

Fresh, Friendly and Local - Since 1948

# Powell's Supermarket

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VISIT US ON FACEBOOK @PowellsNL

View our flyer online at [www.powellsnl.ca](http://www.powellsnl.ca)



**\$5.99**  
PER LB.  
\$13.21/KG.

Fresh Country Ribbon Value Pack  
**Boneless Skinless Chicken Breast**



**\$5.99**  
PER LB.  
\$13.21/KG.

Made From Fresh or  
Frozen Portions Value Pack  
**Regular Ground Beef**



**\$8.99**  
PER LB.  
\$19.82/KG.

Cut From AA or Higher  
Grades Beef  
**Boneless Blade Oven Roast or  
Value Pack Marinating Steak**



**\$22.99**

2kg Pinehill  
**Split Chicken Wings**



**\$3.99**

450g Kraft  
**Cheez Whiz**



**\$5.99**

3pk Product of US  
**Rainbow Peppers**



NATIONAL  
**French Fry**  
DAY!

**\$2.88**  
JULY 10<sup>th</sup>, 2026

800g McCain  
**Red Bag Fries**



**\$6.44**

650-750g Liberte  
**Greek Yogurt**



**\$1.77**

354ml Dairy Isle  
Regular or 2%  
**Evaporated Milk**



**3/\$5**

250g Dare  
**Breaktime Cookies**



**2/\$9**

6x710ml  
**Coke or Pepsi & Flavours**



**\$5.88**

890ml Hellmann's  
**Mayonnaise**



**\$6.44**

1.28kg Parkay  
**Soft Margarine**



**\$5.88**

10lb Product of Canada  
**Russet Potatoes**



**2/\$4.88**

198g Heinz  
**Bagel Bites  
Pizza Snacks**

PRICES ARE IN EFFECT JULY 9 - JULY 15, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
9	10	11	12	13	14	15



