Original Cakery  
**Cheesecake**

**\$3.44**



750g Cavendish Crispy Coat  
**French Fries**

**\$8.99**



475g Watson Ridge  
**Chicken Wings**

**\$4.88**



269-306g Healthy Choice  
**Gourmet Steamers**

**2/\$4**



250g Green Giant Simply Steam  
**Broccoli & Cauliflower**

**\$3.44**



317g Giuseppe  
**Garlic Fingers**

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### Bakery



Selected Halloween Cakes

STARTING AT  
**\$10<sup>99</sup>**

Baked In-Store

**\$2<sup>99</sup>**



3 Bun Homestyle White Bread

Baked In-Store

**\$6<sup>49</sup>**



6pk Assorted Cupcakes

Baked In-Store



6pk White or Whole Wheat Clover Rolls

**\$1<sup>99</sup>**

Baked In-Store

**\$2<sup>49</sup>**



610g Golden Crust White Sliced Bread

**\$6<sup>25</sup>**



540g Golden Crust Assorted Pie

**\$6<sup>99</sup>**



4pk Golden Crust Cream Horns

**\$8<sup>99</sup>**



560g Golden Crust Angel Food Cake



STARTING AT  
**\$6<sup>99</sup>** Powell's Artisan Sourdough Bread

Baked In-Store

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**\$**

### Smart Shopper

PRICES ARE IN EFFECT UNTIL NOVEMBER 6, 2024

**\$3<sup>88</sup>**



630g Pedigree Choice Dog Food

**\$6<sup>88</sup>**



1.5lt Shaw's Ice Cream

**\$4<sup>88</sup>**



400g Christie Honey Maid Graham Crumbs or Wafers

**\$4<sup>88</sup>**



1.36lt Heinz Tomato Juice

**\$13<sup>88</sup>**



24x500ml Pure Life Splash Rainbow Water

**2/\$3**



165g Gattuso Pizza Flour

**\$3<sup>44</sup>**



380ml VH Soya Sauce

**77¢**



20-50g Old Dutch Vending Chips

**\$1<sup>44</sup>**



500ml Sunny D Beverage

**3/\$5**



1lt Coke & Flavours

**\$1<sup>88</sup>**



60ml Blue Bird Gravy Browning

**\$4<sup>88</sup>**



170g French's Crisp Fried Onions

FRESH. FRIENDLY. LOCAL

### Personal Care

**\$8<sup>99</sup>**



40g Vaseline Jellystick Body Balm

**\$4<sup>88</sup>**



16ct Motrin Super Strength

**\$2<sup>99</sup>**



45-70g Lady or Mennen Speed Stick

**\$6<sup>44</sup>**



532ml Old Spice Bodywash

FRESH. FRIENDLY. LOCAL

**Refreshments & Snacks**

**\$3.99**



1.54lt Simply or Minute Maid Refrigerated Juice

**2/\$6.50**



90-199g Quaker Crispy Minis or Rice Cakes

**\$3.99**



250-300g Humpty Dumpty Cheese Snacks or Party Mix

**\$3.88**



8x200ml Minute Maid Apple or Orange Juice

**\$1.88**



62-85g Selected Hershey King Size Bars

**\$3.44**



127g Jiffy Stove Top Popcorn

**3/\$5**



120g Jello Soft n' Chewy Treats

**\$6.88**



24x500ml Pure Life Spring Water

**2/\$4.88**



2lt Fruite Drink

**\$3.99**



142g Popcorners Snacks

**2/\$6**



6pk Selected Hostess Snacks

**\$9.88**



504-636g Old Dutch Variety Packs

**Furry Friends**

**\$14.88**



12.7kg Arm & Hammer Cat Litter

**2/\$4.44**



113g Milk Bone Soft & Chewy Dog Treats

**\$23.99**



8kg Purina Adult Dog Chow

**4/\$5**



85g Fancy Feast Cat Food

**2/\$4**



375g Pedigree Dog Food

**\$10.44**



2kg Cat Chow For All Cats

**House and Home**

**\$4.88**



1.21lt Mr. Clean Multi-Surface Cleaner

**2/\$6**



591-828ml Palmolive Dish Liquid

**\$5.88**



650ml Fantastik Spray

**\$3.77**



24ct Glad Easy Tie Kitchen Catcher

**\$5.77**



80ct Bounce Dryer Sheets

**\$8.44**



16ct Cascade Platinum Dishwasher Tabs

**More Great Deals**

**\$7.88**



1.5kg McCain Super Fries

**\$15.88**



20ct Kellogg's Rice Krispie Squares

**2/\$6**



340g Pillsbury Ready To Bake Country Biscuits

**\$3.88**



750ml Purity Syrup

**2/\$6**



120-230g Nature Valley or General Mills Bars

**3/\$5**



213ml Gattuso Pizza Sauce

**4/\$5**



85g Jell-O Powder

**2/\$5**



375g Catelli Smart or Bistro Pasta