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View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 **Powell's** Supermarket

Happy Anniversary PROUDLY SERVING YOU FOR 76 YEARS!

\$6⁴⁹
PER LB.
\$14.31/KG.



Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast

\$2⁹⁹
PER LB.
\$6.59/KG.



FreshValue Pack Boneless
Pork Loin Chops

\$5⁹⁹
PER LB.
\$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef
Boneless Blade Roast

\$2⁶⁹
PER LB.
\$5.93/KG.



5-7kg Average Frozen Sous Chef
Seasoned Turkeys

2/\$4⁸⁸



515ml Campbell's
Chunky Soup

\$5⁹⁷



10lb Product of Canada
Red Potatoes

\$9⁹⁹



12x225g Kraft Dinner
Original

\$1⁸⁸



680ml Hunt's Thick & Rich
Pasta Sauce

\$7⁸⁸



1.5kg Chris Brothers
Bologna Chub

\$2⁴⁴



425g Fraser Farm
Gravy & Meatballs

\$3⁹⁹



6x710ml
Coke & Flavours

\$5⁹⁹



1.42-1.63lt Arm & Hammer
Laundry Detergent

2/\$4⁸⁸



10x180ml Kool-Aid
Jammers

\$3⁹⁷



3lb Product of Canada
Cortland Apples

\$1⁷⁷



212g Imperial
Soft Margarine

PRICES ARE IN EFFECT NOVEMBER 16-22, 2023

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
16	17	18	19	20	21	22

2/\$4



398ml Sprague Beans

\$6⁷⁷



1.5lt Shaw's Ice Cream

\$3⁷⁷



12x500ml Pure Life Spring Water

\$6⁸⁸



946ml Mazola Canola or Corn Oil

2/\$4⁴⁴



128-284g Michelina Frozen Entreés

\$6⁹⁹



890ml Hellmann's Mayonaisse

\$13⁹⁹



8Roll Charmin Triple Roll Bathroom Tissue

\$3⁹⁹



1lt French's Ketchup

2/\$6⁵⁰



675g Ben's Xtra Sandwich Bread or 8pk Dempster's Hotdog or Hamburger Buns

\$1⁷⁷



199-284ml Green Giant Corn

\$1⁴⁴



295ml Minute Maid Frozen Punch

\$1⁸⁸



250ml Club Supreme Jam

2/\$5




120g Stove Top Stuffing

\$4⁸⁸



314g Jell-O No Bake Cheesecake

2/\$2²²



43-58g Selected Hershey Bars

\$5⁷⁷



7lb Robin Hood Flour

\$10⁹⁹



4 Roll Bounty SAS Paper Towels

\$5⁴⁴



12x99g Snack Pack Family Pack Pudding

\$4⁹⁹



15-25ct Zip-Loc Freezer or Storage Bags

\$2⁴⁴



280g Dare Econo Cookies

\$5⁸⁸



100-170g Selected Nescafe Coffee

\$3⁹⁹



336-800g Nabisco Cream of Wheat

2/\$3



240g Crosby's Drink Crystals

2/\$5



425g Puritan Beans & Wieners

Powell's Supermarket

Community Corner

Drop your letter in our mailbox by Dec. 3rd!



Be sure to include your mailing address so Santa can write back!

2/\$4⁸⁸



250ml Scotsburn Sour Cream or Heluva Good Dips



Your Newfoundland Butcher



\$5⁹⁹
PER LB.
\$13.21/KG.

Made from Fresh or Frozen Portions
Lean Ground Beef



2/\$3

Frozen Individual Pack
Beef Liver



\$6⁹⁹
PER LB.
\$15.41/KG.

