


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

Fresh, Friendly and Local - Since 1948

Powell's

Supermarket

\$2⁹⁹
 PER LB.
 \$6.59/KG.



Fresh Country Ribbon
Whole Bagged Chicken

\$2⁹⁹
 PER LB.
 \$6.59/KG.



Fresh Bone-In Value Pack
Rib & Sirloin Pork Loin Chops

\$5⁹⁹



800g Watson Ridge
Breaded Chicken

\$5⁹⁹
 PER LB.
 \$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef
Cross Rib Pot Roast or Value Pack Marinating Steak

\$1⁸⁸



425ml Campbell's
Spaghetti-O's

\$5⁹⁹



10lb Product of Canada
Red or Yellow Potatoes

99¢



284ml Campbell's Tomato, Vegetable,
 Chicken Noodle or Cream of Mushroom
Soup

\$3⁴⁴



637g Imperial
Soft Margarine

\$3⁴⁹



3lb Golden Crust
Bread & Roll Mix

2/\$5



227ml Kraft Philadelphia
Dips

2/\$13



12x355ml
Coke & Flavours, AHA or Dasani Water

\$9⁹⁹



3lt Unico
Vegetable Oil

\$4⁹⁹



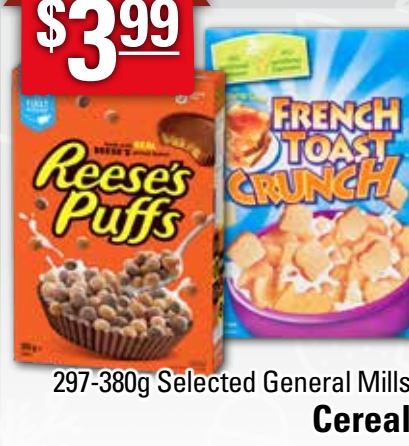
1lt Heinz
Ketchup

\$3⁴⁹
 PER LB.
 \$7.69/KG.



Product of US
Red Seedless Grapes

\$3⁹⁹



297-380g Selected General Mills
Cereal

PRICES ARE IN EFFECT OCTOBER 17-23, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
17	18	19	20	21	22	23

FALL FUN FOR A WISH

Powell's
Supermarket

In support of...

Make-A-Wish
CANADA

**THIS
SUNDAY,
OCT. 20**

**POWELL'S CARBONEAR
PARKING LOT 12-3 PM**



You're invited to Powell's Carbonear for this family-friendly event. Rides, food items, face painting, etc. are \$2 or 1 ticket each. Every single dollar raised will help grant the wish of a local child thanks to our friends from Make-A-Wish Newfoundland and Labrador!

\$377

375g Carver's Choice Bacon

\$399

12x330ml Pure Life Water Halloween Pack

\$444

375g Purity Chocolate Chip Cookies

\$188

1lt Allen's Juice

\$888

12ct Royale Double Roll Bathroom Tissue

\$388

140-184g Shake 'n Bake Coating Mix

\$499

350g Christie Arrowroot Cookies

\$344

550-675g Villaggio Thick Sliced Bread or 6-8pk Toscana Buns

2/\$4

341-398ml Green Giant Tin Vegetables

2/\$444

354ml Carnation Regular or 2% Evaporated Milk

\$1799

30ct Nescafe Coffee Pods

\$544

1.42-1.63lt Arm & Hammer Laundry Detergent

2/\$6

398ml Del Monte Tin Fruit

\$688

4-8pk Nestle Drumsticks

\$1288

216ct Tetley Tea Bags

\$888

3pk Royale Tiger Towels

\$444

350-450g Selected Purity Crackers

3/\$5

58g Kraft Dinner Cups

\$788

24ct Humpty Dumpty or Old Dutch Halloween Chips

\$588

310ml Smuckers NSA Jam

\$1088

750g Gaspesien Toupie Ham Quarters

\$644

320-400g Black Diamond Cheese Bars or Shreds

NATIONAL PASTA DAY
OCTOBER 17

\$388

900g Catelli Macaroni

2/\$5

680ml Primo Pasta Sauce

2/\$444

340-450g Betty Crocker Frosting

4/\$5

1lt Pepsi & Flavours

FALL FUN FOR A WISH

POWELL'S CARBONEAR PARKING LOT 12-3PM SUNDAY OCT. 20TH

FACE PAINTING
MINI PETTING ZOO
COSTUME CONTEST
WAGON RIDES
PRIZE DRAWS
BALLOON TWISTING
PONY RIDES
& SO MUCH MORE!

