

BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

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Happy ST. PATRICK'S DAY



\$5⁹⁹
 PER LB.
 \$13.21/KG.

Fresh Country Ribbon Value Pack Boneless Skinless
Chicken Breast



\$2⁹⁹
 PER LB.
 \$6.59/KG.

Fresh
Pork Side Ribs



\$6⁹⁹
 PER LB.
 \$15.41/KG.

Cut From Canada AA or USDA Select Grades Beef
Boneless Cross Rib Roast



1kg Sunrise
Bologna



4/\$5

454g Primo
Pasta



\$5⁹⁹

10lb Product of Canada
Red Potatoes



2/\$6

177-235g
 Lay's XXL or Baked
Potato Chips



\$3⁹⁹

410g Kraft Singles
Cheese Slices



\$4⁴⁴

1.8lt Arctic Power
Liquid Laundry Detergent



\$1⁸⁸

28-164g Dr Oetker
Pie Filling or Mousse



2/\$5

175g Chris Brother's
Pizza Variety Pack



\$3⁹⁹

210-450g
 Selected Kellogg's
Cereal



\$2⁴⁹
 PER LB.
 \$5.49/KG.

Product of Peru
Red Seedless Grapes



2/\$6

575-675g
 Villaggio Thick Sliced **Bread**
 or 6-8pk Toscana **Buns**



2/\$4⁴⁴

198g Heinz
 Bagel Bites
Pizza Snacks



\$12⁴⁹

24x355ml **Coke & Flavours**
 or Selected **Pepsi**

PRICES ARE IN EFFECT MARCH 13 - 19, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
13	14	15	16	17	18	19

2/\$4.44

4pk Snack Pack Puddings or Gels

2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk

\$4.88

500ml Diana Sauce

\$2.77

425g Fraser Farm Gravy & Meatballs

3/\$5

110g Mr. Noodles Bowl

\$9.88

6pk Sponge Towels Ultra CAS

\$22.99

2kg Pinehill Split Chicken Wings

2/\$4

284ml Franco American Gravy

\$2.99

74-120g JMS Lunchmates

\$6.99

320-400g Black Diamond Cheese Bars or Shreds

\$4.99

400g Purity Variety Pack Cookies

\$14.88

10kg Robin Hood Flour

\$1.99

250ml Club Supreme Jam

2/\$6

6pk Mott's Fruitsations

2/\$4.44

156g Maple Leaf Flakes of Meat

\$4.88

3.78lt Windshield Wash

\$13.88

12ct Cashmere Double Roll Bathroom Tissue

\$2.88

250g Minute Rice RTS

\$3.99

1lt Liberty Canola Oil

\$3.49

36ct Tetley Tea Bags

\$6.88

1.5lt Nestle Ice Cream, 12pk Delmonte Novelties or 4-8pk Nestle Novelties

2/\$4

960ml Oasis Juice

\$4.88

400g Purity Lemon Cream Biscuits

3/\$5

200g Kraft Dinner Original



Thank You!

Because of YOUR support, and a corporate donation from The Powell Group of Companies, Keri-Lynn was presented with a total of... **\$15,500!**

Your kindness means so much! Thank you!

Happy St. PATRICK'S Day

2/\$5

410g Puritan Beef or Irish Stew

\$4.44

340g Mario's Corned Beef

\$2.88

284g Club House Beer Batter Mix

\$10.99

6x330ml Heineken Non-Alcoholic Beer



Your Newfoundland Butcher

\$22⁹⁹



1.75kg Atlantic Best Choice **Salt Beef**

\$3⁹⁹

Tray Pack Frozen **Turkey Drumsticks**



\$3⁹⁹



500g Country Ribbon **Chicken Liver**

\$5⁹⁹



375g Maple Leaf Regular or Salt Reduced **Bacon**

\$8⁹⁹



New Zealand **Lamb Legs**

\$6⁹⁹



Made from Fresh or Frozen Portions Value Pack **Lean Ground Beef**

\$7⁹⁹



900g Larsen Regular or BBQ **Wieners**

\$9⁹⁹



Frozen Bone-In Lamb Shoulder **Roast or Chops**

\$11⁹⁹



6pk Belmont **Beef Burgers**

\$5⁹⁹



Quality Vac Pack **Salt Pork**

\$6⁹⁹



650g Butcher Selection **Button Bones**

\$4⁹⁹



Atlantic's Best **Homestyle Sausages**

\$8⁹⁹



Cut From Canada AA Or USDA Select Grades Beef **Boneless Stew Beef**

\$9⁹⁹



695g Maple Leaf Prime **Chicken Wings**

FRESH. FRIENDLY. LOCAL



Deli

\$1⁹⁹



Store Sliced All White **Turkey Roll**

\$4⁹⁹



100-200g Fantino And Mondello **Deli Meats**

\$7⁹⁹



425g Hormel Honey Ham & Cheese or Pepperoni **Deli Tray**

\$5⁹⁹



150-175g Schneider's **Sliced Deli Meats**

FRESH. FRIENDLY. LOCAL



From the Sea

\$3⁴⁴

330g Land & Sea **Fish Cakes**



\$8⁹⁹



700g High Liner Family Size **Fish Sticks**

\$12⁹⁹



Fresh Atlantic **Salmon Fillets**

\$2⁹⁹



120g Land & Sea **Krispy Batter Mix**

\$9⁹⁹



Store Wrapped **FPI Cod Nuggets**

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$6⁹⁹



1 pint
Product of Peru
Blueberries



\$4⁹⁹
PER LB.
*11.00/KG.

