

Fresh, Friendly and Local - Since 1948

# Powell's Supermarket

BAY ROBERTS 709.786.2101  
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View our flyer online at [www.powellsnl.ca](http://www.powellsnl.ca)



**\$8<sup>99</sup>**  
PER LB.  
\$19.82/KG.

Cut From AA or Higher Grades Beef Value Pack  
**Boneless Blade Steak**



**\$5<sup>99</sup>**  
PER LB.  
\$13.21/KG.

Fresh Country Ribbon Value Pack  
**Boneless Skinless Chicken Breast**



**\$4<sup>44</sup>**  
PER LB.  
\$9.79/KG.

Fresh  
**Pork Tenderloin**



**\$13<sup>99</sup>**

2kg Pinehill  
**Chicken Legs**



**\$4<sup>99</sup>**

890ml Kraft  
**Miracle Whip**



**\$3<sup>69</sup>**  
HEAD

Product of US  
**Romaine Lettuce**



**\$4<sup>44</sup>**

375-450g  
Schneiders  
**Juicy Jumbos**



**2/\$5**

427g Parkay  
**Soft Margarine**



**\$1<sup>88</sup>**

425ml Campbell's  
**Spaghetti's**



**\$12<sup>49</sup>**

24x355ml **Coke & Flavours**  
or Selected **Pepsi**



**\$4<sup>44</sup>**

340g  
Mario's  
**Corned Beef**



**\$4<sup>97</sup>**

1lt Heinz  
**Ketchup**



**\$3<sup>49</sup>**  
PER LB.  
\$7.69/KG.

Product of Chile  
**Red Seedless Grapes**



**\$2<sup>99</sup>**

570g Dempster's Holsum **Bread** or  
8pk **Hotdog** or **Hamburger Buns**



**\$13<sup>99</sup>**

686g **Martinson Classic Roast Coffee**

PRICES ARE IN EFFECT JUNE 4 - 10, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
4	5	6	7	8	9	10

