



Fresh, Friendly and Local - Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL

View our flyer online at www.powellsnl.ca



\$8.99
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef
Fresh Beef Brisket



\$3.44
PER LB.
\$7.58/KG.

Fresh Country Ribbon Value Pack
Chicken Thighs or Drumsticks



\$3.77
PER LB.
\$8.31/KG.

Frozen Value Pack
Pork Butt Chops



\$14.99
PER LB.
\$33.05/KG.

Cut From AA or Higher Grades Beef Value Pack
Striploin Steaks



4/\$5

43-116g Idahoan
Mashed Potatoes



\$8.99

15lb Product of Canada
Russet Potatoes



3/\$5

126-153g Knorr
Sidekicks



\$3.99

450g Kraft
Cheez Whiz



\$1.77

4pk
Snack Pack
Puddings or Gels



\$4.88

1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent



4/\$5

454g Primo
Pasta



2/\$15

12x355ml
Coke & Flavours



2/\$6

10x180ml Kool Aid
Jammers



\$4.99
PER LB.
\$11.00/KG.

Product of Mexico
Green Seedless Grapes



2/\$6.50

550-675g Villaggio Thick Sliced **Bread**
or 6-8pk Toscana **Buns**



\$5.88

800g Eversweet
Soft Margarine

PRICES ARE IN EFFECT JUNE 11 - 17, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
11	12	13	14	15	16	17



\$6⁴⁴

1kg Jif Peanut Butter



2/\$4⁴⁴

398ml Hunt's Manwich Sauce



2/\$5

280g Econo Cookies



\$2⁹⁹

900ml Campbell's Tetra Broth



\$4⁸⁸

1lt French's Ketchup



3/\$5

2pk Cascade Tuff Econo Paper Towels



2/\$4

119g Golden Grill Hashbrowns



\$2⁸⁸

398ml Dole Pineapple



2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk



\$4⁴⁴

300-437g Selected General Mills Cereal



\$7⁹⁹

320-400g Cracker Barrel Cheese Bars or Shreds



2/\$5

200g Kraft Macaroni Salad Mix



\$4⁴⁴

3lb Golden Crust Bread & Roll Mix



\$4⁸⁸

520g Apple Valley Baked Lemon Meringue Pie



\$2⁸⁸

454g Central Dairies Block Margarine



\$10⁹⁹

3lt Unico Vegetable Oil



\$4⁴⁴

1.89lt Ocean Spray Cranberry Cocktail



2/\$4⁸⁸

156g Burns Flakes of Meat



\$4⁸⁸

5-6pk Dempster's Regular or Signature Bagels



\$8⁹⁹

18x19g Nescafe Sweet & Creamy Sachets



3/\$5

200g Kraft Dinner Original



\$8⁸⁸

8pk Cashmere Bathroom Tissue



\$4⁹⁹

1.36lt Simply Orange Juice



\$1⁹⁹

170g Clover Leaf Skip Jack Tuna

SOFT SERVE IS BACK!

KIDDIE \$1 + TAX

REGULAR \$1.99 + TAX

WAFFLE CONE \$2.50 + TAX

Nan's Kitchen
Homestyle Cooking

LOCATED IN POWELL'S SUPERMARKET, BAY ROBERTS

2/\$6⁵⁰

VH

CHINESE • CHINOISE

ARÔME DE CHERRY-CERISES FLAVOUR

DIPPING SAUCE TREMPETTE

VH

CHINESE • CHINOISE

SWEET & SOUR AIGRE-DOUCE

DIPPING SAUCE TREMPETTE

341ml VH Dipping Sauce



Your Newfoundland Butcher

\$8.99
PER LB.
\$19.82/KG.



Cut From AA or Higher Grades Beef Value Pack
Outside Round Oven Roast
or Value Pack **Marinating Steak**

\$7.99
PER LB.
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef

\$21.99



1.75kg Country Pride Choice
Salt Beef

\$4.99



375g Schneiders
Smoked Sausages

\$14.99



678g Leadbetter's Original
Burgers

\$5.99
PER LB.
\$13.21/KG.



Fresh
Pork Back Ribs

\$5.88



375g Mère Michel
Bacon

\$9.88



1kg Sunrise
Bologna

\$4.99
PER LB.
\$11.00/KG.



Quality Vac Pack
Scrunchions

\$3.99



375g Maple Leaf
Wieners

\$6.99



700-800g Watson Ridge
Breaded Chicken

\$3.99
PER LB.
\$8.80/KG.



Tray Pack Frozen
Turkey Drumsticks

\$4.99
PER LB.
\$11.00/KG.



Tray Pack
Atlantic's Best
Homestyle Puddings

\$11.99



680g Stampede
Pork Back Ribs



Deli

\$4.99



100-175g Fantino & Mondello
Deli Meats

\$1.99
PER 100G



Store Sliced
Golden Maple
or Harvest Creek
Chicken Breast

\$4.99



200-250g Main Street
Deli Smoked Meats

\$12.99



10pc Instore
Hot or Chilled
Breaded Chicken Fillets



From the Sea

\$12.99
PER LB.
\$28.64/KG.



