


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

\$6⁹⁹
 PER LB.
 \$15.41/KG.



Cut From Canada AA or USDA Select Grades Beef Value Pack
Top Sirloin Grilling Steak

\$3⁹⁹
 PER LB.
 \$8.80/KG.



Fresh Country Ribbon Value Pack
Skin on, Bone-In Chicken Breast

\$2⁷⁷
 PER LB.
 \$6.11/KG.



5-7kg Frozen Sous Chef
Seasoned Turkeys

\$6⁸⁸



800g Watson Ridge
Nuggets, Burgers or Strips

\$1⁷⁷



128-284g Michelina
Frozen Entrees

\$6⁹⁹



15lb Product of Canada
Russet Potatoes

\$1⁸⁸



500g Selected
 Catelli
Pasta

99¢



284ml Tropic Isle
Whole Mandarin Oranges

\$3⁹⁹



410g Kraft Singles
Cheese Slices

2/\$4



156g Maple Leaf
Flakes of Meat

2/\$13



12x350ml **Coke & Flavours,**
 AHA or Dasani **Water**

\$3⁹⁹



2lt Old Dutch
Liquid Laundry Detergent

\$5⁸⁸



850g Eversweet
Soft Margarine

\$4⁹⁹
 PER LB.
 \$11.00/KG.



Product of Canada
Asparagus

\$8⁹⁷



1.5lt Kraft
Miracle Whip

PRICES ARE IN EFFECT MAY 30-JUNE 5, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
30	31	1	2	3	4	5



GARDEN CENTRE *is now open!*

Visit our brand new Garden Centre located at Powell's Bay Roberts, 160 Conception Bay Highway.

We have a large selection of perennials, annuals, bushes, trees, plant food, soil, mulch and so much more!

GARDEN CENTRE HOURS;

Monday-Wednesday 9am-6pm

Thursday-Saturday 8am-7pm

Sunday 9am-5pm

2/\$7

89-138g Kraft Lunchables

2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk

2/\$6

227g Kraft Philadelphia Dips

2/\$6.50

570g Dempster's Holsum Bread, or 8pk Hotdog or Hamburger Buns

\$4.44

218-650ml Classico Pasta Sauce

2/\$6

6x110-113g Mott's Fruitsations

\$5.99

946ml International Delight Coffee Cream

\$2.88

425ml Sweet Baby Rays BBQ Sauce

\$5.99

8pk Royale Double Roll Bathroom Tissue

2/\$6.50

1kg Robin Hood Flour

\$3.77

168g Betty Crocker Dunkaroos

\$1.44

300g Lady Sarah Cookies

\$3.88

340g Maple Leaf Klik or Kam Luncheon Meat

\$1.88

110g Mr. Noodles Bowl

3/\$5

227g Rice A Roni

\$2.88

198g Heinz Bagel Bites

\$7.99

1.18lt Mazola Oil

2/\$4

398ml Green Giant Tin Vegetables

\$4.99

2pk Bounty Essentials Paper Towels

\$5.88

100-170g Nescafe Rich or Encore Instant Coffee

\$6.99

320-400g Black Diamond Cheese Bars or Shreds

\$4.44

1.89lt Ocean Spray Cocktail

2/\$4.44

398ml Hunt's Manwich Sauce

\$3.88

250ml Purity Jam

Have you heard about our... **JR SHOPPER PASSPORT**

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them **ALL** to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

•Passports & stickers available at the checkout. Full promo details in store or on our Facebook page.

\$4.44

311-440g Selected Post Cereal



Your Newfoundland Butcher

\$7⁹⁹
PER LB.
\$17.61/KG.

Cut from Canada AA or
USDA Select Grades Beef
**Top Sirloin Oven
Roast**



Made from Fresh or Frozen
Portions Value Pack
Medium Ground Beef

\$21⁹⁹

1.75kg Atlantic's Best
**Choice Salt
Beef**



Maple Leaf
Baby Bologna

\$11⁹⁹

\$3⁹⁹
PER LB.
\$8.80/KG.



Bone-In
Smoked Picnic Ham

\$4⁹⁹
PER LB.
\$11.00/KG.