EVERYTHING IS JUST \$2 EACH!
EVERY DOLLAR RAISED WILL HELP GRANT A WISH FOR A LOCAL CHILD!

In support of...
Make-A-Wish CANADA

Powell's Supermarket

2/\$4

156g Burn's Flakes of Meat



Your Newfoundland Butcher

\$8.99
PER LB.
\$19.82/KG.



Cut From Canada AA or USDA Select Grades Beef
Stew Beef

\$4.99
PER LB.
\$11.00/KG.



Fresh
Pork Tenderloin

\$27.99



5kg Frozen
Turkey Drumsticks

\$5.99
PER LB.
\$13.21/KG.



Made From Fresh or Frozen
Portions Value Pack
Medium Ground Beef

\$4.99
PER LB.
\$11.00/KG.



Atlantic's Best Fresh Homestyle
Sliced Puddings

\$5.99
PER LB.
\$13.21/KG.



By The Piece Maple Leaf
Bologna

\$4.99
PER LB.
\$11.00/KG.



Quality Vac Pack
Scrunchions

\$8.99



500g Sunrise
Beef Burgers

\$3.99
PER LB.
\$8.80/KG.



Fresh Bone-In Center Cut
Pork Loin Chops

\$4.99



375-450g Schneider's
Smoked Sausage
or **Juicy Jumbos**

\$22.99



1.75kg
Atlantic Best Choice
Salt Beef

\$3.99



375g Maple Leaf
Wieners

\$13.99



780g Pinty's
Chicken Wings

\$10.88



680g Stampede
Pork Back Ribs



Deli

\$1.49
PER 100G



Store Sliced Gaspesien
Sliced Mock Chicken

\$4.99



300g Dawn
Sliced Ham

\$12.99



10pc Hot or Chilled
Breaded Chicken Fillets

\$4.99



200-250g Main Street
Deli Sliced Meats



From the Sea

\$8.99



500g High Liner English Style
Fish in Batter

\$5.99

4oz Quinlan's
Crab au Gratin



\$10.99
PER LB.
\$24.23/KG.



Fresh Atlantic
Salmon Steaks

\$9.99
PER LB.
\$22.02/KG.



Store Wrapped FPI
Cod Nuggets

FRESH. FRIENDLY. LOCAL

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Fresh Produce

\$249



2lb Product of Canada
Yellow Onions

\$549



3lb Product of Canada
McIntosh Apples

\$999



1kg Glamshell
Product of Chile
Kiwi Fruit

\$599
EACH

99¢
PER LB.
\$2.18/KG.



Product of US
Spanish Onions



Product of Spain
Pomegranate

\$299
HEAD



Product of US
Romaine Lettuce

\$189
EACH



Size 36's
Product of Mexico
Limes

\$479
BUNCH



Product of Canada
Broccoli

\$129
PER LB.
\$2.84/KG



Product of Canada
Turnip

\$369
PER LB.
\$8.14/KG



Product of US
Plums

\$399



280g Product of Canada
Grape Tomatoes

FRESH. FRIENDLY. LOCAL



Dairy

\$477



410g Black Diamond
Cheese Slices

\$388



225g Cool Whip
Aerosol

2/\$5



454g Central Dairies
Block Margarine

\$799



16x100g Danone
Yogurt

FRESH. FRIENDLY. LOCAL



Frozen

\$544



280-338g Swanson
TV Dinners

\$399



317-326g Red Baron Deep Dish
Singles Pizza

\$744



620g Apple Valley NSA
Baked Blueberry Pie

\$377



800g McCain Red Bag
French Fries

\$488



400g Cavendish Quick Crisp
Onion Rings

2/\$3



295ml Minute Maid Frozen
Punch or Fruitopia

\$544



371-397g Boston Market **Entrees** or
350g Authentic Asia **Curry Chicken**
or **Wonton Soup**