Cut from Canada AA or USDA
Select Grades Beef
Stewing Beef

\$5⁹⁹



375g Mère Michel
Regular or Salt Reduced
Bacon

\$4⁹⁹

375-450g JMS
Smoked Sausage or Juicy Jumbos

\$7⁹⁹



500g Sunrise
Beef Burgers

\$79⁹⁹



6kg Atlantic's Best
Choice Salt Beef

\$27⁹⁹



5kg Frozen
Turkey Drumsticks

\$3⁹⁹



375g Maple Leaf
Wieners

\$8⁹⁹



475g Watson Ridge
Dusted Chicken Wings



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Pork Tenderloin

\$9⁹⁹



900g Larsen's
Smoked Bologna

\$10⁹⁹



750g Gaspesien
Toupie Ham Quarters

\$5⁹⁹



300g Maple Leaf
Sausage Links or Rounds



Deli

\$3⁴⁹



200g Chris Brothers
Sliced Ham

\$1⁹⁹
PER 100g

Store Sliced Gaspesien
Toupie Ham

\$11⁹⁹-\$13⁹⁹

Instore
Dinner For Two Meals



\$5⁸⁸



150-175g Maple Leaf
Natural Selections Meats



From the Sea



\$9⁹⁹
PER LB.
\$22.02/KG.

Previously Frozen
Halibut Steaks

\$5⁹⁹

454g Land & Sea
Salt Fish Bits



\$9⁹⁹
PER LB.
\$22.02/KG.



Store Packed FPI
Cod Nuggets



\$9⁹⁹

500g High Liner
English Style Fish in Batter



\$12⁹⁹

454g Land & Sea
Cod Tongues

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Fresh Produce



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of Florida
Large Tomatoes

FLORIDA
TOMATOES



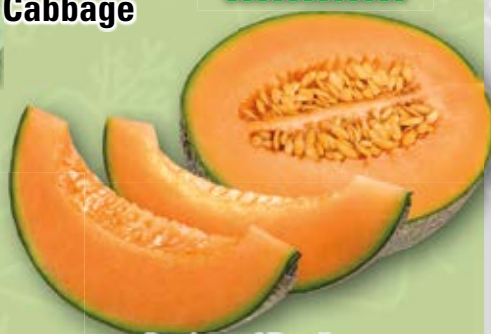
\$1¹⁹
PER LB.
\$2.62/KG.

Product of Canada
Green Cabbage



\$2⁷⁷
EACH

Product of Canada
English Cucumber



\$5⁴⁹
EACH

Product of Brazil
Cantaloupe



\$4⁹⁹

170g Product of U.S.
Raspberries

\$2⁴⁹
PER LB.
\$5.49/KG.