**\$3<sup>29</sup>**

247-391g Town House Crackers

**\$4<sup>88</sup>**

355ml Flavortown Sauce

**\$4<sup>44</sup>**

250g Whippet Cookies

**\$1<sup>99</sup>**

341-398ml Green Giant Vegetables

**\$3<sup>99</sup>**

250ml Smuckers Jam

**\$4<sup>99</sup>**

2lt Old Dutch Liquid Laundry Detergent

**2/\$4**

284ml Franco American Gravy

**\$16<sup>99</sup>**

24ct Royale Bathroom Tissue Double Roll

**\$5<sup>88</sup>**

620g Apple Valley Baked Blueberry Pie

**\$6<sup>44</sup>**

320-400g Black Diamond Cheese Bars or Shreds

**\$6<sup>88</sup>**

400-450g Carnation Hot Chocolate Can

**\$1<sup>88</sup>**

398ml Clark Beans

**\$1<sup>77</sup>**

1lt Minute Maid Apple Juice

**\$10<sup>99</sup>**

3pk Sponge Towels Ultra CAS Double Roll

**2/\$4<sup>44</sup>**

354ml Carnation Regular or 2% Evaporated Milk

**\$3<sup>77</sup>**

340g Litehouse Dips

**\$3<sup>99</sup>**

1lt Liberty Canola Oil

**\$4<sup>88</sup>**

425g Puritan Corned Beef Hash

**\$3<sup>44</sup>**

380ml VH Soya Sauce

**2/\$4<sup>44</sup>**

200g Swanson Pot Pies

**\$4<sup>44</sup>**

375-500g Catelli Lasagna Noodles

**\$4<sup>44</sup>**

905g Pearl Milling Pancake Mix

**\$4<sup>44</sup>**

425ml Kraft Dressings

**\$7<sup>99</sup>**

450g Kraft Velveeta Cheese Loaf

**Strawberry Shortcake ICE CREAM SANDWICHES**

**\$2<sup>99</sup>**

**Nan's Kitchen**  
Homestyle Cooking

LOCATED IN POWELL'S SUPERMARKET, BAY ROBERTS

**2/\$6**

600ml Catelli Garden Select Pasta Sauce



# Your Newfoundland Butcher

**\$9.99**  
PER LB.  
\$22.02/KG.



Cut From AA or Higher Grades Beef  
**Boneless Blade Roast**

**\$7.99**



700g Watson Ridge  
**Chicken Donuts**

**\$10.99**  
PER LB.  
\$24.23/KG.



Quality Vac Pack  
**Diced Salt Meat**

**\$28.99**



16ct Outlaw  
**Beef Burgers**

**\$3.99**  
PER LB.  
\$8.80/KG.



Tray Pack Frozen  
**Turkey Wings**

**\$13.88**



Maple Leaf  
**Baby Bologna**

**\$6.99**  
PER LB.  
\$15.41/KG.



Country Pride  
Vac Pack  
**Salt Pork**

**\$3.88**



375g Coachman  
**Wieners**

**\$7.99**  
PER LB.  
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack  
**Lean Ground Beef**

**\$6.88**



375g Larsen  
Boneless  
**Ham Slices**

**\$4.99**



5-6ct  
Atlantic's Best  
**Pickled Eggs or Wieners**

**\$6.88**



375g Schneiders  
**Bacon**

**\$8.99**



615g Schneiders  
**Chicken Wings**

**\$6.99**



500g  
Butcher Selection  
**Hand Cut Ribs**

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# Deli

**\$3.49**



250g Chris Brother's  
**Deli Combo**

**\$1.99**  
PER 100G



Store Sliced  
Deli Classic  
**Cooked Roast Beef**

**\$12.99**



Instore  
Hot or Chilled  
**Rotisserie Chicken**

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# From the Sea

**\$9.99**



375g Frozen  
**Cod Nuggets**

**\$3.44**



250g High Liner  
Tempura  
**Battered Fish**

**\$15.99**



340g Land & Sea  
**Cod Tongues**

**\$9.99**



700g High Liner  
Family Pack  
**Fish Sticks**

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# Fresh Produce

**\$4.99**  
EACH



Product of Honduras  
**Pineapple**

**3/\$3.99**



Product of US  
**Fresh Corn**

**\$1.49**  
PER LB.  
\$3.28/KG.



Product of US  
**Watermelon Pieces**

**\$3.99**  
PER LB.  
\$8.80/KG.

Product of US  
**Peaches**



**\$1.59**  
PER LB.  
\$3.51/KG.



Product of Canada  
**Turnip**

**\$6.99**

3lb  
Product of Egypt  
**Oranges**



**\$2.99**

2lb  
Product of Canada  
**Yellow Onions**



**\$1.19**  
BUNCH



Product of US  
**Green Onions**

**\$5.49**  
EACH



Product of Guatemala  
**Cantaloupe**

**\$3.99**

170g Product of Mexico  
**Blackberries**



# Dairy



800g Becel Original or Olive Oil  
**Soft Margarine**

**\$7.88**



168g Black Diamond  
**Marble Cheestrings**

**\$4.44**



240g Black Diamond Natural  
**Cheese Slices**

**\$4.88**



**\$7.88**

16pk  
**Danone Creamy Yogurt**



# Frozen



1200g McCain Bistro  
**Extra Crispy Onion Rings**

**\$9.99**



300g  