**\$4.44**

425ml Kraft Dressings



**\$9.99**

3pk Royale Tiger Towels 3-6



**2/\$4.44**

175g Ilios Crostinis



**\$4.88**

355ml Flavortown Sauce



**\$4.44**

4pk Dole Fruit Cups



**\$6.99**

320-400g Black Diamond Cheese Bars or Shreds



**\$5.99**

454g Maple Leaf Cooked Ham



**2/\$4.88**

454g Catelli Pasta



**\$1.88**

58g Kraft Dinner Cups



**\$3.88**

6-8pk Dempster's Signature Gold Hotdog or Hamburger Buns



**\$4.44**

3lb Golden Crust Bread & Roll Mix



**\$2.99**

67-120g Schneiders Lunchmates



**\$4.99**

1.8lt Arctic Power Liquid Laundry Detergent



**\$3.99**

250ml Smucker's Jam



**\$3.99**

1lt Liberty Canola Oil



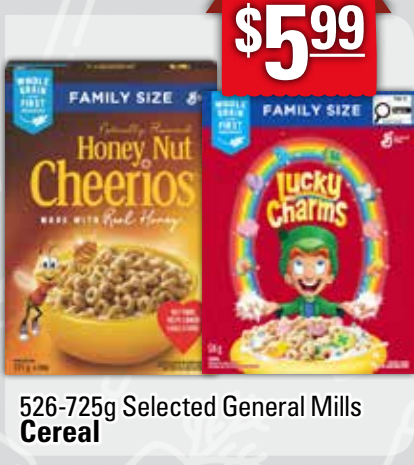
**\$5.99**

620g Apple Valley Baked Cherry Pie



**\$4.77**

1.89lt Fairlee Apple or Cranberry Juice



**\$5.99**

526-725g Selected General Mills Cereal



**\$1.99**

341-398ml Green Giant Vegetables



**3/\$4**

398ml Success Beans in Tomato Sauce



**\$12.99**

216ct Tetley Tea Bags



**2/\$4.44**

375ml Primo Pizza Squeeze



**\$6.88**

8pk Royale Double Roll Bathroom Tissue



**\$2.99**

675g Dempster's Xtra Sandwich Bread

**TONS OF TOONIE FUN**

**SATURDAY AUGUST 1 12PM-4PM**

Powell's Bay Roberts

IN SUPPORT OF **Make-A-Wish CANADA**



**\$1.99**

200g Jacobs Cream Crackers



Your Newfoundland Butcher

**\$15.99**



8ct Frozen Pork Sirloin Chops



**\$6.99**  
PER LB.  
\$15.41/KG.

Quality Vac Pack Salt Pork



**\$2.99**

454g Golden Maple Extra Lean Ground Turkey



**\$5.88**

375g Mere Michel Bacon



**\$3.99**

375g Maple Leaf Wieners

**\$4.44**  
PER LB.  
\$9.79/KG.



Fresh Pork Tenderloin

**\$26.99**



5kg Frozen Country Ribbon Mis-Cut Split Chicken Breast



**\$9.99**

BEEF BURGERS  
BURGERS DE BŒUF

500g Sunrise Beef Burgers

**\$9.88**



1kg Sunrise Baby Bologna



**\$3.99**  
PER LB.  
\$8.80/KG.

Frozen Tray Pack Turkey Drumsticks



**\$10.99**  
PER LB.  
\$24.23/KG.

Quality Vac Pack Boneless Salt Beef

**\$4.99**



375g Schneider's Smoked Sausages



**\$11.99**

680g Stampede Pork Back Ribs



**\$13.99**

700g Janes Pub Style Breaded Chicken

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Deli

**\$3.99**



250g Chris Brother's Polish, Garlic or Maple Sausage



200-250g Main Street Deli Sliced Meats

**\$12.95**



1200g Instore Family Size Picnic Combo Salad

**\$4.99**

**\$2.49**  
PER 100G



Store Sliced Deli Classic Montreal Smoked Meat or Pastrami

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From the Sea **\$5.99**



454g Land & Sea Salt Fish Bits

**\$9.99**

375g Frozen Cod Nuggets



**2/\$7**



350g High Liner Catch of the Day Breaded Fish

**\$4.99**



250g High Liner Breaded Fish Burgers

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# Fresh Produce

**\$3.99**  
PER LB.  
\$8.80/KG.



Product of US  
**Plums**

**\$3.99**  
HEAD



Product of Canada  
**Iceberg Lettuce**

**\$8.99**



1 pint Product of Canada  
**Blueberries**

**\$1.69**  
EACH



Product of US  
**Fresh Corn**

**\$2.99**  
PER LB.  
\$6.59/KG.



Product of Canada  
**Hot House Tomatoes**

**\$3.29**  
PER LB.  
\$7.25/KG.



Product of US  
**Nectarines**

**\$1.49**  
PER LB.  
\$3.28/KG.



Product of Canada  
**Green Cabbage**

**2/\$3**



Size 55's Product of South Africa  
**Pink Grapefruit**

**\$4.69**  
EACH



Product of Honduras  
**Pineapple**

**\$2.79**  
PER LB.  
\$6.15/KG.



Product of US  
**Red Onions**

**\$2.79**  
PER LB.  
\$6.15/KG.



Product of South Africa  
**Granny Smith Apples**

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# Dairy

**\$4.99**



129g Black Diamond  
**Combos**

**2/\$4**



227g  
**Lactantia  
Garlic Butter**

**\$4.88**



227-250g  
**Kraft Philadelphia  
Cream Cheese**

**\$2.88**



250ml Scotsburn  
**Sour Cream**

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# Frozen

