


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

\$3⁹⁹
 PER LB.
 \$8.80/KG.



Fresh Country Ribbon Value Pack Split Bone-In
Chicken Breast

\$12⁹⁹
 PER LB.
 \$28.64/KG.



Cut From Canada AA or USDA Select Grades Beef Value Pack
T-Bone Grilling Steaks

\$3²⁹
 PER LB.
 \$7.25/KG.



Frozen Value Pack
Pork Butt Chops

\$20⁸⁸



1.75kg Atlantic's Best Choice
Salt Beef

\$2⁸⁸



250g Lactantia
Cream Cheese

\$4⁷⁷
 PER LB.
 \$10.52/KG.



Product of Washington
Loose Cherries

\$1⁸⁸



425ml Campbell's
Spaghetti's

\$8⁹⁷



1.5lt Kraft
Miracle Whip

\$4⁴⁴



850g Parkay
Soft Margarine

\$2⁷⁷



800g Cavendish Straight or Crinkle Cut
Fries

3/\$5



2lt Assorted
Coke & Flavours

\$5⁹⁹



1.42-1.63lt Arm & Hammer Liquid
Laundry Detergent

2/\$6⁵⁰



550-675g
 Villaggio Thick **Sliced Bread**
 or 6-8pk Toscana **or Buns**

\$3⁴⁷



3pk Product of Canada
Romaine Hearts

\$2⁸⁸

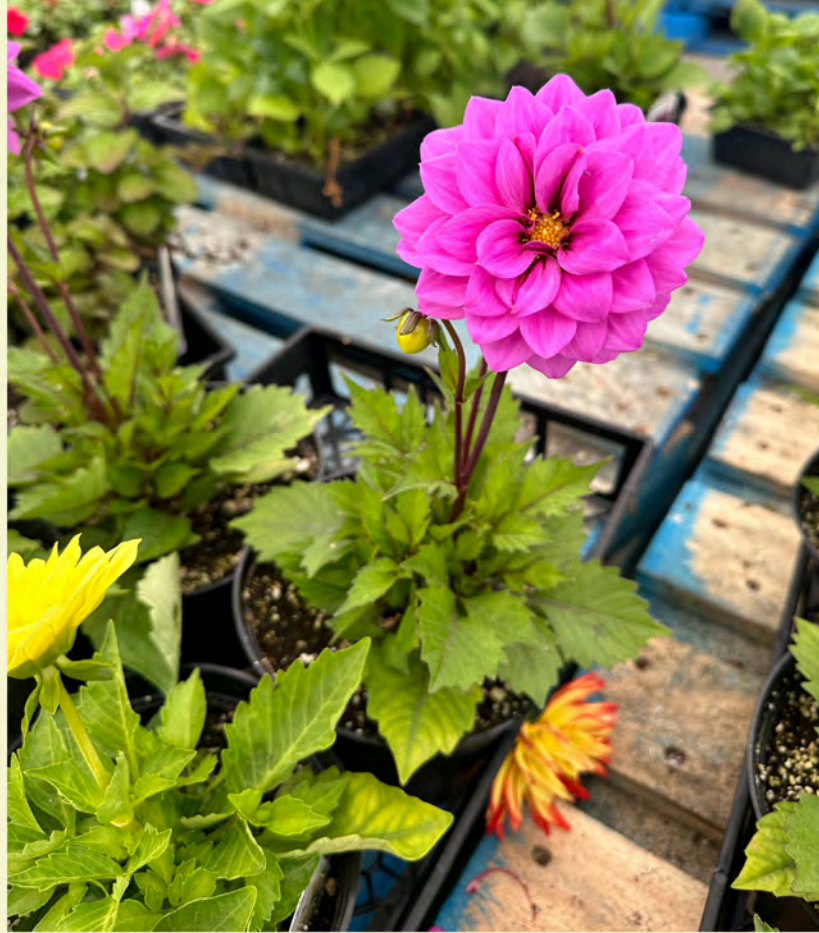


640-700ml Catelli Garden Select
Pasta Sauce

PRICES ARE IN EFFECT JULY 4-10, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
4	5	6	7	8	9	10



POWELL'S GARDEN CENTRE

Blooming with possibilities!

Our gorgeous Garden Centre is located at Powell's, Bay Roberts.

Whether you are searching for a fruit tree, perennials, plant food or mulch we have everything you are looking for and so much more.

Stop by to see our friendly team today!

