

Fresh, Friendly and Local - Since 1948

# Powell's Supermarket

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View our flyer online at [www.powellsnl.ca](http://www.powellsnl.ca)



**\$14.99**  
PER LB.  
\$33.05/KG.

Cut From AA or Higher Grades Beef Value Pack  
**T-Bone Grilling Steak**



**\$2.99**  
PER LB.  
\$6.59/KG.

Fresh Country Ribbon  
**Whole Bagged Chicken**



**\$2.99**  
PER LB.  
\$6.59/KG.

Fresh Boneless  
**Pork Loin**



**2/\$4.44**

75-120g  
Schneider's  
**Lunchmates**



**\$4.99**

375g Mère Michel  
Regular or Salt Reduced  
**Bacon**



**\$4.99**

10lb Product of Canada  
**Russet Potatoes**



**\$3.99**

500g Liberte Mediterranean  
**Yogurt**



**\$3.44**

410g Black Diamond  
**Cheese Slices**



**\$3.88**

311-525g  
Selected Post  
**Cereal**



**3/\$5**

398ml Heinz  
**Beans or Pasta**



**\$4.44**

800g Imperial  
**Soft Margarine**



**\$2.88**

72ct  
Red Rose  
**Tea Bags**



**\$5.99**  
EACH



Product of US  
**Watermelon Halves**



**\$2.99**

675g Dempster's Xtra  
**Sandwich Bread**



**2/\$4.88**

198g Heinz  
**Bagel Bites**



**2/\$9**

6x710ml  
**Pepsi & Flavours**

PRICES ARE IN EFFECT MAY 28 - JUNE 3, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

| THURSDAY | FRIDAY | SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY |
|----------|--------|----------|--------|--------|---------|-----------|
| 28       | 29     | 30       | 31     | 1      | 2       | 3         |



2/\$6.50

398ml Del Monte Tin Fruit



\$9.99

3lt Primo Vegetable Oil



\$4.44

620g Apple Valley Baked Apple Pie



\$5.99

7lb Golden Crust Flour



2/\$4.88

300g Voortman Turnovers



2/\$4.88

454g Catelli Pasta



\$12.88

2.6kg Minute Rice



\$8.99

8 Roll Charmin Triple Roll Bathroom Tissue



2/\$4.44

354ml Dairy Isle Regular or 2% Evaporated Milk



\$4.88

475ml Kraft Sandwich Spread



\$6.99

100-170g Nescafe Instant Coffee



3/\$5

284ml Pantry Shelf Pieces & Stems Mushrooms



\$7.99

320-400g Cracker Barrel Cheese Bars or Shreds



\$11.44

3pk Bounty SAS Paper Towels



\$11.88

6x330ml Molson Heineken Non-Alcoholic Beer



3/\$5

113g Maple Leaf Vienna Sausages



2/\$4.44

960ml Oasis Juice



\$3.88

600g Dempster's Whole Grain Bread or 6-8pk Signature Grain Hotdog or Hamburger Buns



