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www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 **Powell's** Supermarket

St. Patrick's Day

\$1⁹⁹
PER LB.
\$4.39/KG.



Fresh Country Ribbon Value Pack
Whole Chicken Legs

\$4⁹⁹
PER LB.
\$11.00/KG.



Cut from Canada AA or USDA Select Grades Beef
Cross Rib Roast

\$2⁹⁹
PER LB.
\$6.59/KG.



Fresh Boneless
Pork Loin

2/\$5



55-120g JMS
Lunchmates
(excludes adult kits)

\$4⁴⁹



890ml Kraft
Miracle Whip

12/\$4⁸⁸



Product of California
Navel Oranges

\$29⁹⁹



2.5kg Pinty's
Breaded Chicken Wings

\$5⁹⁹



4lt Old Dutch
Liquid Laundry Detergent

\$3⁸⁸



311-440g Selected Post
Cereal

\$3⁹⁹



375-500ml E.D. Smith Regular
or NSA **Triple Fruit Jam**

\$3⁹⁹



250g Kraft Philadelphia
Cream Cheese

2/\$3



250-285g Breaktime
Cookies

\$2⁸⁸
HEAD



Product of U.S.
Iceberg Lettuce

2/\$6



675g Ben's Xtra **Sandwich Bread** or 8pk Dempster's **Hot Dog** or **Hamburger Buns**

\$10⁸⁸



24x355ml
Coke & Flavours

PRICES ARE IN EFFECT MARCH 16-22, 2023

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
16	17	18	19	20	21	22

2/\$3



1lt
Pepsi & Flavours

\$6.99



320-400g Black Diamond
Cheese Bars or Shreds

\$4.99



850g Imperial
Margarine

\$2.77



384g Kellogg's
Pop Tarts

\$3.49



250ml Smucker's
Jam (excludes raspberry)

\$5.99



12ct Ekono
Bathroom Tissue

\$3.99



1.77-1.89lt Ocean Spray
Cranberry Cocktail

\$3.99



140-184g Kraft Shake 'n Bake
Coating Mix

\$3.99



1kg Robin Hood
Minute Oats

2/\$4



354ml Carnation 2% or Regular
Evaporated Milk

\$9.99



216ct Tetley
Tea Bags

\$6.99



500ml Bertolli
Extra Virgin Olive Oil

\$4.99



7lb Robin Hood
Flour

\$9.88



4ct Bounty SAS
Paper Towel

\$4.79



750ml Habitant
Sweet Mixed Pickles

2/\$6



250g RTS
Minute Rice

\$7.99



12ct Folgers
K-Cups

2/\$5



398ml Dole
Pineapple

2/\$4.44



106g Brunswick
Sardines

\$2.88



326g Pillsbury
Toaster Strudels

2/\$3



113-116.4g Idahoan
Mashed Potatoes

\$13.99



48ct Kellogg's
Eggo's

2/\$3



113g Maple Leaf
Vienna Sausages

\$4.99



450g Purity
Fancy Biscuits

\$2.88



410g Puritan
Beef or Irish Stew

\$4.88



425g Puritan
Corned Beef Hash

\$10.99



6pk Heineken
Non-Alcoholic Beer

\$6.99



10lb Product of Canada
Red Potatoes



Canada Dry®
12 x 355 mL
Select varieties

2/\$13



Canada Dry®
6 x 222 mL
Select varieties

2/\$8



Canada Dry®
2 L
Select varieties

2/\$5

ZERO SUGAR.
ALL THE TASTE.

NEW



FULL GINGER
FLAVOUR

ZERO CALORIES

ZERO SUGAR



Trademark of Canada Dry Mott's Inc.



Your Newfoundland Butcher

\$3⁸⁸



375g Maple Leaf
Wieners

\$5⁹⁹
PER LB.
\$13.21/KG.



Made from Fresh or Frozen Portions
Lean Ground Beef

\$11⁹⁹
PER LB.
\$26.43/KG.