**Pogo Sticks**

**\$4.44**



360-455g Swanson  
**Hungryman Dinners**

**\$5.99**



400-500g  
**Wong Wing Frozen Entrees**

**\$7.44**



317-326g  
**Red Baron Singles Deep Dish Pizza**

**\$4.44**



326g Furlani  
**Stuffed Mozza Breadsticks**

**\$4.44**



750g Cavendish  
**Crispy Coat Fries**

**\$3.44**



48ct Kellogg's  
**Original Eggo's**

**\$15.88**

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### Bakery

**\$2<sup>99</sup>**



12pk White or Whole Wheat **Circle Dinner Rolls**



3pk Golden Crust **Assorted Flips**

**\$5<sup>99</sup>**

**Baked In-Store**

**\$4<sup>89</sup>**



Raspberry & Cream or Biscoff & Cream **Stuffed Croissants**

**\$4<sup>99</sup>**



600g Golden Crust **Multigrain & Flax Bread**

**Baked In-Store**



**Baked In-Store**

**\$2<sup>99</sup>**

3 Bun Homestyle **White Bread**

**\$6<sup>99</sup>**



4pk Selected Golden Crust **Muffins**

**\$4<sup>49</sup>**



6pk Golden Crust **Marshmallow Squares**

**\$13<sup>99</sup>**



Peanut Butter Chocolate Deluxe **Cake**

**Baked In-Store**

STARTING AT

**\$6<sup>99</sup>**

Powell's Artisan **Sourdough Bread**



**Baked In-Store**

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### More Great Deals

**\$12<sup>99</sup>**



10ct Starbucks K-Cup **Coffee Pods**

**\$2<sup>88</sup>**



10ct Cavendish **Hash Brown Patties**

**\$7<sup>99</sup>**



375g Billy Bee **Liquid Honey Bear**

**\$4<sup>88</sup>**



450g Sunmaid **Cinnamon Raisin Bread**

**3/\$5**



284ml Heinz **Tomato Soup**

**\$9<sup>99</sup>**



6x330ml Corona Sun Brewed **Non-Alcoholic Beer**

**\$1<sup>77</sup>**



500g Arm & Hammer **Baking Soda**

**\$4<sup>99</sup>**



11t Bick's **Pickles**

**2/\$6**



500ml Scotsburn **Blend or Coffee Cream**

**\$4<sup>88</sup>**



710ml Pearl Milling **Pancake Syrup**

**\$9<sup>99</sup>**



4x473ml **Monster Energy Drinks**

**\$3<sup>29</sup>**



1kg Robin Hood **Flour**

**\$5<sup>77</sup>**



1.36lt Dole **Pineapple Juice**

**\$7<sup>44</sup>**



828ml Star Bucks **Caramel Macchiato Liquid**

**\$2<sup>77</sup>**



620ml Mott's **Fruitsations Apple Sauce**

**\$4<sup>44</sup>**



240-344g Quaker **RTS Oatmeal**

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**Refreshments & Snacks**

**\$4.88**

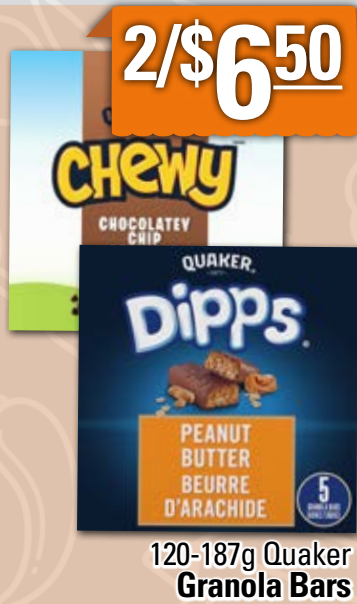


12x500ml Ice River Natural Spring Water



560-640g Old Dutch Club Pack Potato Chips

**\$6.99**



120-187g Quaker Granola Bars

**2/\$6.50**



503ml Sparkling Ice Beverage

**\$1.44**

**\$9.99**



12x341ml Nestea Lemon Iced Tea



130-155g Selected Lay's Snacks

**2/\$5**



177-235g Lay's XXL or Baked Potato Chips

**2/\$8.50**



145g Christie Bits & Bites or Crispers

**\$2.88**

**\$3.44**



175g Old Dutch Popcorn Twists



128-226g Betty Crocker Fruit Shapes, Rollups, Gushers or Fruit by the Foot

**2/\$6.50**



6pk Selected Hostess Snacks

**2/\$6**



24x591ml Powerade Variety Pack

**\$19.99**

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**Furry Friends**

**\$14.88**



12.7kg Arm & Hammer Cat Litter



1.9kg Pedigree Marrobone

**\$11.99**

**4/\$5**

**\$8.44**



2kg Purina Puppy Chow or Dog Chow Adult



156g Friskies Cat Food

**2/\$7**



1.36kg Meow Mix Dry Cat Food

**\$8.99**



630g Pedigree Choice Cuts Dog Food

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**House and Home**

**\$5.88**



1ct Glade 2 in 1 Candles



470ml Iron Out Rust Stain Remover

**\$3.88**

**\$2.88**



34ct Gain Fabric Softener Sheets



3.57lt Clorox Bleach

**\$7.99**

**\$3.44**



35ct Lysol Wipes Citrus Scent



1.65lt Fabuloso Multi-Purpose Cleaner

**\$3.88**

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**Personal Care**

**\$6.88**



370ml Selected Head & Shoulders

**\$5.88**



24ct Tylenol Arthritis Pain

**\$5.77**



300ml Dove Foaming Hand Wash Soap

**\$4.88**



600ml Degree Body Wash

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