Product of U.S.
Red Onions



99¢
EACH

Size 88's Product of Argentina
Lemons



\$3⁹⁹

3lb Product of Canada
Carrots

\$3⁴⁹
HEAD



Product of U.S.
Iceberg Lettuce



\$3⁴⁹
EACH

Product of Brazil
Mangoes



\$6⁴⁹
EACH

Product of U.S.
Canary Melon



Dairy



\$7⁹⁹

WOW!
280g Balderson
Fine Cheese



\$3⁹⁹

200g Armstrong
Nibblers

\$7⁸⁸

450g Kraft Velveeta
Cheese Loaf



\$3⁹⁹

6x60g Yoplait
Minigo Yogurt



Frozen



\$12⁹⁹

700g Janes Pub Style
Breaded Chicken



\$4⁸⁸

269-306g Healthy Choice
Gourmet Steamers



\$3⁸⁸

227g Furlani
Garlic Knots



\$8⁹⁹

1kg Cavendish Value Pack
Onion Rings



\$2⁸⁸

800g-1kg Cavendish
Straight or Crinkle Cut Fries



\$3⁸⁸

454g Michelina's Grande
Lasagna With Meat Sauce



\$6⁸⁸

600g McCain
Pizza Pockets



\$18⁹⁹

12pk Rich's
Chocolate Eclairs

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Bakery

\$11⁹⁹

**Baked
In-Store**

Maple Walnut
Cake

\$3⁸⁹

4-6pk Golden Crust
**Small or Large
Sun Rolls**

\$7⁷⁹

4pk Golden Crust
**Chocolate Covered
Eclairs**

\$5⁹⁹



3pk Golden Crust
Apple Flips

\$5³⁹

Golden Crust
Banana Bread

**Baked
In-Store**

\$10⁹⁹

Large
Trifle

\$2⁹⁹

3 Bun Homestyle
White Bread

**Baked
In-Store**

\$5³⁹

8pk Golden Crust
Cinnamon Sugar Donuts

\$3⁴⁹

6pk Golden Crust
Dinner Rolls

\$

PRICES ARE IN EFFECT UNTIL DECEMBER 6, 2023

Smart Shopper

\$5⁸⁸

129g Black
Diamond
Combo



2/\$7⁵⁰

230-295g Old Dutch or Arriba
Tortilla Chips



\$3⁸⁸

235g Glade Aerosol
Air Freshener



\$4⁸⁸

750ml Bicks
Sliced Beets



\$2⁸⁸



410ml Puritan
Stew

\$7⁹⁹



850g Kraft
Cheese Pizza Mix

\$3⁸⁸

355ml Heinz
Worcestershire Sauce



\$14⁸⁸



1.2kg McCain
Pizza Pockets

\$14⁸⁸



1.7kg Becel
Margarine

\$1⁷⁷



372ml Palmolive Essentials
Dish Liquid

2/\$5



591ml Glaceau
Vitamin Water

\$7⁹⁹



8pk Cashmere
Bathroom Tissue

Personal Care

\$4⁹⁹

16ct Motrin IB
Super Strength
Tablets



\$6⁴⁴



354-355ml Dove
**Shampoo
or Conditioner**

\$3⁹⁹



10ct ENO Antacid
Foil Packets

77¢



60ml Colgate Regular
Toothpaste

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Refreshments & Snacks

\$1⁸⁸



60g Lucky Elephant
Cotton Candy Tubs

\$3⁸⁸



225-295g Old Dutch
Restaurant or Arriba
Tortilla Chips

4/\$5



502ml Fruit 2.0
Sparkling Beverage

\$3⁹⁹



Selected Vachon
Cakes

2/\$9



6x710ml
Pepsi & Flavours

2/\$5



150g Mamba
Magic Sticks or
Fruit Chews

2/\$6



90g McSweeney's
Pep & Ched

\$8⁹⁹



24x500ml Aquafina
Water

\$3⁸⁸



168g Pepperidge Farms
Cheddar Goldfish
Snacks

\$15⁹⁹



12x355ml Molson
Coors Edge
Non-Alcoholic Beer

\$3⁸⁸



200g Old Dutch
Dutch Crunch
Potato Chips

\$4⁹⁹



420g Hawkins
Cheezies

FRESH. FRIENDLY. LOCAL



Furry Friends

\$14⁹⁹



12.7kg Arm & Hammer
Cat Litter

\$27⁹⁹



8kg Pedigree
Healthy Vitality
Dog Food

\$1⁸⁸



100g Cesar
Dog Food

\$6⁸⁸



1.4kg Friskies
Grill Crunch
Cat Food

4/\$5



85g Fancy Feast
