



BAY ROBERTS
CARBONEAR

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@PowellsNL



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www.powellsnl.ca

Fresh, Friendly and Local – Since 1948

Powell's

Supermarket

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut From AA or Higher Grades Beef
Outside Round Oven Roast

\$5⁹⁹
PER LB.
\$13.21/KG.



Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast

\$1⁹⁹
PER LB.
\$4.39/KG.



5kg Average Frozen Sous Chef
Seasoned Turkeys

\$2⁷⁷
PER LB.
\$6.11/KG.



Frozen Value Pack Bone-In
Rib & Sirloin Pork Loin Chops

\$3⁷⁷



477-664g Red Baron Classic or Thin Crust
Pizza

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of US
Green Seedless Grapes

\$3⁹⁹



317-437g
Selected General Mills
Cereal

\$7⁹⁷



1.5lt Kraft
Miracle Whip

\$1⁸⁸



425ml Campbell's
Spaghetti's

2/\$4⁸⁸



198g Heinz
Bagel Bites
Pizza Snacks

\$3⁸⁸



375-500ml E.D. Smith
Regular or NSA
Triple Fruit Jam

2/\$8⁵⁰



6x710ml
Coke or Pepsi & Flavours

\$1⁹⁹
HEAD



Product of Canada
Iceberg Lettuce

4/\$5



454g Primo
Pasta

\$3⁴⁹



1.5lt Parlour
or 6-12pk
Ice Cream Novelties

\$4⁴⁴



850g Imperial
Soft Margarine

PRICES ARE IN EFFECT OCTOBER 2 - 8, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
2	3	4	5	6	7	8



\$4⁸⁸

1lt French's Ketchup



\$7⁹⁹

1.2-1.4kg Minute Rice



2/\$4⁸⁸

620ml Mott's Fruitsations Apple Sauce



\$4⁹⁹

375-450g Schneider's Smoked Sausage or Juicy Jumbo



\$2⁷⁷

680ml Hunt's Thick & Rich Pasta Sauce



\$7⁴⁴

320-400g Cracker Barrel Cheese Bars or Shreds



\$9⁹⁹

3pk Royale Tiger Paper Towels



2/\$6

177-235g Lay's XXL or Baked Potato Chips



\$10⁸⁸

3lt Primo Vegetable Oil



\$4⁸⁸

350g Purity Tea Vees Cookies



\$3⁴⁴

675g Dempster's Xtra Sandwich Bread



3/\$5

200g Kraft Dinner Original



\$23⁹⁹

2kg Pinehill Split Chicken Wings



2/\$4

284ml Franco American Gravy



\$4⁴⁴

7-10pk Carnation Hot Chocolate Envelopes



\$4⁴⁴

1.8lt Arctic Power Liquid Laundry Detergent



\$1⁸⁸

354ml Dairy Isle Regular or 2% Evaporated Milk



\$13⁸⁸

216ct Tetley Tea Bags



\$5⁹⁹

7lb Golden Crust Flour



3/\$5

113g Maple Leaf Vienna Sausages



\$2⁷⁷

796ml Aylmer Tomatoes



\$16⁹⁹

24ct Royale Double Roll Bathroom Tissue



\$1⁷⁷

1lt Graves Apple Juice



\$1⁶⁹

350g Green Barn Yellow Split Peas

FALL FUN FOR A WISH

POWELL'S CARBONEAR PARKING LOT 12-3PM SUNDAY OCT. 26TH

Mark your calendar and join us for a fun afternoon of face painting, bouncy castles, a costume contest, pumpkin carving, games of chance, grand prize draws & more as we raise funds to help grant the wish of a local child through Make-A-Wish NL!



398ml Bush's Baked Beans



2/\$4



Your Newfoundland Butcher

\$6⁹⁹



650g Butcher's Selection
Pork Button Bones

\$8⁹⁹
PER LB.
\$19.82/KG.



Cut From AA or Higher Grades Beef Value Pack
Outside Round Marinating Steak

\$15⁹⁹



1.36kg Larsen
Mini Toupie Ham

\$6⁹⁹
PER LB.
\$15.41/KG.



