

BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

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View our flyer online at
www.powellsnl.ca

\$3.77
 PER LB.
 \$8.31/KG.



Fresh Country Ribbon Value Pack Bone-In
Split Chicken Breast

\$5.99
 PER LB.
 \$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef Boneless
Inside Round Oven Roast

\$2.99
 PER LB.
 \$6.59/KG.



Fresh Value Pack Bone-In
Pork Butt Chops

\$19.99



2kg Frozen Split Tip
Chicken Wings

\$1.77



128-284g Michelina
Frozen Entrees

10/**\$5.49**



Product of Egypt
Navel Oranges

\$7.99



1.5L Kraft
Miracle Whip

\$9.99



3L Unico
Vegetable Oil

2/**\$4.88**



427g Parkay
Soft Margarine

2/**\$8.50**



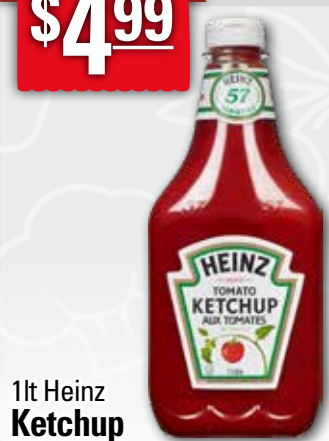
6x710ml
Coke or Pepsi & Flavours

\$1.77



500g Selected
Catelli Pasta

\$4.99



1L Heinz
Ketchup

\$3.99



2L Old Dutch
Liquid Laundry Detergent

\$3.99



3lb Product of Canada
McIntosh Apples

2/**\$4**



600ml Garden Select
Pasta Sauce

PRICES ARE IN EFFECT MARCH 6 - 12, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
6	7	8	9	10	11	12

\$3.99

72ct Red Rose Tea Bags

\$4.88

600-700g Minute Rice

\$12.99

2kg Pinehill Chicken Legs

\$8.88

3pk Royale Tiger Towels

\$4.88

350g Purity Tea Vees

\$5.88

12ct Scotsburn Ice Cream Sandwiches

2/\$5

200g Kraft Macaroni Salad Mix

\$7.44

320-400g Cracker Barrel Cheese Bars or Shreds

2/\$5

680ml Primo Pasta Sauce

2/\$5

960ml Del Monte Orange Juice

2/\$4.88

50ct Sugar Twin

\$3.99

341ml VH Cooking Sauce

\$4.44

425ml Kraft Dressings

2/\$6.50

675g Dempster's Xtra Sandwich Bread

3/\$10

247-391g Town House Crackers

3/\$5

398ml Clark Beans

\$13.88

8 Roll Charmin Triple Roll Bathroom Tissue

\$5.99

526-725g Selected General Mills Cereal

\$4.44

10ct Carnation Hot Chocolate Envelopes

2/\$6

190g John West Kipper Snacks

2/\$6

398ml Delmonte Tin Fruit

\$5.88

310ml Smuckers NSA Jams

\$1.69

350g Green Barn Yellow Split Peas

\$5.99

7lb Golden Crust Flour

Ultra-Pure REVERSE OSMOSIS PURIFIED WATER

AMAZING VALUE

BOTTLE PRICING:
 4L - \$4.99
 10L - \$12.99
 11.3L - \$19.99
 18.9L - \$22.49
 LIDS - \$0.99

REFILL PRICING:
 4L - \$0.75
 10L - \$1.65
 11.3L - \$1.85
 18.9L - \$2.99

***POWELL'S BAY ROBERTS ASK US ABOUT OUR LOYALTY CARD!**

\$1.88

354ml Dairy Isle Regular or 2% Evaporated Milk



Your Newfoundland Butcher

\$12.99
PER LB.
\$28.64/KG.



Cut From Canada AA or USDA Select Grades Beef Value Pack
Striploin Steak

\$3.99
PER LB.
\$8.80/KG.

Fresh Bone-In **Pork Butt Roast**



\$5.99
PER LB.
\$13.21/KG.



Made from Fresh or Frozen Portions Value Pack
Medium Ground Beef

\$10.99



750g Gaspesien Toupie **Ham Quarters**

\$4.99
PER LB.
\$11.00/KG.



Quality Vac Pack **Scrunchions**



500g Sunrise **Beef Burgers**

\$7.99

\$5.99
PER LB.
\$13.21/KG.



By The Piece Maple Leaf **Bologna**

\$3.99



375g Maple Leaf **Wieners**



Cut From Canada AA or USDA Select Grades Beef Boneless **Stew Beef**

\$8.99
PER LB.
\$19.82/KG.



375g Mere Michel Regular or Salt Reduced **Bacon**

\$5.88



250g Maple Leaf Prepped & Ready **Chicken or Ham**

\$6.99



\$11.99

1.75kg Atlantic's Best **Salt Riblets**



600g Schneiders **Chicken Bites or Tenders**

\$9.99



780g Pinty's **Chicken Wings**

\$13.99

FRESH. FRIENDLY. LOCAL



Deli



Store Sliced Deli Classic **Cooked Roast Beef**

\$2.49
PER 100G

\$4.99



300g Dawn **Sliced Ham**

16pc Instore Hot or Chilled **Breaded Chicken Wings**

\$4.88



150-175g Chris Brother's **Shaved Meats**

\$17



FRESH. FRIENDLY. LOCAL



From the Sea



Previously Frozen **Halibut Steaks**

\$9.99
PER LB.
\$22.02/KG.



