



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at www.powellsnl.ca



\$2.49
PER LB.
\$5.49/KG.



\$15.99
PER LB.
\$35.25/KG.

Fresh Country Ribbon Value Pack Whole Chicken Legs

Cut From AA or Higher Grades Beef Prime Rib Premium Oven Roast or Value Pack Grilling Steak



HAPPY FATHER'S DAY



\$2.77
PER LB.
\$6.11/KG.

\$3.44



Fresh Value Pack Bone-In Rib & Sirloin Pork Loin Chops



375g Klondike Maple Smoked Bacon



\$2.88

88¢
EACH



Product of US Fresh Corn



2/\$4.44

67-120g Schneider's Lunch Mates



2/\$4.88

400g I Can't Believe It's Not Butter Margarine



\$3.88

375-500ml E.D. Smith Regular or NSA Triple Fruit Jam



2/\$8.50

Coke & Flavours



\$3.99

300-400g Selected Kellogg's Cereal



\$3.99

410g Kraft Singles Cheese Slices



\$2.99

675g Dempsters Xtra Sandwich Bread



\$3.99
PER LB.
\$8.80/KG.

Product of Mexico Red Seedless Grapes



\$2.77

800g Cavendish Farm Fries

PRICES ARE IN EFFECT JUNE 18 - 24, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
18	19	20	21	22	23	24



2/\$4

398ml Bush's Baked Beans



\$5.44

510g McCain Deep N Delicious Cake



\$11.44

3pk Bounty SAS Paper Towels 3=6



175g Kraft Dinner Extra Creamy Macaroni & Cheese



\$6.99

750ml Hellmann's Mayonnaise Big Squeeze



\$5.99

620g Apple Valley NSA Baked Apple Pie



\$3.88

2lt Rougemont Apple Juice



\$2.77

250g Minute Rice RTS



2/\$4.88

680ml Primo Pasta Sauce



\$7.88

1.18lt Crisco Oil



\$3.88

341ml VH Cooking Sauce



\$4.99

1.8lt Arctic Power Laundry Detergent



\$14.88

10kg Robin Hood Flour



\$4.88

4pk Del Monte Fruit Cups



\$7.99

1.5lt Heinz Ketchup



2/\$4.44

354ml Carnation Regular or 2% Evaporated Milk



2/\$7

8-10pk Dempster's 7" Tortillas



\$19.99

30pk Cashmere Jumbo Pack Bathroom Tissue



\$2.77

341ml Del Monte Corn



\$2.77

900g Primo Macaroni or Spaghetti



\$2.77

410g Puritan Beef or Irish Stew



\$7.99

12ct Folgers K-Cups



\$2.88

796ml Aylmer Tomatoes



2/\$4.88

425g Chef Boyardee Pasta



2/\$16

12x355ml Pepsi & Flavour Water or Bubbly Water



GARDEN CENTRE NOW OPEN!

Hours of Operation
9am-6pm Daily

Located at both
Powell's locations.

\$26.99



2kg Pinehill Boneless Skinless Chicken Breast



Your Newfoundland Butcher

\$7.99
PER LB.
\$17.62/KG.



Cut From AA or Higher Grades Beef
Cross Rib Oven Roast

\$7.99
PER LB.
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack
Lean Ground Beef

\$7.99



250g Maple Leaf Prepped & Ready
Chicken

\$5.99
PER LB.
\$13.21/KG.



By The Piece Maple Leaf
Bologna



450g Lester's
Wieners

\$4.99



Quality Vac Pack
Boneless Salt Beef

\$10.99
PER LB.
\$24.23/KG.

\$3.99
PER LB.
\$8.80/KG.



Fresh Bone In Center Cut
Pork Loin Chops



Atlantic's Best
Homestyle Sausages

\$4.99
PER LB.
\$11.00/KG.



375g Schneider's
Smoked Sausages

\$4.99

\$6.88



375g Maple Leaf
Bacon



1kg Butcher Selection Stamped
Beef Burgers

\$12.99



113g Frozen
Beef Liver

2/\$3

\$3.99



200g Chris Brothers
Sliced Ham

\$2.49
PER 100G



Store Sliced Deli Classic
Montreal Smoked Meat or Pastrami

\$6.99



650g Butcher Selection
Button Bones



Quality Vac Pack
Salt Riblets

\$3.99
PER LB.
\$8.80/KG.



Deli

\$7.88



425g Hormel
Pepperoni or Honey Ham
Snack Trays



\$7.99



Instore
Clubhouse Sandwich



From the Sea

\$3.49



330g Land & Sea
Fish Cakes

\$19.99

340g
Comeau
**Bacon
Wrapped
Scallops**



2/\$7



250g
High Liner
**Breaded
Fish Burgers**

2/\$5



120g Land & Sea
Krispy Batter Mix

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Fresh Produce

\$4.69



170g Product of Mexico
Blackberries

\$3.49
PER LB.
\$7.69/KG.



Product of US
Large Tomatoes

FLORIDA
TOMATOES

\$6.99
EACH



Product of Guatemala
Cantaloupe

\$2.99



2lb Product of Canada
Yellow Onions

\$1.59
PER LB.
\$3.51/KG.