Made From Fresh or
Frozen Portions Value Pack
Medium Ground Beef



375g Mina
Chicken Wieners

2/\$5



\$4⁹⁹
PER LB.
\$11.00/KG.

Tray Pack Atlantic's Best
Homestyle Puddings

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Bone-In
Center Cut
Pork Loin Chops

\$14⁹⁹



2kg
Sunrise
Bologna

\$3⁹⁹



375g Carver's Choice
Bacon

\$6⁹⁹



500g Selected Johnsonville
Sausage

\$4⁹⁹
PER LB.
\$11.00/KG.



Fresh
Pork Belly

\$8⁹⁹



500g Sunrise
Beef Burgers

\$8⁹⁹



615g Schneider's
Chicken Wings

\$12⁹⁹



700g Janes Pub Style
**Chicken Burgers, Strips,
Nuggets or Popcorn Chicken**



Deli

\$3⁴⁴



250g Chris Brothers
Deli Combo

\$1⁸⁹
PER 100G



Store Sliced
Maple Leaf
Toupie Ham

\$5⁹⁹



150-175g
Maple Leaf Natural Selections
Sliced Meats

\$6⁷⁷



6oz Moji Sushi
Spicy or Regular
California Roll



From the Sea

\$4⁹⁹



200g Land & Sea
Cod Au Gratin

\$14⁹⁹



340g Comeau
Bacon Wrapped Scallops



\$7⁴⁴

550g High Liner
English Style
Chips & Fish

\$12⁹⁹
PER LB.
\$28.64/KG.



Fresh Atlantic
Salmon Fillets

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Fresh Produce

\$9⁹⁹



10lb Product of Newfoundland
Local Beet

\$1⁷⁹
PER LB.
\$3.95/KG.



Product of US
Watermelon Pieces

\$5⁴⁹
BUNCH



Product of Canada
Broccoli

\$6⁹⁹
EACH



Product of US
Honeydew Melon

\$1⁶⁹
PER LB.
\$3.73/KG.



Product of Canada
Medium Turnip

\$1¹⁹
PER LB.
\$2.62/KG.



Product of Canada
Spanish Onions

\$2²⁹
PER LB.
\$5.05/KG.



Product of Canada
McIntosh Apples

\$2⁶⁹
BUNCH



Product of Canada
Celery Stalks

\$3⁹⁹



170g
Product of Mexico
Blackberries

\$2⁶⁹
PER LB.
\$5.93/KG.