\$4.99

255g Comeau **Fish Cakes**

\$7.99



550g High Liner **English Style Chips & Fish**

\$3.99



200g Land & Sea **Fish N Brewis**

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$5.99



Product of Mexico
Cauliflower



\$4.99
PER LB.
\$11.00/KG.

Product of Chile
Peaches



\$3.79
HEAD

Product of Mexico
Romaine Lettuce

\$4.99
PER LB.
\$11.00/KG.



Product of Chile
Plums

\$3.49
PER LB.
\$7.69/KG.



Product of Mexico
Green Pepper

99¢
EACH



Product of Greece
Kiwi Fruit

\$6.99



5lb Product of Canada
Small Turnip

\$3.49
EACH



Product of Brazil
Mangoes

\$4.44



5lb Product of Canada
Russet Potatoes

\$1.39
EACH



Size 36's
Product of Mexico
Limes

\$2.69



2lb Product of Canada
Yellow Onions

FRESH. FRIENDLY. LOCAL



Dairy

\$6.99



1.36kg Parkay
Margarine Quarters

\$3.99



168g Black Diamond
Cheestrings

\$2.99



391g Pillsbury RTB
Pizza Crust

\$4.77



650g Activia
Yogurt

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Frozen

\$3.77



625g Cavendish All Day
Hash Brown Waffles

2/\$4.88



284g Furlani
Garlic Bread

\$4.99



208-232g Smucker's
Uncrustables

\$3.44



380g Pillsbury
Pizza Pops

\$5.77



280-338g Swanson
TV Dinners

\$3.44



750g Cavendish Crispy Coat
Fries

\$26.88



1kg M&M Variety Pack
Cheesecake

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Bakery

\$11⁹⁹



Orange Sherbert
Cake

**Baked
In-Store**



\$6⁹⁹

4pk Selected Golden Crust
Muffins

**Baked
In-Store**

\$2⁹⁹



3 Bun Homestyle
White Bread

\$2⁹⁹



8pk Golden Crust
**Hotdog or
Hamburger Buns**

\$6⁵⁹



12pk Golden Crust
Gourmet Cookies

\$4⁴⁹



600g Golden Crust
Molasses Raisin Pot Bread

\$7⁷⁹



12pk
Golden Crust
**Variety Pack
Cookies**

STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**



**Baked
In-Store**

\$3⁹⁹



**Baked
In-Store**

2pk Vanilla or
Black Forest
Mini Shortcake

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\$

PRICES ARE IN EFFECT UNTIL MARCH 26, 2025

Smart Shopper

\$9⁹⁹



2kg Pedigree
Healthy Vitality
Dog Food

\$4⁸⁸



300g
Hamilton
Milk Lunch

\$5⁸⁸



454g
Maple Leaf
Cooked Ham

\$5⁸⁸



500g Scotsburn
Cottage Cheese

\$3⁸⁸



220-235g
Old Dutch
XXL or
Ridgies
**Potato
Chips**

\$6⁹⁹



12ct Folger's
K-Cups

\$4⁹⁷



170ml Certo
Liquid Fruit
Pectin

2/\$4



1lt Dasani
Water

\$2⁹⁹



389g Idahoan
Potatoes

\$4⁸⁸



269-306g
Healthy Choice
Gourmet Steamers

\$4⁸⁸



375g Schneiders
Sausage Rounds

2/\$6



20ct Selected Tetley Live
Specialty Tea

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Personal Care

\$2⁹⁹



250ml
Scope Mint
Mouthwash

\$4⁹⁹



621ml Ivory
Lavender
Bodywash

\$5⁸⁸



24ct Tylenol
Arthritis Pain

\$5⁸⁸



18ct
Tampax Pearl
Tampon

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Refreshments & Snacks



240g Crosby Crystals

\$1.44



180-285g Cheetos XL

\$3.99



1.18lt Sunny D Tangy

2/\$4.44



\$9.88

672-960g Old Dutch Variety Packs



\$5.49

6x591ml Gatorade



120g Mike & Ike Candy

2/\$4.88



200g Old Dutch Crunch Potato Chips or 240g Pretzel Pieces

\$4.44



\$6.88

510-700ml Nesquik Syrup



300g Dare Viva Puffs

\$3.44



33-58g Selected Cadbury Bars

4/\$5



113g Instore Premium Popcorn

2/\$4



\$13.88

24x500ml Pure Life Splash Rainbow Water

Furry Friends



\$11.99

2kg Pedigree Small Breed Tenderbites Dog Food



170g Friskies Party Mix

\$3.44



2/\$4

196g Snausages Dog Treats



156g Friskies Cat Food

4/\$5



\$13.88

3kg Iams Dog Food



2kg Cat Chow For All Cats Cat Food

\$10.44

House and Home

\$4.99

473ml Liquid Plumr Hair Clog Eliminator

\$3.44

473ml Dawn Ultra Original Dish Liquid



\$5.99

765ml Windex Cleaner

\$3.99

250g Febreze Air Freshener



\$4.77

2.4lt Old Dutch Liquid Bleach

\$2.88

475ml Murphy's Oil Soap

More Great Deals



\$4.99

385-400g Purity Ginger, Family or Coconut Bar Cookies



\$3.88

6-8pk Dempster's Signature Gold Hotdog or Hamburger Buns



\$5.77

500ml Miss Daisy's Sweet Mustard Pickles

\$3.88

354ml Heinz Tartar Sauce



\$4.88

170g Kraft Dream Whip



\$1.88

4pk Lipton Cup A Soup



\$4.44

4pk Jell-O RRTE NSA Jell-O, Pudding or Strawberry Cheesecake

\$4.88

567-624g McCain Beer Battered or Waffle Fries

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