**\$6.99**



560-600g  
**Giuseppe  
Easy Pizzi  
Pizza**

**\$3.44**



326g  
**Pillsbury  
Toaster Strudels**

**\$3.77**



625g Cavendish All Day  
**Hash Brown Waffles**

**\$4.77**



1lt  
**Kraft  
Cool Whip  
Topping**

**\$3.99**



227g Furlani  
**Garlic Knots**

**\$4.44**



2x9"  
**Tenderflake Pie Shells**  
or 255g **Tart Shells**

**\$4.99**



371-397g Boston Market  
**Frozen Entrees**

**\$4.44**



600g Robby's  
**Wedgies**

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### Bakery

**\$2<sup>99</sup>**



3 Bun Homestyle  
**White Bread**

**Baked  
In-Store**

**\$3<sup>39</sup>**



340g Golden Crust  
**Bread Crumbs**

**\$6<sup>59</sup>**



300g Golden Crust  
**Eat More Bites**

**\$2<sup>99</sup>**



12pk White or Whole Wheat  
**Circle Dinner Rolls**

**Baked  
In-Store**

**\$3<sup>79</sup>**



6pk Golden Crust Assorted  
**Bagels**

**\$6<sup>99</sup>**



4pk Golden Crust Cream Filled  
**Long Johns**

**\$12<sup>99</sup>**



Neapolitan  
**Cake**

**Baked  
In-Store**

**\$4<sup>69</sup>**



6pk Golden Crust Plain, Raisin,  
Blueberry or Coconut Mandarin  
**Tea Buns**

STARTING AT

**\$6<sup>99</sup>**

Powell's Artisan  
**Sourdough Bread**

**Baked  
In-Store**



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### More Great Deals

**\$4<sup>99</sup>**



1.89lt  
Mott's  
**Clamato**

**\$8<sup>99</sup>**



18x19g Nescafe  
Sweet & Creamy  
**Sachets**

**\$16<sup>88</sup>**



1.5kg Family Pack  
**Pogo Sticks**

**\$3<sup>88</sup>**



48ml Mio,  
Tang or Koolaid  
**Water Enhancer**

**\$2<sup>88</sup>**



250ml Steeves  
**Maple Taste Syrup**

**\$4<sup>88</sup>**



110g Pam  
**Cooking Spray**

**2/\$4<sup>44</sup>**



200g  
Swanson  
**Pot Pies**

**\$4<sup>44</sup>**



905g Pearl Milling  
**Pancake Mix**

**3/\$4**



695ml  
**Peace Tea**

**\$3<sup>44</sup>**



1kg  
Robin Hood  
**Minute Oats**

**\$7<sup>99</sup>**



24x500ml  
**Aquafina Water**

**\$3<sup>44</sup>**



500g Natural  
**Rye Bakery Bread**

**\$2<sup>49</sup>**



400ml  
French's  
**Squeeze Mustard**

**4/\$5**



64g  
Mr. Noodle  
**Cups**

**\$4<sup>99</sup>**



828-946ml Nestle  
**Coffeemate Liquid**

**\$4<sup>97</sup>**



454g Christie  
**Toppable Crackers**

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### Refreshments & Snacks

**\$4.88**



12x500ml Ice River Natural Spring Water



**\$3.99**

250-300g Humpty Dumpty Cheese Snacks or Party Mix



**99¢**

45g Hawkins Cheezies



**\$10.49**

4x473ml Monster Energy Drinks

**\$4.99**



132g Nutella B-Ready Bar

**\$15.88**



20ct Kellogg's Rice Krispie Squares

**2/\$4.44**



113g Premium Popcorn

**2/\$5**



130-155g Selected Lay's Snacks

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6pk Selected Hostess Snacks

**2/\$6**



1.18lt Sunny D Tangy Original

**2/\$4**



240g Old Dutch Pretzel Pieces

**\$3.99**



750ml Purity Syrup

**\$3.99**



### Furry Friends



**\$3.44**

500g Meow Mix Dry Cat Food

**\$24.99**



8kg Purina Adult Dry Dog Food



1.9kg Pedigree Marrobone

**\$11.99**



4kg Picardie Black Sunflower Bird Seed

**\$16.88**



85g Fancy Feast Cat Food

**4/\$5**



100g Cesar Dog Food

**\$1.77**



### House and Home



**\$4.44**

1.2lt Lysol Multi Purpose Cleaner



**\$4.88**

80ct Fleecy Dryer Sheets



**\$3.77**

1ct Pumie Stick



710ml Scrubbing Bubbles Toilet Bowl Cleaner

**\$3.99**



**\$5.44**

473ml Liquid Plumr Hair Clog Eliminator



**\$3.77**

226g Glade Aerosol Air Freshener

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### Personal Care

**\$3.29**



10pk Tampax Regular Tampons

**\$5.29**



24ct Advil Regular Tablets or Caplets

**\$11.88**



96ct Polident Daily Care

**\$8.99**



6x126's Scotties Facial Tissues

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