Product of US
Bartlett Pears

\$2²⁹



12oz Product of Canada
Mini Carrot



Dairy

\$2⁸⁸



125g Lactantia
Salted Butter

\$4⁹⁹



129g Black Diamond
Combos

2/\$4⁸⁸



226g Pillsbury RTB
Crescent Rolls

2/\$6



500ml Scotsburn
Blend or Coffee Cream



Frozen

\$4⁷⁷



11t Kraft
Cool Whip

2/\$4⁴⁴



200g Swanson
Pot Pies

\$4⁴⁴



2x9"
Tenderflake
Pie Shells
or 255g
Tart Shells

\$5⁸⁸



1.5kg McCain Red Bag
Fries

\$3⁴⁴



650g Cavendish
Hashbrown Sticks

\$8⁹⁹



1kg Cavendish Value Pack
Onion Rings

2/\$4⁸⁸



284g Furlani
Garlic Bread

\$11⁸⁸



1.19kg Swanson
Skillet Meal

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Bakery

\$3⁷⁹



6pk Golden Crust
Bagels

\$2⁴⁹



6pk White or
Whole Wheat
Clover Rolls

\$11⁹⁹



Chocolate Fudge
Brownie Cake

\$3⁹⁹



4pk Rich's
Croissants

\$5³⁹



15pk Golden Crust
Powdered or
Cinnamon Sugar
Mini Donuts

\$5³⁹



600g
Golden Crust Homestyle
Banana Bread

\$2⁹⁹



3 Bun
Homestyle
White Bread

STARTING AT
\$6⁹⁹



Powell's Artisan
**Sourdough
Bread**

\$4⁶⁹



6pk Golden Crust
Plain, Raisin, Blueberry or Coconut Mandarin
Tea Buns

FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL OCTOBER 8, 2025

Smart Shopper

\$39⁹⁹



14kg
Pedigree
Dry Dog Food

\$1⁸⁸



341-398ml Green Giant
Vegetables

\$3⁹⁹



304g Christie Ritz
Snackwiches

\$5⁸⁸



314g Jell-O No Bake
Cheesecake

\$3⁸⁸



341ml VH
Dipping Sauce

2/\$8⁵⁰



190-200g Miss Vickie's
Potato Chips

\$1⁴⁴



25g Club House
Gravy Mix

\$4⁴⁴



1kg Quaker
Large Flake or Quick Oats

\$2⁸⁸



284g Club House
Beer Batter Mix

\$3⁸⁸



1kg Robin Hood
Minute Oats

2/\$6



141g Betty Crocker
Potatoes

\$3⁸⁸



340g No Yolk
Egg Noodles

FRESH. FRIENDLY. LOCAL

Personal Care

\$1⁸⁸



221ml
Soft Soap
Hand Soap

\$5²⁹



24's Advil
Tablets or Caplets

\$3⁹⁹



56ct Pampers
Baby Wipes Sensitive

\$3⁸⁸



250ml
Listerine
**Cool Mint
Mouthwash**

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Refreshments & Snacks

\$17⁸⁸



24x591ml Powerade
Team Pack

\$2⁷⁷



150-154g Maynards
Candy

3/\$10

128-226g
Betty Crocker
Fruit Shapes,
Fruit Roll-Ups,
Fruit by the Foot
or Gushers

4/\$5



502ml
Fruit 2.0

\$3⁸⁸



250-300g
Humpty Dumpty
Cheese Snacks
or Party Mix

2/\$6



145g
Christie
Crispers or Bits & Bites

2/\$2²²



42-50g Selected Nestle
Chocolate Bars

\$7⁹⁷



24ct Old Dutch or Humpty Dumpty
Multipacks

\$4⁸⁸



12x500ml Ice River
Natural Spring Water

\$8⁹⁹



16pk Kellogg's
Nutri Grain Bars

\$1⁴⁴



695ml
Peace Tea

\$5⁷⁷



456-492g
Orville
Redenbacher
Popcorn Bowl



Furry Friends

4/\$5



75g Whiskas
Perfect Portions
Cat Food

\$1⁸⁸



375g
Pedigree
Dog Food

\$7⁸⁸



1.8kg
Nutri Choice
Chicken &
Brown Rice
Adult Dog
Food

\$25⁹⁹



6kg
Nutri
Choice
Dry Cat
Food

2/\$2²²



78g Meow Mix
Pate or Tenders
in Sauce
Cat Food

\$2⁹⁹



450g
Milk Bone
Small
Snacks
Dog
Treats



House and Home

\$2⁸⁸



475ml
Murphy's
Oil Soap

\$4³⁹



650ml Shout
Trigger

\$3⁹⁹



250g Febreze
Air Freshener

\$5⁷⁷



80ct Bounce
Sheets

\$3⁸⁸



18pk Billy Boot
Black Garbage Bags

\$1⁹⁹



30m Glad
Cling Wrap

More Great Deals

\$5⁴⁴



678g Apple Valley
Baked Apple Crisp Pie

\$3⁴⁴



500g Natural Bakery
Rye Bread

\$4⁹⁹



385-400g Purity
Ginger, Family or Coconut Bar
Cookies

3/\$4



1lt
Pepsi & Flavours

\$3⁹⁹



340g Barilla
Gluten Free
Penne or
Spaghetti

3/\$4



284ml
Aylmer
Tomato Soup

\$2³⁹



375ml Bick's
Sweet Green Relish

\$2⁷⁷



341ml
Del Monte
Corn

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