GARDEN CENTRE HOURS:

Monday-Wednesday 9am-6pm

Thursday-Saturday 8am-7pm

Sunday 9am-5pm



\$2⁷⁷



350g Minute Rice

\$5⁸⁸



150g Maxwell House Instant Coffee

\$13⁹⁹



24ct Royale Double Roll Bathroom Tissue

\$4⁸⁸



350g Purity Tea Vees

2/\$4



960ml Oasis Juice

\$2⁸⁸



166-240g Betty Crocker Hamburger Helper

\$3⁹⁹



10pk Dempsters 7" Tortillas

\$4⁸⁸



540ml Del Monte Jar Fruit

2/\$4⁴⁴



354ml Dairy Isle Reg or 2% Evaporated Milk

2/\$3



295ml Minute Maid or Fruitopia Frozen Punch

2/\$6⁵⁰



425g Stagg Chili

\$1⁸⁸



127g Mario's Chicken Breast Chunks

\$3⁸⁸



3.78lt Windshield Wash

\$6⁸⁸



4-8pk Nestle Drumsticks

\$2⁸⁸



425ml Sweet Baby Rays BBQ Sauce

\$1⁸⁸



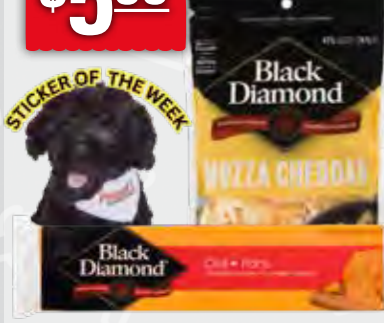
110g Mr. Noodle Bowl

\$3⁸⁸



905g Pearl Milling Pancake Mix or 710ml Syrup

\$5⁹⁹



320-400g Black Diamond Cheese Bars or Shreds

\$3⁸⁸



250ml Purity Jam

3/\$5



200g Kraft Dinner Original

2/\$4



284ml Franco-American Gravy

\$4⁹⁹



2pk Bounty Essentials Paper Towels

\$7⁴⁹



1.125lt Heinz Picnic Packs

\$6⁹⁹



1lt Becel Cooking Oil

Have you heard about our... **JR SHOPPER PASSPORT**

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them ALL to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

Black Diamond

*STICKERS available at the checkout. Full promo details in store or on our Facebook page.

\$5⁴⁴



3pk Dr. Oetker Plank Pizza



Your Newfoundland Butcher

\$4.99
PER LB.
\$11.00/KG.



Fresh Pork
Back Ribs

\$6.99



900g Larsen Regular or BBQ
Wieners

\$25.99



5kg Frozen Turkey
Wings

\$6.99
PER LB.
\$15.41/KG.



Made from Fresh or Frozen
Portions Value Pack
Lean Ground Beef

\$13.99



2kg Sunrise
Bologna

\$4.99



375g Mère Michel
Regular or Salt Reduced
Bacon

2/\$3



113g Frozen
Beef Liver

\$4.99
PER LB.
\$11.00/KG.



Atlantic's Best Fresh Homestyle
Puddings

\$7.99
PER LB.
\$17.61/KG.



Cut From Canada AA or
USDA Select Grades Beef Value Pack
Boneless Inside Round Marinating Steak

\$3.99
PER LB.
\$8.80/KG.



Fresh Boneless
Pork Sirloin Chops

\$6.99



250g Maple Leaf Prepped & Ready
Chicken or Ham

\$2.99



67-120g JMS
Lunchmates

\$12.99



1kg Butcher Selection Stampede
Beef Burger

\$10.99



680g Stampede Pork
Back Ribs

FRESH. FRIENDLY. LOCAL



Deli

\$1.49
PER 100G



Store Sliced Gaspesien
Mock Chicken

\$4.99



200-250g Main Street
Deli Sliced Meats

\$9.99



Instore Family Size
Picnic Combo
Salad

\$2.99



175g Chris Brothers
Pizza Variety Pack

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From the Sea

\$5.99
PER LB.
\$13.21/KG.



Frozen Atlantic
Cod Portions

\$9.99

700g High Liner Family Pack
Fish Sticks



\$5.99

4oz Quinlans
Crab au Gratin



\$4.99



200g Land & Sea
Cod au Gratin

FRESH. FRIENDLY. LOCAL



Fresh Produce



\$5.99
PER LB.
\$13.21/KG.

Product of Canada
Asparagus



\$3.99
PER LB.
\$8.80/KG.

Product of US
Plums



\$1.19
BUNCH

Product of US
Green Onions



4/\$4.99

Product of US
Fresh Corn



\$4.99
PER LB.
\$11.00/KG.

Product of Mexico
Green Grapes



\$5.99

1 pint Product of US
Blueberries



\$3.49
PER LB.
\$7.69/KG.

Product of US
Nectarines



\$5.99

Product of US
Cantaloupe



\$2.99
PER LB.
\$6.59/KG.

