



BAY ROBERTS
CARBONEAR

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@PowellsNL



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www.powellsnl.ca

Powell's Supermarket

Fresh, Friendly and Local – Since 1948

\$4⁷⁷
PER LB.
\$10.52/KG.



Fresh Country Ribbon Value Pack
Whole Chicken Wings

\$14⁹⁹
PER LB.
\$33.05/KG.



Cut From AA or Higher Grades Beef Value Pack
Striploin Grilling Steaks

\$4⁷⁷



375g Leadbetter's
Smoked Sliced Bacon

\$2⁹⁹
PER LB.
\$6.59/KG.



Fresh Boneless
Pork Loin

\$1⁸⁸



200g Kraft
Macaroni Salad Mix

\$3⁹⁹



3pk Product of Canada
Romaine Hearts

\$2⁸⁸



4x100g Liberte
Greek Yogurt

\$1⁸⁸



398ml
Bush's
Baked Beans

4/\$5



454g Selected Primo
Pasta

\$4⁹⁷



1lt Heinz
Ketchup

\$3⁸⁸



620g Apple Valley
Baked Apple Pie

\$9⁸⁸



12x113g Kozy Shack
Rice Pudding

\$2⁹⁹



570g Dempster's Holsum **Bread** or
8pk **Hotdog** or **Hamburger Buns**

\$3⁷⁷
PER LB.
\$8.31/KG.



Product of US
Red Seedless Grapes

\$4⁴⁴



800g Imperial
Soft Margarine

\$3⁹⁹



210-405g
Selected
Kellogg's
Cereal

PRICES ARE IN EFFECT JULY 16 - JULY 22, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
16	17	18	19	20	21	22



\$2⁸⁸

680ml Belgusto
Strained Tomatoes



\$3⁸⁸

2lt Rougemont
Apple Juice



2/\$6

141g
Betty Crocker
Potatoes



\$4⁴⁴

8x100g
Activia
Yogurt



2/\$4⁸⁸

680ml Primo
Pasta Sauce



\$13⁸⁸

210ct Red Rose
Tea Bags



\$4⁸⁸

475ml Kraft
Sandwich Spread



\$4⁴⁴

7-10pk
Carnation
Hot Chocolate



2/\$4⁸⁸

156g Maple Leaf
Flakes of Meat



\$7⁴⁴

4lt Old Dutch
Laundry Detergent



\$4⁷⁷

700g
Minute Rice



2/\$4⁴⁴

354ml Carnation
Regular or 2%
Evaporated Milk



\$3⁸⁸

600g Dempster's
Whole Grain Bread



\$26⁹⁹

3.78lt
Richardson
Ultimate BBQ Sauce



\$4⁹⁹

540ml
Delmonte
Jar Fruit



\$13⁴⁹

24x355ml Selected
Pepsi



2/\$5

4pk
Cashmere
Bathroom Tissue



2/\$5

280g Econo
Cookies



\$7⁹⁹

320-400g Cracker Barrel
Cheese Bars or Shreds



3/\$5

200g
Kraft Dinner
Original



\$4⁴⁴

250-510g
Old El Paso
Dinner Kits



\$7⁸⁸

1.18lt
Crisco
Oil



\$11⁴⁴

3pk Bounty SAS Double Roll
Paper Towel



\$2⁷⁷

425g
Chef Boyardee
Pastas

STAY COOL - WITH LACTALIS 

BUY ANY CRACKER BARREL, PARKAY, BLACK DIAMOND OR LACTALIS PRODUCT AND ENTER TO WIN!



A YETI ROADIE HARD COOLER





FROM NOW UNTIL SEPTEMBER 6TH!

Powell's Supermarket

\$13⁹⁹



**2kg Pinehill
Chicken Legs**



Your Newfoundland Butcher

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher Grades Beef Value Pack
Sirloin Tip Marinating Steak



\$6⁴⁴

375g Maple Leaf
Bacon



\$3⁸⁸

375g Coachman
Wieners



\$4⁹⁹
PER LB.
\$11.00/KG.

Atlantic's Best
Sliced Homestyle Puddings



\$4⁹⁹
PER LB.
\$11.00/KG.

Fresh
Pork Belly



\$7⁹⁹

250g Maple Leaf Prepped & Ready
Chicken



\$7⁹⁹
PER LB.
\$17.62/KG.

Made From Fresh or Frozen Portions Value Pack
Lean Ground Beef



\$16⁹⁹

6pk Selected Belmont
Beef Burgers



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Boneless
Pork Loin Chops



\$8⁹⁹
PER LB.
\$19.82/KG.

Cut From AA or Higher Grades Beef
Sirloin Tip Pot Roast



\$7⁹⁹
PER LB.
\$17.62/KG.

Country Pride Vac Pack
Salt Beef



\$4⁹⁹

375g Schneider's
Smoked Sausages



\$6⁹⁹

700-800g Watson Ridge
Chicken



\$6⁹⁹

650g Butcher Selection
Button Bones

FRESH. FRIENDLY. LOCAL



Deli

\$1⁹⁹
PER 100G



Store Sliced
Maple Leaf
Bologna



\$5⁴⁴

300g Dawn
Sliced Ham



\$12⁹⁹

Instore Hot or Chilled
Rotisserie Chicken



\$1⁹⁹
PER 100G

Store Sliced
Golden Maple
or Harvest Creek
Chicken Breast

FRESH. FRIENDLY. LOCAL



From the Sea

\$3⁴⁹



330g Land & Sea
Fish Cakes



2/\$5

120g Land & Sea
Krispy Batter Mix



\$3⁴⁴

250g High Liner Tempura
Battered Fish



\$6⁹⁹
PER LB.
\$15.41/KG.