Cut from Canada AA or USDA Select Grades Beef
Prime Rib Premium Roast or
Grilling Steak

\$5⁹⁹
PER LB.
\$13.21/KG.

Cut from Canada AA or
USDA Select Grades
Beef

**Boneless
Stewing Beef**



\$13⁹⁹

2kg Sunrise
Bologna



\$5⁸⁸



375g Mere Michel
Regular or Salt Reduced
Bacon

\$7⁹⁹



375g Larsen
Boneless Ham Slices

\$11⁹⁹



6pk Belmont
Burgers

\$4⁹⁹



20pk JMS' Snack Pack
Hot Rod

\$7⁹⁹
PER LB.
\$17.62/KG.



Quality Vac Pack
Choice Salt Beef

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Boneless
Pork Loin Chops

\$4⁹⁹



250g Sunrise
Deli Sticks

\$4⁹⁹
PER LB.
\$11.00/KG.



Atlantic's Best
Homestyle Puddings

\$10⁹⁹



595g 44th Street
Pork Back Ribs



Deli

\$2⁴⁹
PER 100g



Store Sliced Deli Classic
Roast Beef

\$4⁹⁹

300g Dawn
Sliced Ham



\$4⁹⁹

150-175g Chris Brothers
**Shaved Deli
Meats**



\$24⁹⁹



Instore
Rotisserie Chicken Meal



From the Sea

\$9⁹⁹
PER LB.
\$22.02/KG.



Previously Frozen
Halibut Steaks

\$4⁸⁸

200g Land & Sea
Cod Au Gratin



\$6⁹⁹
PER LB.
\$15.41/KG.

Store Wrapped
High Liner
Fish Sticks



\$10⁹⁹



500g Toppits Appi's
**Tempura
Breaded
Shrimp**

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Fresh Produce



\$3⁴⁹
EACH

Product of Canada
English Cucumber



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of Italy
Granny Smith Apples



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of U.S.
Green Peppers



\$4⁹⁹
PER LB.
\$11.00/KG.

Product of South Africa
Green Seedless Grapes



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of U.S.
Anjou Pears



\$4⁹⁹
BUNCH

Product of U.S.
Broccoli



\$1²⁹
PER LB.
\$2.84/KG.

Product of Canada
Green Cabbage



2/\$3

Product of Mexico
Limes



\$1⁷⁹
BUNCH

Product of U.S.
Green Onions



\$1⁸⁸
EACH

Product of Mexico
Avocadoes



\$4⁹⁹
BUNCH

Product of U.S.
Celery



Dairy



\$2⁷⁷

125g Lactantia
Salted Butter



2/\$6

227g Kraft
Philadelphia
Dips



3/\$10

6x60g Yoplait
Minigo Yogurt



\$7⁴⁴

336g Black Diamond
Marble Cheestrings



Frozen



\$13⁹⁹

700g Jane's
Pub Style
Breaded Chicken



\$16⁹⁹

852g Wong Wing
Oriental Appetizers



\$2⁸⁸

750g Cavendish
Crispy Coat Fries



\$6⁴⁹

600g McCain
Pizza or Breakfast Pockets



\$3⁹⁹

20pk Cavendish
Hashbrown Patties



\$5⁹⁹

1.5lt Nestle **Ice Cream**,
4-5pk **Novelties**,
12pk Del Monte **Novelties**
or 4-6pk **Drumsticks**