Fresh
Pork Back Ribs

\$5⁸⁸



375g Assorted
Schneiders
Bacon

\$5⁸⁸



375g Schneider's
Smoked Sausages

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Frozen
Chicken Hearts

\$3⁹⁹
PER LB.
\$8.80/KG.



Quality Vac Pack
Salt Riblets

\$3⁹⁹



375g Maple Leaf
Wieners

\$2⁹⁹



454g Golden Maple
**Extra Lean
Ground Turkey**

\$7⁹⁹



500g Sunrise
**Beef
Burgers**

\$10⁹⁹



595g 44th Street
Pork Back Ribs

FRESH. FRIENDLY. LOCAL



Deli

\$4⁹⁹



300g Dawn
Sliced Ham

\$4⁹⁹

150-175g Schneider's
**Sliced Deli
Meats**



\$2⁴⁹
PER 100G



Store Sliced Deli Classic
**Montreal Smoked Meat
or Pastrami**

\$12⁹⁹



Instore Hot or Chilled
**Rotisserie
Chicken**

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From the Sea

\$7⁹⁹



550g High Liner
**English Style
Chips & Fish**

\$4⁹⁹

200g Land & Sea
Cod Au Gratin



\$5⁹⁹
PER LB.
\$13.21/KG.



Frozen
**Atlantic God
Portions**

\$4⁹⁹
PER LB.
\$11.00/KG.



Store Wrapped
High Liner
Breaded Fish Cakes

\$3⁴⁹



350g Limfjord
**Marinated or
Mussel Salad**

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Fresh Produce



\$4⁹⁹

Product of U.S.
Strawberries



\$3⁴⁹

225g Product of Mexico
Blueberries



\$1¹⁹

Product of U.S.
Green Onions



3/\$3⁶⁹

Product of U.S.
Fresh Corn



\$2⁹⁹

PER LB.
\$6.59/KG.

Product of U.S.
Gala Apples

89¢

EACH



\$3⁹⁹

280g Product of Canada
Grape Tomatoes



\$3⁹⁹

PER LB.
\$8.80/KG.

Product of U.S.
Peaches



89¢

EACH

Size 95's Product of Argentina
Lemons

\$2⁴⁹

EACH



\$1⁴⁹

PER LB.
\$3.28/KG.

Product of U.S.
Green Cabbage



\$4⁴⁹

PER LB.
\$9.90/KG.

Product of U.S.
Green Peppers



Product Of The Tropics
Mangoes

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Dairy

\$9⁸⁸



12x113g Kozy Shack
Rice Pudding

\$6⁹⁹

1.36kg Parkay
Margarine Quarters

\$3⁹⁹

630g Yoplait Source
Tub Yogurt



\$6⁸⁸



16ct Black Diamond
Cheestrings

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Frozen

\$3⁹⁹



454-650g Selected McCain
Superfries

\$4⁹⁹

1. Original
Eggo
16ct Kellogg's
Family Size Eggo's

\$3⁸⁸

650g Cavendish
Hashbrown Sticks

\$13⁹⁹

780g Pinty's
Chicken Wings

\$2²²



200g Swanson
Pot Pies

\$3⁸⁸

Why Knots?
Furlani Garlic Knots

\$4⁹⁹

422-597g Red Baron
Classic or Thin Crust Pizza

\$6⁸⁸

1.5lt Shaw's
Ice Cream

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Bakery



\$2⁹⁹

3 Bun Homestyle
White Bread

**Baked
In-Store**



\$3⁹⁹ 4pk Rich's
Croissants

**Baked
In-Store**



\$5⁹⁹

3pk Golden Crust
Assorted Flips



\$11⁹⁹

Orange Sherbert
Cake

**Baked
In-Store**



\$3³⁹

340g Golden Crust
Bread Crumbs



\$7⁹⁹

Coconut Cream
Pie

**Baked
In-Store**

\$5⁹⁹

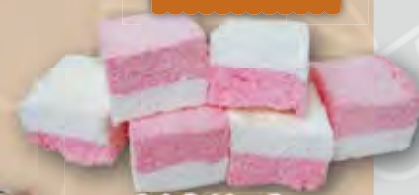


6pk Golden Crust
**Raspberry
Filled
Busters**



\$4⁹⁹

600g Golden Crust
Multigrain & Flax Bread



\$4⁴⁹

6pk Golden Crust
**Marshmallow
Squares**

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PRICES ARE IN EFFECT UNTIL JUNE 19, 2024