\$6.99

4lt Old Dutch Liquid Laundry Detergent



\$3.44

1lt Primo Ketchup



2/\$6.50

680ml Hunt's Thick & Rich Sauce



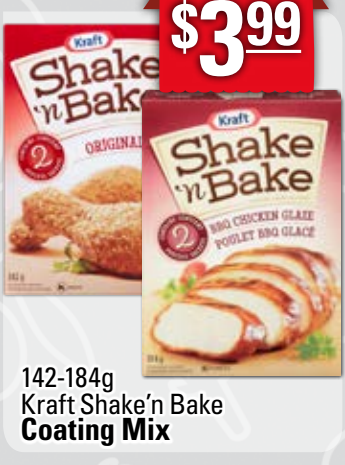
\$3.77

418g Kraft Cheese Pizza Kit



2/\$1

85g Mr Noodles



\$3.99

142-184g Kraft Shake 'n Bake Coating Mix



\$2.99

150g Selected Made Good Granola Squares

**Powell's Supermarket Community Corner**

**OUR GARDEN CENTRE IS BACK AND BIGGER AND BETTER THAN EVER!**

**OPEN NOW AT BOTH LOCATIONS.**

**9AM-6PM**

**\$7.49**

**12x355ml Coke & Flavours**



### Your Newfoundland Butcher

**\$8.99**  
PER LB.  
\$19.82/KG.



Cut From AA or Higher Grades Beef  
**Sirloin Tip Pot Roast**

**\$7.99**  
PER LB.  
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack  
**Medium Ground Beef**

**\$3.49**  
PER LB.  
\$7.69/KG.



**Tray Pack Frozen Turkey Hearts**

**\$9.99**  
PER LB.  
\$22.02/KG.



Cut From AA or Higher Grades Beef  
**Sirloin Tip Marinating Steak**



**\$9.99**

500g Sunrise **Beef Burgers**



**\$23.99**

2kg Pinehill Bone-In **Chicken Breast**

**\$7.99**  
PER LB.  
\$17.62/KG.



Country Pride Vac Pack **Salt Beef**

**\$2.99**

454g Golden Maple **Extra Lean Ground Turkey**



**\$15.99**

2kg Sunrise **Bologna**



**\$3.99**  
PER LB.  
\$8.80/KG.

Fresh **Pork Side Ribs**



**\$13.99**

700g Janes Pub Style **Breaded Chicken**



**\$3.99**

375g Maple Leaf **Wieners**



**\$4.88**

375g Sunrise **Sliced Bologna**



**\$4.99**

250g Sunrise **Salami or Pepperoni Sticks**



### Deli

**\$1.99**  
PER 100G



Store Sliced All White **Turkey Roll**

**\$1.99**  
PER 100G



Store Sliced **Maple Leaf Bologna**

**\$2.99**



**\$2.99**

250g Chris Brother's **Sandwich Pack**

250g Chris Brother's **Sandwich Pack**

16oz Instore **Twice Baked Potatoes**



**\$5.75**



### From the Sea

**\$8.99**



550g High Liner English Style **Chips & Fish**



Frozen Atlantic **Salmon Fillets**

**\$10.99**  
PER LB.  
\$24.23/KG.



Store Wrapped High Liner **Fish Sticks**

**\$6.49**  
PER LB.  
\$14.31/KG.



200g Land & Sea **Cod au Gratin**

**\$4.99**

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## Fresh Produce

**\$3.99**  
PER LB.  
\$8.80/KG.



Product of US  
**Nectarines**

**\$6.99**  
PER LB.  
\$15.41/KG.



Product of Canada  
**Asparagus**

**\$6.49**  
EACH



Product of Guatemala  
**Honeydew Melon**

**\$4.99**



6oz  
Product of US  
**Blueberries**

**\$2.49**  
EACH



Product of Canada  
**English Cucumber**

**\$4.69**  
HEAD



Product of US  
**Romaine Lettuce**

**\$1.69**  
PER LB.  
\$3.73/KG.



Product of US  
**Green Cabbage**

**\$4.99**  
PER LB.  
\$11.00/KG.



Product of Australia  
**Plums**

**\$5.99**



3lb Product of Canada  
**Gala Apples**

**\$3.69**



225g  
Product of Canada  
**White mushrooms**

**\$2.89**  
PER LB.  
\$6.37/KG.



Product of US  
**Anjou Pears**



## Dairy

**\$4.88**



227-250g Kraft Philadelphia  
**Cream Cheese**

**\$5.77**



500ml  
Scotsburn  
**Sour Cream**

**\$7.44**



16ct Black Diamond  
**Marble Cheestrings**

**\$7.88**



1.36kg  
Imperial  
**Margarine  
Quarters**



## Frozen

**\$3.77**



625g Cavendish All Day  
**Hash Brown Waffles**

**\$8.99**



475g  
Watson Ridge  
**Chicken  
Wings**

**\$4.99**



477-664g  
Red Baron  
Classic or  
Thin Crust  
**Pizza**

**\$5.44**



693g Pillsbury  
**Pizza Bites**

**\$5.99**



638g Furlani  
**Garlic Texas Toast or  
Parmesan Toast**

**\$4.77**



1lt Kraft Cool Whip  
**Toppings**

**\$3.99**



454-650g  
Selected  
McCain  
**Superfries**

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### Bakery