\$477



600g Robby's
Wedgies

FRESH. FRIENDLY. LOCAL



Bakery

\$3⁹⁹



Baked In-Store

2pk Black Forest or Vanilla **Mini Shortcakes**

\$11⁹⁹



Baked In-Store

Chocolate Orange Dream **Cake**

\$2⁹⁹



Baked In-Store

3 Bun Homestyle **White Bread**

\$3⁷⁹



6pk Golden Crust **Assorted Bagels**

\$3⁸⁹



4-6pk Golden Crust **Sub Rolls**

\$4⁴⁹



600g Golden Crust **Molasses Raisin Pot Bread**

STARTING AT

\$6⁹⁹



Powell's Artisan **Sourdough Bread**

Baked In-Store

\$12⁹⁹



21pk Golden Crust Variety Pack **Cookies**



Selected **Mini Cakes**

\$3⁹⁹

Baked In-Store

FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL NOVEMBER 6, 2024

Smart Shopper

2/\$4



455ml Kraft **BBQ Sauce**

\$3⁸⁸



354ml Heinz **Tartar Sauce**

\$2⁸⁸



475ml Murphy's Oil **Soap**

\$5⁴⁴



850g Country Crock **Soft Margarine**

2/\$3



40g McSweeney's **Pepperoni**

2/\$6



170g Clover Leaf Chunk or Flake **Albacore Tuna In Water**

\$1



250g Arm & Hammer **Baking Soda**

\$9⁴⁴



1.13kg Snoflake **Shortening**

\$1⁷⁷



225ml French's **Squeeze Mustard**

\$15⁸⁸



6x237ml Boost **Meal Replacement**

2/\$6



250ml Bonte **Donair Sauce**

\$4⁸⁸



320-425g **Selected Kellogg's Cereal**

FRESH. FRIENDLY. LOCAL

Personal Care

\$6⁴⁴



325ml Dove Bodywash **Deep Moisture**

\$3⁹⁹



311g Gillette Foamy **Shaving Cream**

\$5⁸⁸



18ct Tampax Pearl **Tampons**

\$6⁸⁸



20ct Natural Source **Antinauseant Graval**

FRESH. FRIENDLY. LOCAL

Refreshments & Snacks



18pk Sensible Portions Original Veggie Straws



430ml Old Dutch Restaurant Salsa Dips



Selected Vachon Cakes



80-160g Candy Dude Candy Cup



230-295g Old Dutch Restaurant or Arriba Tortillas



45g Hawkins Cheezies



6x591ml Gatorade or G2



234g Act II Popcorn



12x330ml Pure Life Spring Water



105-141g Hershey Big Box Chocolate



150-205g SunChips or Smartfood Snacks



355ml Jones Soda

Furry Friends



6.4kg Arm & Hammer Cat Litter



312g Milkbone Comfort Chews



78g Meow Mix Cat Food



2kg Pedigree Small Breed Tenderbites Dog Food



500g Meow Mix Dry Cat Food



12pk Cesar Club Pack Dog Food

House and Home



828ml Pinesol Household Cleaner



1.6lt Old Dutch Fabric Softener



560g Bon Ami Window Cleaner



20pk Billy Boot Blue or Clear Recycling Bags or Black Garbage Bags



35ct Lysol Wipes Citrus Scent



1lt Vim Hardwood Floor Cleaner

More Great Deals



12x99g Snack Pack Puddings



1.89lt Motts Clamato Juice



240-250g Ben's Original Rice



340g Litehouse Dips



227g Clark Beans



6ct Royale Facial Tissues



907g Thompson's White Pea Beans



110g Mr Noodles Bowl

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