Product of Canada
Medium Turnip

\$3.49
PER LB.
\$7.69/KG.



Product of US
Peaches

\$3.69
PER LB.
\$8.13/KG.



Product of Canada
Red Peppers

\$3.99
EACH



Product of Honduras
Pineapple

\$5.99



3lb Product of Canada
Red Delicious Apples

\$3.69



225g Product of Canada
White Mushrooms

\$1.49
PER LB.
\$3.28/KG.



Product of US
Watermelon Pieces



Dairy

\$4.99



240g Cracker Barrel
Natural Cheese Slices



\$6.88

1.36kg Parkay
Margarine Quarters

\$2.99



250g Scotsburn
Heluva Good Dip

\$3.77



227g Lactantia Rich & Creamy
Cream Cheese Spread



Frozen

\$10.88



695g Maple Leaf Prime
Chicken Wings

\$3.88



317g Giuseppe
Garlic Fingers

\$12.88



12pk McCain
Pizza Pockets

3/\$5



190g Swift
Pot Pies

\$7.88



720-740g Giuseppe
Rising Crust Pizza

\$8.99



1kg Cavendish Value Pack
Onion Rings

\$5.77



280-338g Swanson
TV Dinners

\$5.99



480g Furlani Garlic Parmesan
Texas Toast

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Bakery

\$3.49



12pk Golden Crust Dinner Rolls

\$7.99



12pk Golden Crust Plain, Raisin or Blueberry Tea Buns

Baked In-Store

\$6.99



6pk Assorted Cupcakes

\$2.99



Sugar Free, Fat Free White Bread

\$2.99



8pk Golden Crust Hotdog or Hamburger Buns

Starting at \$10.99



Baked In-Store

Selected Father's Day Cakes

\$2.99



Baked In-Store

3 Bun Homestyle White Bread

\$4.99



10pk Golden Crust Cake Donuts

STARTING AT

\$6.99

Powell's Artisan Sourdough Bread



Baked In-Store

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More Great Deals

\$4.77



410-600ml Classico Pasta Sauce

\$4.99



350g Christie Arrowroot Cookies

\$3.29



225g Oxo In a Mug

\$5.44



450g Nestle Coffee Mate Powder

3/\$4



28g French's Meat Marinade

2/\$4



80g Clover Leaf Flaked Salmon

\$3.88



450g Weight Watchers Bread or 6-8pk Dempster's Signature Gold Buns

\$19.88



12x100pk Scotties Multi Pack Facial Tissue

2/\$9



400-430ml Old Dutch Restaurant Salsa

\$3.29



200g Dare Breton Crackers

\$1.99



500ml Allen's Flip Cap Malt Vinegar

\$5.99



454g Swift Premium Cooked Ham

\$4.44



200g Armstrong Cheese Bar

\$16.88



18-28g Sensible Portions Veggie Straws

4/\$1



25g Voortman Cookies Singles

\$4.44



7-10pk Carnation Hot Chocolate Envelopes

\$3.44



250g Jamie Oliver Rice

4/\$5



113g Mario's Mini Vienna Sausages

\$3.99



200-295g Old Dutch Arriba, Restaurant or Dutch Crunch Kettle Cooked Chips

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$7.99



24x500ml Ice River Natural Spring Water

2/\$7.50



102-145g Lay's Minis

2/\$4.88



105-141 Hershey Big Box Chocolate

\$3.88



200-235g Old Dutch XXL or Ridges Potato Chips

\$9.99



472-576g Old Dutch Variety Packs

\$2.88



116-135g Werther's Original Candy

\$2.77



148-156g Pringles Potato Chips

\$1.44



500ml Sunny D

\$5.99



6x295ml Ocean Spray Cranberry Cocktail

2/\$6.50



120g General Mills Cereal Bars

3/\$4.50



1lt Pepsi & Flavours or Aquafina Water

2/\$8.50



180-200g Ruffles XL Potato Chips

FRESH. FRIENDLY. LOCAL



Furry Friends

\$10.44



2kg Whiskas Dry Cat Food

2/\$4



113g Milk Bone Soft & Chewy Dog Treats

\$2.77



170g Jerky Treats Dog Snacks

\$3.39



48g Whiskas Temptations Puree

88¢



100g Pedigree Choice Cuts Dog Food

4/\$5



85g Fancy Feast Cat Food

FRESH. FRIENDLY. LOCAL



House and Home

\$3.99



900ml Drano Liquid

\$5.44



250ml Jet Dry Rinse Aid

\$5.29



793g White Brite

\$3.99



828ml Pinesol Cleaner

\$3.88



700ml Vim Power & Shine Bathroom or Kitchen Spray

\$3.99



710ml Lysol Toilet Bowl Cleaner

FRESH. FRIENDLY. LOCAL

Personal Care

\$4.88



24ct Tylenol Extra Strength Caplets or Tablets

\$11.44



591ml Dove Body Wash

\$4.44



76g Degree Men's Anti-Perspirant

\$5.99



591ml Irish Spring Bodywash

FRESH. FRIENDLY. LOCAL