\$3⁹⁹

204g Pillsbury
Toaster Scrambles



\$5⁸⁸

693g Pillsbury
Pizza Bites

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Bakery



**Baked
In-Store**

STARTING AT
\$10⁹⁹

Selected St. Patrick's Day
Cakes



STARTING AT
\$4⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



\$3⁹⁹

**Baked
In-Store**

2pk Mini Vanilla or
Black Forest
Shortcakes



**Baked
In-Store**

\$5⁴⁹

6pk Assorted
Cupcakes



\$3⁹⁹

12pk Golden Crust
Touton Balls



\$6²⁵

540g Golden Crust
Assorted
Pies



\$2⁹⁹

3 Bun Homestyle
White Bread

**Baked
In-Store**



\$7⁷⁹

12pk Golden Crust Variety Pack
Cookies



\$2⁴⁹

610g Golden Crust
**White Sliced
Bread**

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\$

PRICES ARE IN EFFECT UNTIL MARCH 29, 2023

Smart Shopper

\$3⁸⁸



250g Lactantia
Cream Cheese

2/\$8



6x222ml
Coke & Flavours

\$5⁸⁸



454g Swift **Premium
Cooked Ham**

\$4⁹⁹



455ml Heinz
Chili Sauce

2/\$4



58g Kraft Dinner
Cups

2/\$6



591ml
Pepsi & Flavours

\$3⁴⁴



210g Hawklin's
Cheezies

\$4⁸⁸



500ml Bick's
**Sweet Mustard
Pickles**

\$4⁸⁸



320-425g Purity
**Jam Jams or Tee Vees
Cookies**

\$4⁹⁹



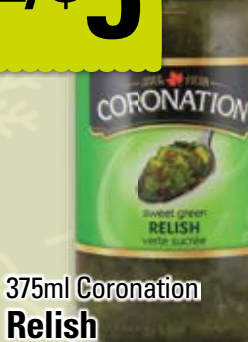
150pk Cascades
Dinner Napkins

\$3⁸⁸



7-10pk Carnation
Hot Chocolate

2/\$5



375ml Coronation
Relish

FRESH. FRIENDLY. LOCAL

Personal Care

\$11⁹⁹

12ct Gillette
Good News Plus
**Disposable
Razors**



\$6⁹⁹



80ct Johnson & Johnson
Band-aids

\$1⁶⁹



4.25g Blistex
Lip Balm

\$6⁴⁹



24ct Aleve
Caplets

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

2/\$6

710ml Gatorade or
700ml Arto Water

SSBT
may apply

\$4.99

818g Dare
Candy

2/\$5

250ml Red Bull
Energy Drink

SSBT
may apply

\$3.49

10ct Crystal Light
Singles

79¢

45g Hawkins
Cheezies

\$4.44

280-370g Old Dutch
Economy Bag Snacks

2/\$4

4lt True North
Water

2/\$4.88

148-156g Pringles
Chips

2/\$6

120-187g Quaker
Granola Bars

\$3.99

1.54lt Simply
Refrigerated Juice

SSBT
may apply

2/\$4.88

70g Nestle Kit Kat or
Coffee Crisp Pops

2/\$8

177-235g Lay's XXL or
Baked Potato Chips

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Furry Friends

\$2.99

450-500g Milk Bone
Dog Snacks



\$1.99

85g Whiskas
Temptations



\$27.99

15lb Iams
Dog Food



\$15.99

12.7kg
Arm & Hammer
Cat Litter



2/\$3

100g Iams
Perfect Portions
Cat Food



\$5.49

340g Milk Bone
Dipped Dog
Treats



FRESH. FRIENDLY. LOCAL



House and Home

2/\$5

10pk
S.O.S Pads



\$1.69

20ct Snuggle
Cuddle Up Fresh
Fabric
Softener
Sheets



\$3.49

800ml Sunlight
Dish Liquid



\$3.99

18pk Billy Boot
Garbage Bags



\$4.99

1.33lt Mr. Clean
All Purpose
Cleaner



\$4.99

13ct Tide
Daybreak Fresh
Pods



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More Great Deals

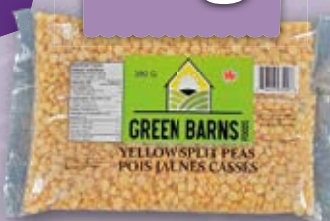
3/\$4

240g Crosby's
Drink Crystals



2/\$3

350g Green Barn
Yellow Split Peas



\$1.79

227g Clark
Beans



\$2.29

200g Kraft Dinner
Extra Creamy



\$3.49

170g Purity
Candy



2/\$6

6pk Selected Hostess
Snacks



\$4.99

450g Coffeemate
Powder



3/\$5

960ml Oasis
Juice



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