Store Wrapped High Liner
Fish Sticks

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$3⁶⁹
PER LB.
\$8.13/KG.



Product of US
Peaches

\$5⁹⁹



280g
Product of Canada
Grape Tomatoes

\$3⁶⁹
PER LB.
\$8.13/KG.



Product of US
Red Delicious Apples

\$1³⁹
PER LB.
\$3.06/KG.



Product of US
Watermelon Pieces

\$3⁵⁹
EACH



Product of Canada
English Cucumbers

\$3⁹⁹
BUNCH



Product of US
Celery Stalks

\$1²⁹
BUNCH



Product of US
Green Onions

\$5⁹⁹



3lb Product of Canada
McIntosh Apples

4/\$3



Size 88's
Product of Egypt
Oranges

\$1⁵⁹
PER LB.
\$3.51/KG.



Product of Canada
Medium Turnip

99¢
EACH



Size 88's
Product of Argentina
Lemons



Dairy

\$3⁴⁴



351g
Pillsbury RTB
Cinnamon Rolls With Icing

\$3⁹⁹



400g Becel
Original or Olive Oil
Soft Margarine

\$2⁹⁹



250g Scotsburn
Heluva Good Dip!

\$4⁴⁴



168g Black Diamond
Cheestrings



Frozen

\$2⁹⁹



800g Cavendish Farm
Fries

\$4⁴⁴



2x90g Bonta Divina
Dessert Cups

\$5⁹⁹



638g Furlani
Garlic Texas Toast
or Parmesan Toast

\$6⁸⁸



775g
Red Baron Rising Crust
Pepperoni Pizza

\$15⁸⁸



48pk Kellogg's Family Size
Eggo's

\$5⁴⁴



693g
Pillsbury
Pizza Bites

\$2⁸⁸



10ct Cavendish
Hash Brown Patties

3/\$5



190g
Swift
Pot Pies

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Bakery

\$6²⁵



540g Golden Crust
Assorted Pies

\$12⁹⁹



Boston Cream
Cake

**Baked
In-Store**

\$3⁹⁹



4pk Rich's
Croissants

**Baked
In-Store**

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**

\$8⁹⁹



Homestyle
Carrot Loaf

**Baked
In-Store**

\$3⁶⁹



12pk Golden Crust
**Garlic Pull
Apart Rolls**

\$4⁴⁹



2pk Golden Crust
Cream Horns

\$3⁴⁹



2pk Golden Crust
Raspberry Flakies



STARTING AT
\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**

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More Great Deals

\$2³⁹



375ml Bick's
**Sweet Green
Relish**

2/\$7



8-10pk Dempster's
7" Tortillas

\$3⁴⁴



380ml VH
Soya Sauce

\$3⁴⁴



250g Jamie Oliver
Rice

\$5⁸⁸



12x99g Snack Pack
Puddings

\$2⁸⁸



295ml French's
Worcestershire Sauce

\$12⁹⁹



10ct Starbucks
K-Cups

\$11⁸⁸



1.19kg Swanson
Skillet Meals

\$4⁴⁴



213g Clover Leaf
Pink Salmon

\$3²⁹



1kg Robin Hood
Flour

\$1⁸⁸



60ml Blue Bird
Gravy Browning

\$3⁴⁴



57g Betty Crocker
Hamburger Helper Cup

\$3²⁹



63-69g Knorr
Bouillon Cubes

\$5⁸⁸



500g Scotsburn
Cottage Cheese

3/\$5



284ml Heinz
Tomato Soup

3/\$4



695ml Peace Tea
Beverage

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Refreshments & Snacks



4/\$5

502ml
Fruit 2.0
Beverage



2/\$8⁵⁰

177-235g Lay's
XXL or Baked
Potato Chips



2/\$4



2lt
Coke & Flavours



\$3⁹⁹

304g Christie
Snackwiches



\$3⁹⁹

240g
Old Dutch
Pretzel Pieces



2/\$4⁸⁸

4lt
True North
Water



2/\$6⁵⁰

100-199g Quaker
Crispy Minis or Rice Cakes



2/\$9

210-235g
Doritos
XL



\$18⁹⁹

24x591ml Powerade
Variety Pack



\$4⁴⁴

6pk Sara Lee
Little Bites



\$3⁹⁹

250-300g
Humpty Dumpty
Cheese Snacks or Party Mix



3/\$4⁵⁰

1lt Pepsi & Flavours
or Aquafina Water

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Furry Friends



\$19⁴⁴

4kg Whiskas
Dry Cat Food



2/\$7

630g
Pedigree
Choice Cuts
Dog Food



\$29⁹⁹

7kg
Smartblend
Lamb & Rice
Dog Food



\$6⁹⁹

6.4kg Arm & Hammer
Cat Litter



4/\$5

156g Friskies
Cat Food



\$1⁹⁹

196g
Snausages
Dog Treats



House and Home



\$4⁴⁹

650ml
Shout
Trigger



\$4⁴⁴

800ml Lestoil
Multi-Purpose
Cleaner



\$4⁹⁹

2.4lt
Clorox
Bleach



\$6⁴⁴

400g
Easy Off
Oven
Cleaner



\$2²⁹

30m Glad
Wrap



2/\$4⁴⁴

24pk
Billy Boot
Black Garbage Bags

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Personal Care



\$3⁴⁴

3pk Ivory
Soap



\$6⁸⁸

298-311g or 828ml TRESemme
Hair Products



\$5⁴⁴

30ct Aspirin
Low Dose 81mg



\$4⁴⁴

311g Gillette
Foamy
Shaving
Cream

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