Product of Mexico
Asparagus

\$5⁹⁹



3lb Product of Canada
Red Delicious Apples

\$3⁹⁹



3lb
Product of Canada
Carrots

\$2⁶⁹
PER LB.
*5.93/KG.



Product of Chile
Bartlett Pears

\$5²⁹



1lb Product of Canada
Parsnip

99¢



Size 95's
Product of Spain
Lemons

\$3⁸⁹



8oz
Product of Canada
White Mushrooms

\$5⁹⁹



2lb
Product of Morocco
Clementines

\$1¹⁹
PER LB.
*2.64/KG.



Product of Canada
Green Cabbage

2/\$3



Product of South Africa
Pink Grapefruit

FRESH. FRIENDLY. LOCAL



Dairy

\$4⁹⁹



129g Black Diamond
Combos

\$6⁸⁸



1.36kg Imperial
Margarine Quarters

\$3⁹⁹



427-454g Becel
Regular or Olive Oil
Margarine

2/\$6

250g Heluva Good
Dips



FRESH. FRIENDLY. LOCAL



Frozen

\$3⁹⁹



454-650g
Selected McCain
Superfries

\$5⁹⁹



638g Furlani
Texas Garlic Toast

\$5⁴⁴



693g Pillsbury
Pizza Bites

\$5⁸⁸



620g Apple Valley
Cherry Pie

\$4⁹⁹



477-664g
Red Baron
Classic or
Thin Crust
Pizza

\$8⁹⁹



1kg
Cavendish Value Pack
Onion Rings

\$3⁸⁸



750g Green Giant
Frozen Vegetables

\$4⁷⁷



300g Pogo
Sticks

FRESH. FRIENDLY. LOCAL



Bakery



Selected St. Patrick's Day Cakes

Baked In-Store

Starting at \$11.99

\$2.99



Baked In-Store 3 Bun Homestyle White Bread

\$6.49



Baked In-Store

6pk Assorted Cupcakes

\$3.79



6pk Golden Crust Assorted Bagels

\$2.49



570g Golden Crust White Sliced Bread

\$1.99



6pk White or Whole Wheat Clover Rolls

Baked In-Store

STARTING AT \$6.99

Powell's Artisan Sourdough Bread



Baked In-Store

\$9.99



Golden Crust Chocolate Chip Loaf

\$6.25



540g Golden Crust Assorted Pies

FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL MARCH 26, 2025

Smart Shopper

\$3.88



500g Meow Mix Dry Cat Food

\$4.88



450g Christie Premium Plus Crackers

\$3.88



10x180ml Kool Aid Jammers

\$5.88



340g Bird's Custard Powder

\$11.88



6x330ml Corona Sun Brewed Non-Alcoholic Beer

\$3.99



336-800g Nabisco Cream of Wheat

\$3.29



200g Dare Breton Crackers

\$7.99



375g Billy Bee Liquid Honey Bear

\$7.99



1.2-1.4kg Minute Rice

2/\$6



90g McSweeney's Pep N Ched

\$4.44



6x222ml Coke & Flavours Mini Cans

\$4.44



240-344g Quaker RTS Oatmeal

FRESH. FRIENDLY. LOCAL

Personal Care

\$3.99



311g Gillette Foamy Shaving Cream

\$4.88



24ct Tylenol Extra Strength Tablets or Caplets

\$1.77



4.25g Blistex Lip Balm

\$1.77



25g Fisherman's Friends Lozenges

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Refreshments & Snacks

\$4.99

12x500ml Pure Life Spring Water

\$15.88

20ct Kellogg's Rice Krispie Squares

\$17.88

24x591ml Powerade Variety Pack

\$4.44

234g Sara Lee Little Bites

\$5.77

456-492g Orville Redenbacher Popcorn Bowl

3/\$5

63-85g Selected Nestle King Size Bars

\$1.44

500ml Sunny D Beverage

88¢

20-50g Old Dutch Vending Size Snacks

3/\$4

1lt Pepsi & Flavours

3/\$10

120-226g Betty Crocker Fruit Shapes, Roll Ups, Gushers, Fruit By the Foot or General Mills Cereal Bars

2/\$8.50

190-200g Miss Vickies Potato Chips

2/\$6.50

142g Nerds Rainbow or Gummy Clusters



Furry Friends

\$6.99

1.42kg Meow Mix Choice Dry Cat Food

\$4.44

170g Beggin' Strips

\$14.88

12.7kg Arm & Hammer Cat Litter

\$8.44

2kg Purina Adult or Puppy Dog Chow

4/\$5

85g Fancy Feast Cat Food

\$1.88

100g Cesar Dog Food



House and Home

\$5.88

650ml Fantastik Spray

\$4.88

141-150g Downy or Gain Scent Booster Beads

\$8.77

20ct Cascade Dishwasher Tabs

\$4.77

946ml Clorox Greenworks All Purpose Cleaner

2/\$7

35ct Lysol Wipes Citrus Scent

\$4.88

3.6lt Springtime Bleach

More Great Deals

2/\$6.50

175-230g Nature Valley Granola Bars

\$3.44

351g Pillsbury RTB Cinnamon Rolls with Icing

\$10.99

10ct Starbucks K-Cups House Blend

2/\$6.50

496g Betty Crocker Peanut Butter Cookie Mix

\$1.77

340ml Simply Refrigerated Juice

\$4.88

325ml Hellmann's Spicy Chipotle Sauce

\$3.44

180g Selected Ritz Crackers

\$2.77

340g Litehouse Caramel Tub

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