Product of US
Red Onions



\$1.29
EACH

Size 36's Product of Mexico
Limes



\$4.99

280g Product of Canada
Cherry Tomatoes

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Dairy



\$5.88

8x100g Activia
Yogurt



\$4.99

828-946ml Carnation
Coffee Mate Liquid



3/\$5

212g I Can't Believe It's Not Butter
Margarine



\$3.88

225g Cool Whip
Aerosol

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Frozen



\$5.44

280-338g Swanson
TV Dinners



\$4.88

12ct Green Giant
Nibblers Mini Ear
Corn on the Cob



\$4.99

208-232g Smuckers
Uncrustables



\$4.88

520g Apple Valley
Lemon Meringue Pie



\$3.88

650g Cavendish
Hash Brown Sticks



\$13.88

1.2kg McCain
Pizza Pockets



\$9.99

695g Maple Leaf Prime
Chicken Wings



\$15.88

48ct Kellogg's Original
Eggo's

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Bakery

\$11⁹⁹



S'mores
Cake

**Baked
In-Store**

\$6⁹⁹

4pk Selected
Golden Crust
Muffins



\$2⁹⁹

**Baked
In-Store**

Fat Free, Sugar Free
Bread



\$8²⁹

6pk Golden Crust Chocolate Dipped
Cream Puffs

\$3³⁹



Golden Crust
French Bread

\$2⁹⁹

**Baked
In-Store**



3 Bun Homestyle
White Bread

\$4⁴⁹



6pk Golden Crust
Marshmallow Squares

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough
Bread



Powell's Artisan

\$5³⁹



600g Golden Crust
Homestyle Banana Bread

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\$

PRICES ARE IN EFFECT UNTIL JULY 17, 2024

Smart Shopper

\$5⁸⁸



314g Jello No Bake
Cheesecake

\$4⁸⁸



240g Cracker Barrel Natural
Cheese Slices

\$3⁸⁸



354ml Heinz
Tartar Sauce

2/\$6



90g McSweeney's
Pep N Ched

99¢



473ml Snapple
Drink

\$4⁴⁴



300g Pogo
Sticks

2/\$3



165g Gattuso
Pizza Flour

2/\$5



350g Dainty
Fried Rice

\$4⁸⁸



650ml Shout
Trigger

2/\$6



591-828ml Palmolive
Dish Liquid

3/\$5



43-116g Idahoan
Mashed Potatoes

\$4⁴⁴



425g Purity
Jam Jams

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Personal Care

\$11⁴⁴



517ml Dove Men's + Care
2 in 1 Shampoo Pro

\$8⁹⁹



200ml Batiste Dry
Shampoo

77¢



60ml Colgate Regular
Toothpaste

\$4⁸⁸



24ct Tylenol Extra Strength
Tablets or Caplets

FRESH. FRIENDLY. LOCAL

Refreshments & Snacks

\$10⁸⁸



4pk Monster Energy Drinks

\$3⁸⁸



190-280g Taki's Chips

\$3⁴⁴



127g Jiffy Pop Popcorn

\$4⁸⁸



6x355ml Origin Sparkling Water

2/\$2



42-50g Selected Nestle Chocolate Bars

\$6⁸⁸



24x500ml Pure Life Spring Water

\$4⁴⁴



6x222ml Mini Cans Coke & Flavours

\$4⁴⁴



200g Old-Dutch, Dutch Crunch Potato Chips

2/\$8⁵⁰



190-200g Miss Vickies Potato Chips

\$2⁷⁷



250g Dare Real Juicee Jellybeans or Jube Candy

\$3⁴⁴



175-230g Nature Valley Granola Bars

\$15⁸⁸



20ct Kellogg's Rice Krispie Bars

FRESH. FRIENDLY. LOCAL

Furry Friends

\$10⁸⁸

2kg Whiskas Dry Cat Food



\$2⁷⁷



170g Jerky Treats Beef

2/\$3



75g Whiskas Perfect Portions Cat Food

2/\$4



375g Pedigree Dog Food

\$3⁴⁴



170g Friskies Party Mix

\$9⁹⁹



2kg Pedigree Healthy Vitality Dog Food

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House and Home

\$3⁸⁸

235g Glade Aerosol



\$3⁴⁴

40ct La Parisienne Bleach Tablets



\$2⁸⁸

475ml Murphys Oil Soap



\$3⁴⁹

473ml Dawn Ultra Original Dish Liquid



\$4⁴⁴

80ct Fleecy Sheets



\$3²⁹



2pk Mr Clean Magic Eraser

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More Great Deals

\$3⁴⁴



72g Knorr Beef Boeuf Packets

\$1²⁹



25ft Club Supreme Foil Wrap

\$1⁸⁸



454g Thompson White Pea Bean

\$1⁸⁸



92-100g Brunswick Fish Fillet, Sardines or Kipperd Snacks

2/\$6⁵⁰



1kg Robin Hood All Purpose Flour

\$3⁹⁹



168g Betty Crocker Dunkaroos

\$4⁸⁸



170g Dream Whip

\$2⁸⁸



35ft Reynolds Parchment Paper

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