**\$3<sup>69</sup>**



12pk Golden Crust  
**Garlic Pull Apart Rolls**

**\$14<sup>99</sup>**



Chocolate or Vanilla  
**Sprinkle Cakes**

**\$2<sup>99</sup>**



**Baked In-Store**

3 Bun  
Homestyle  
**White Bread**



2pk Golden Crust  
**Cream Horns**

**\$4<sup>49</sup>**

**\$4<sup>49</sup>**



600g Golden Crust  
**Molasses Raisin Pot Bread**

**\$4<sup>99</sup>**



2pk Vanilla or Black Forest  
**Mini Shortcakes**

**Baked In-Store**

**\$8<sup>49</sup>**



450g  
Selected Golden Crust  
**Jelly Rolls**

**\$7<sup>79</sup>**



12pk Golden Crust  
**Variety Pack Cookies**

STARTING AT

**\$6<sup>99</sup>**

Powell's Artisan  
**Sourdough Bread**

**Baked In-Store**

**Powell's Artisan**

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### More Great Deals

**\$4<sup>97</sup>**



454g Christie Toppable  
**Crackers**

2/**\$4<sup>88</sup>**



4lt True North  
**Natural Spring Water**

**\$4<sup>99</sup>**



375g Bee Maid  
**Liquid Honey Bear**

2/**\$8**



414ml Core Power  
**Protein Shake**

**\$4<sup>88</sup>**



120g Clover Leaf  
**Crabmeat**

**\$7<sup>88</sup>**



510-700ml Nesquik  
**Syrup**

**\$3<sup>99</sup>**



515ml Campbell's  
**Chunky Soup**

**\$2<sup>88</sup>**



455ml Golden Dragon  
**Oyster or Stir Fry Sauce**

**\$2<sup>77</sup>**



243ml Old El Paso  
**Taco Sauce**

2/**\$14**



12x355ml AHA  
**Sparkling Water**

2/**\$4<sup>88</sup>**



128-142g  
Fresh Gourmet  
**Croutons**

**\$2<sup>88</sup>**



295ml French's  
**Worcestershire Sauce**

2/**\$3**



32g  
Maple Leaf  
**Mighty Protein Sticks**

**\$3<sup>99</sup>**



375ml Habitant  
**Sweet Pickled Onions**

**\$5<sup>44</sup>**



1.36lt Dole  
**Light Pineapple Juice**

**\$4<sup>88</sup>**



200g Armstrong  
**Cheese Nibblers**

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### Refreshments & Snacks



**\$3<sup>88</sup>**

200-235g Old Dutch XXL or Ridgies Potato Chips



**2/\$6<sup>50</sup>**



3pk Orville Redenbacher Popcorn



**2/\$6<sup>50</sup>**

100-199g Quaker Crispy Minis or Rice Cakes



**2/\$4**

225g Family Brand Drink Crystals



**\$4<sup>44</sup>**

234g Sara Lee Little Bites Muffins



**2/\$4<sup>88</sup>**

2lt Fruite Drinks



**2/\$8<sup>50</sup>**

177-235g Lay's XXL or Baked Potato Chips



**\$7<sup>99</sup>**

24x500ml Aquafina Water



**\$9<sup>99</sup>**

4x473ml Monster Energy Drinks



**2/\$9**

180-285g Doritos or Cheetos XL



**\$15<sup>88</sup>**

20ct Kellogg's Rice Krispie Squares



**\$3<sup>99</sup>**

168g Betty Crocker Dunkaroos



### Furry Friends



**\$3<sup>88</sup>**

500g Meow Mix Dry Cat Food



**\$1<sup>88</sup>**

375g Pedigree Dog Food



**\$11<sup>88</sup>**

2kg Pedigree Small Breed Tenderbites Dog Food



**88¢**

85g Whiskas Pouch Cat Food



**\$18<sup>99</sup>**

22.7kg Quali-Cat Extra Cat Litter

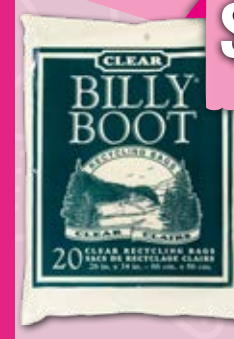


**\$4<sup>44</sup>**

170g Purina Beggins Dog Treats



### House and Home



**\$3<sup>77</sup>**

20pk Billy Boot Clear Recycling Bags



**\$4<sup>88</sup>**

80ct Fleecy Dryer Sheets



**\$8<sup>44</sup>**

15ct Cascade Complete Dishwasher Tabs



**\$2<sup>77</sup>**

475ml Murphy's Oil Soap



**\$4<sup>99</sup>**

141-150g Downy or Gain Scent Booster Beads



**\$5<sup>88</sup>**

385ml-946ml Scrubbing Bubbles Easy Peasy Cleaner

### Personal Care



**\$6<sup>99</sup>**

18ct Tampax Pearl Tampons



**\$3<sup>44</sup>**

250ml Scope Mint Mouthwash



**\$6<sup>44</sup>**

325ml Dove Deep Moisture Bodywash



**\$6<sup>44</sup>**

24ct Aleve Caplets

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