Cat Food

\$8⁸⁸



2kg Purina
Puppy Chow

FRESH. FRIENDLY. LOCAL



House and Home

\$4⁸⁸



650ml Shout
Trigger

\$8⁷⁷



20ct Cascade
Complete Fresh
Dishwasher Tabs

\$4⁴⁴



1.2lt Lysol
Multi-Purpose
Cleaner

\$3⁸⁸



950ml Vim
Bathroom
Spray

4/\$5



100ct Royale
2 ply
Facial
Tissues

\$3⁴⁹



35ct Lysol Citrus Scent
Wipes

FRESH. FRIENDLY. LOCAL

More Great Deals

\$3⁹⁹



800g McCain
Hash Browns

\$4⁸⁸



6pk Dempster's
Bagels

\$13⁹⁹



780g Pinty's
Chicken Wings

\$2⁸⁸



300ml Dairy Isle
Sweetened
Condensed Milk

\$4⁹⁹



227g Bentilia
Red Lentil Pasta

2/\$5⁵⁰



591ml
Pepsi & Flavours

\$2⁸⁸



284g Clubhouse
Beer Batter Mix

2/\$4



100pk White Swan
Table Napkins

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LES ALIMENTS
Bonté
FOODS

2/\$6⁸⁸

\$2⁸⁸

250ml Bonté Donair Sauce

250g Chris Brothers Deli Combo

\$9⁸⁸

633g Chris Brothers Donair Dippers

CLOVER LEAF

\$4⁸⁸

120g Clover Leaf 15% Leg Meat Crab Meat

2/\$3

170g Clover Leaf Skipjack Tuna

170g Clover Leaf Bistro Bowls

KRAFT Heinz

2/\$4⁸⁸

\$5⁸⁸

1lt Heinz Ketchup

200g Kraft Macaroni Salad Mix

2/\$4⁸⁸

640-700ml Catelli Garden Select Pasta Sauce

Coca-Cola

4/\$5

\$16⁹⁹

24pk Powerade Variety Pack

695ml Peace Tea

\$6⁸⁸

4x341ml A&W Root Beer

General Mills

2/\$6⁵⁰

\$6⁸⁸

693g Pillsbury Pizza Bites

175-230g Nature Valley Granola Bars

2/\$6⁸⁸

380g Pillsbury Pizza Pops

Erie Meats
EST. 1977

\$6⁹⁹

800g Watson Ridge Chicken Nuggets, Burgers or Strips

\$9⁹⁹

680g Stampede Pork Back Ribs

\$6⁸⁸

650g Butcher Selections Button Bones

Purity

\$3⁸⁸

400g Purity Lemon Creams

\$4⁴⁹

300g Hamilton Milk Lunch Biscuits

\$4⁸⁸

375g Purity Chocolate Chip Cookies

ConAgra Foods
Food you love

\$4⁸⁸

300g Pogo Sticks

\$4⁷⁷

425g Puritan Corned Beef Hash

\$4⁷⁷

110g Pam Cooking Spray

2/\$4.50

156g Maple Leaf Flakes of Meat

\$4.88

454g Maple Leaf Tenderflake Lard

\$3.88

340g Maple Leaf Klik or Kam Luncheon Meat

Good Food, Good Life
Mieux manger. Mieux vivre.

\$4.99

450g Carnation Coffee Mate

\$3.88

7-10pk Carnation Hot Chocolate

\$10.99

6x237ml Carnation Breakfast Essentials

\$2.99

3pk Ivory Soap

\$5.77

80ct Bounce Dryer Sheets

\$7.99

20ct Tide Free & Gentle Laundry Pods

QUALITY LIVES HERE

\$3.88

250-320g Humpty Dumpty Cheese Snacks or Party Mix

2/\$6.50

175-235g Old Dutch XXL or Ridgies Potato Chips

2/\$7

175g Old Dutch Popcorn Twists

2/\$5

398ml Dole Pineapple

\$4.99

4x240-250ml Dole Juice

\$3.99

4pk Del Monte Fruit Gels or Cups

\$5.88

320-400g Black Diamond Cheese Bars or Shreds

\$6.99

336g Black Diamond Cheestrings

\$4.44

240g Black Diamond Natural Cheese Slices

2/\$4

113g Milk Bone Soft & Chewy Dog Treats

\$3.89

1kg Robin Hood Minute Oats

2/\$4.44

354ml Carnation 2% or Regular Evaporated Milk

\$6.88

850g Eversweet Soft Margarine

\$3.99

427-454g Becel Regular or Olive Oil Margarine