Fresh Atlantic
Salmon Fillets

\$6.99



255g Comeau
Fish Cakes

\$5.99



454g Land & Sea
Salt Fish Bits

\$4.99



350g High Liner
Catch of the Day
Breaded Fish



FRESH. FRIENDLY. LOCAL

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Fresh Produce

\$6⁹⁹



1 Pint
Product of US
Blueberries

\$5⁹⁹
HEAD



Product of US
Cauliflower

\$5⁹⁹
EACH



Product of Guatemala
Honeydew Melon

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Nectarines

\$1⁵⁹
PER LB.
\$3.51/KG.



Product of US
Green Cabbage

\$1⁹⁹
EACH



Product of Canada
English Cucumber

\$4⁹⁹
BUNCH



Product of US
Broccoli

\$5⁹⁹



3lb
Product
of Canada
McIntosh Apples

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of US
Plums

\$1⁶⁹
PER LB.
\$3.73/KG.



Product of US
Spanish Onions

\$4⁹⁹



280g
Product
of Mexico
Grape Tomatoes

FRESH. FRIENDLY. LOCAL



Dairy

\$6⁹⁹



44ct Black Diamond
Thin Cheese Slices

\$4⁹⁹



828-946ml Nestle
Coffee Mate Liquid

\$6⁹⁹



300-400g Armstrong
Cheese Bars or Shreds

\$4⁹⁹



129g
Black Diamond
Combs

FRESH. FRIENDLY. LOCAL



Frozen

\$23⁹⁹



2kg Pinehill
Chicken Wings

\$16⁸⁸



2kg McCain
Onion Rings

\$4⁴⁴



269-301g
Healthy
Choice
Gourmet Steamers

\$3⁹⁹



227g Furlani
Garlic Knots



1.5lt Shaw's
Ice Cream

\$6⁸⁸

\$11⁸⁸



1.19kg Swanson
Skillet Meals

\$3⁸⁸



650g Cavendish
Quick Crisp Fries or Potato Tots

\$6⁸⁸



775g Red Baron
Rising Crust Pepperoni Pizza

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹

3 Bun Homestyle
White Bread

**Baked
In-Store**

\$8⁹⁹



Lemon Meringue
Pie

**Baked
In-Store**

\$9⁹⁹



6pk Golden Crust
Assorted Mini Loaves

\$5³⁹



600g
Golden Crust
Homestyle Banana Bread

\$3⁶⁰



2pk
Golden Crust
Gracie's
**Cream
Donuts**

4-6pk
Golden Crust
Sub Rolls



\$3⁸⁹

\$13⁴⁹



**Baked
In-Store**

Chocolate Mint
Cake

\$13⁹⁹



21pk Golden Crust
Variety Pack Cookies

STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

Powell's Artisan

FRESH. FRIENDLY. LOCAL

More Great Deals

\$4⁹⁹



80x20ml Mr. Freeze
Pops

\$3⁷⁷



800g McCain
Red Bag Fries

\$4⁸⁸



500ml
Scotsburn
Whipping Cream

\$2⁸⁸



276g Tang
Drink Crystals

2/\$7⁵⁰



102-145g Lay's
Minis

\$2⁷⁷



650g Atlantic Bakers
Pancake or Waffle Mix

\$3⁸⁸



454g Fleischmann's
Corn Starch

\$4⁸⁸



170g Dream Whip
Topping

\$7⁴⁴



500ml
Smucker's
Jam

2/\$4⁸⁸



398ml M'Lord
Whole Mini Corn Cobs

\$5⁴⁴



400g
Christie
Graham Crumbs or Wafers

\$2⁷⁷



250g Time Wise
Pasta

\$2⁸⁸



284ml Cordon Bleu
Beef Gravy

4/\$5



502ml Fruit 2.0
Beverage

2/\$14



12x355ml AHA
Sparkling Water

\$4⁸⁸



110g Pam
Cooking Spray

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Refreshments & Snacks

2/\$4



2L Coke & Flavours



\$3.44

125-295g Kellogg's Nutri Grain Bars or Special K Fruit Crisps



\$4.44

Selected Vachon Cakes



\$3.99

240g Old Dutch Pretzel Pieces

2/\$9



6x710ml Pepsi & Flavours



2/\$6

150-205g Smartfood XL or Sunchips



\$3.77

168g Pepperidge Farm Snack Pack Gold Fish Crackers



\$7.99

24x250ml True North Spring Water

\$3.99



250-300g Humpty Dumpty Cheese Snacks or Party Mix

\$2.77



234g Act II Popcorn

2/\$11.50



6x591ml Gatorade

2/\$8.50



177-235g Lay's XXL or Baked Potato Chips



Furry Friends



\$6.99

1.42kg Meow Mix Original Choice Dry Cat Food



\$2.99

450g Milk Bone Small Snacks



\$1.77

100g Cesar Dog Food



\$3.39

170g Friskies Party Mix



4/\$5

75g Whiskas Perfect Portions Cat Food



\$10.99

1.81kg Smart Blend Lamb & Rice Dry Dog Food



House and Home



\$1.77

70g Glade Gel Air Freshener



\$6.88

1.6L Finish Gel Lemon



\$5.88

1.36L Fleecy Fabric Softener



\$3.29

1.27L Clorox Bleach



\$2.99

35ft Reynolds Parchment Paper



\$4.88

887-946ml Clorox Bath or All Purpose Cleaner

Personal Care



\$15.99

68-113g Dove Deodorant Whole Body Spray or Stick



\$6.99

12ct Advil Extra Strength Liqui-Gels



\$7.29

80ct Johnson & Johnson Band-aids



\$6.44

621ml Ivory Bodywash

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