Smart Shopper

2/\$8⁵⁰



220-235g Lay's XXL
Potato Chips

2/\$6⁵⁰



145g Christie
**Bits & Bites or
Crispers**

2/\$6



142ml Lee & Perrins
**Worcestershire
Sauce**

2/\$4



284ml Campbell's
**Chicken Noodle,
Tomato, Vegetable or
Cream of Mushroom
Soup**

\$2⁸⁸



410-425g Puritan
**Stews or Beans &
Wieners**

2/\$7



341ml VH
Cooking Sauce

4/\$5



1lt Pure Life
Sparkling Water

99¢



45g Hawkins
Cheezies

\$3⁹⁹



375g Carver's Choice
Bacon

\$4⁴⁴



354ml Frank's
Red Hot Sauce

\$21⁸⁸



7.2kg Alpo
Dry Dog Food

2/\$6



115-135g Selected Werther's
or Riesen **Candy**

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Personal Care

\$3⁹⁹

346ml Herbal Essence
**Body Envy
Shampoo &
Body Wash**



\$4⁹⁹

24ct Advil
**Tablets or
Caplets**



\$1⁹⁹

221ml Soft Soap
Hand Pump



\$6⁸⁸

20ct Graval
Natural Source



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Refreshments & Snacks

2/\$4.44

4lt True North Water



\$2.99



200g Crunch 'n Munch Caramel

2/\$4.44



1.18lt Sunny D Tangy Original

\$2.88



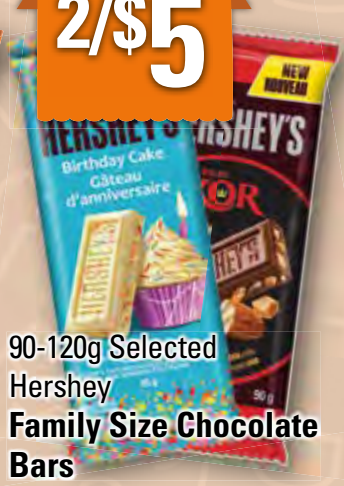
6pk Selected Hostess Snacks

\$4.44



180-285g Doritos or Cheetos XL Snacks

2/\$5



90-120g Selected Hershey Family Size Chocolate Bars

2/\$4.88



250ml Red Bull Energy Drink

\$6.44



228g Pringles Snack Stacks

\$3.99



1.54lt Simply Refrigerated Juice

2/\$6



170g Purity Candy

2/\$14



12x355ml Pepsi & Flavours

2/\$6.88



175g Old Dutch Popcorn Twists

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Furry Friends

2/\$4



375g Pedigree Dog Food

\$16.88



22.7kg Qualicat Cat Litter

2/\$4.44



113g Milk Bone Soft & Chewy Dog Treats

\$10.88



2kg Cat Chow For All Cats Cat Food

\$28.99



8kg Pedigree Healthy Vitality Dry Dog Food

4/\$5



85g Fancy Feast Cat Food

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House and Home

\$6.99



1.6lt Finish lemon Dishwasher Gel

\$3.99



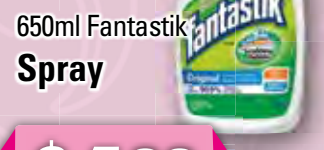
710ml Lysol Toilet Bowl Cleaner

\$2.88



680ml Mr. Clean Multi Purpose Cleaner

\$5.99



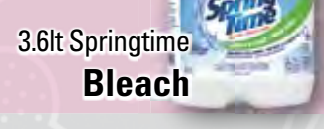
650ml Fantastik Spray

\$4.44



1.6lt Old Dutch Fabric Softener

\$4.88



3.6lt Springtime Bleach

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More Great Deals

2/\$4.44



960ml Del Monte Orange Juice

\$1.99



3pk Fleischmann's Yeast

2/\$4.44



50ct Sugar Twin

2/\$6



300g Dare Viva Puffs

\$1.29



25ft Club Supreme Foil Wrap

\$2.77



400g Ambrosia Custard or Rice Pudding

\$4.88



110g Pam Cooking Spray

\$3.29



380ml VH Soya Sauce

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