

Fresh, Friendly and Local - Since 1948

Powell's Supermarket



89 COMMUNITIES • 94.5 MILLION • 16 YEARS

YOUR COMMUNITY COULD

**WIN AN NHL® GAME
AND \$250,000**

NOMINATE AND RALLY YOUR COMMUNITY JAN 1 - FEB 19

**SUPPORTING CANADIAN
COMMUNITIES**

KRAFTHOCKEYVILLE.CA



\$8⁹⁹



**75¢
Per Box**

**12x250g Kraft Dinner
Original**

\$3⁹⁹



150g

**Maxwell House
Instant Coffee**

2/\$7

**218-650ml
Classico
Pasta
Sauce**



2/\$4⁴⁴



**10x180ml Kool-Aid
Jammers**

NO PURCHASE NECESSARY. Legal residents of Canada 13 years of age or older. Entry between January 1 and February 19, 2023. One \$250,000 community prize in arena upgrades and an NHL® Pre-Season game. ARV \$650,000. Odds depend on number of entries, judging and voting. Official Rules: www.krafthockeyville.ca. NHL and the NHL Shield are registered trademarks of the National Hockey League. © NHL 2022. All Rights Reserved.

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Powell's Supermarket



2/\$4.44



200g Kraft
Macaroni Salad Mix

\$4.99



890ml Kraft
Miracle Whip

3/\$5



398ml Heinz
Beans or Pasta

\$4.99



250g Kraft Philadelphia
Cream Cheese Brick

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948

Powell's Supermarket

\$5⁷⁷
PER LB.
\$12.72/KG.



Fresh Value Pack Country Ribbon Boneless Skinless
Chicken Breast

\$1⁹⁹
PER LB.
\$4.39/KG.



Frozen Bone In
Pork Loin Roast

\$4⁹⁹
PER LB.
\$11.00/KG.



Cut from Canada AA or USDA Select Grades Beef
Outside Round Oven Roast

\$6⁹⁹



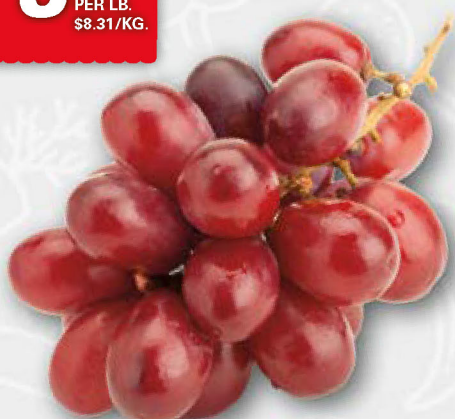
800g Watson Ridge
Chicken Nuggets, Burgers or Strips

\$7⁹⁹



615g
Schneider's
Chicken Wings

\$3⁷⁷
PER LB.
\$8.31/KG.



Product of Chile
Red Seedless Grapes

\$1⁸⁸



1kg Cavendish
Fries

\$6⁴⁹



12x355ml **Coke & Flavours**
or Dasani **Water**

2/\$6



570g Ben's **Holsum Sliced Bread** or 8pk Dempster's
Hotdog or Hamburger Buns

\$2⁹⁹



8oz Product of Canada
White Mushrooms

3/\$5



500g Catelli
Macaroni or Spaghetti

\$5⁹⁹



4lt Old Dutch
Laundry Detergent

2/\$5



427g
I Can't Believe It's Not Butter

2/\$4



425ml Campbell's
Spaghetti-O's

3/\$5



640-700ml Catelli Garden Select
Pasta Sauce

PRICES ARE IN EFFECT JANUARY 26-FEBRUARY 1, 2023

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY
26

FRIDAY
27

SATURDAY
28

SUNDAY
29

MONDAY
30

TUESDAY
31

WEDNESDAY
1



2/\$13

12x355ml **Pepsi & Flavours**
or Bubly **Water**



\$8⁹⁹

12ct Cottonelle Comfortcare
Bathroom Tissue



2/\$4

375-500g Selected Catelli
Pasta



\$9⁹⁹

216ct Tetley
Tea Bags



\$3⁴⁹

250ml Smucker's
Spreads (excludes raspberry)



\$3⁹⁹

1kg Robin Hood
Minute Oats



\$8⁹⁹

12ct Folgers
K-Cups



\$4⁷⁹

500ml Bick's
Mustard Pickles



2/\$4

680ml Hunt's Thick & Rich
Pasta Sauce



\$4⁹⁹

400g Purity Variety Pack
Cookies



2/\$4

354ml Dairy Isle Regular or 2%
Evaporated Milk



2/\$5

341-398ml Del Monte
Tin Vegetables



2/\$3

350g Green Barn
Split Peas



\$9⁹⁹

4ct Bounty CAS
Paper Towels



\$1³⁹

284ml Steakhouse Pieces & Stems
Mushrooms



\$13⁹⁹

3lt Primo
Vegetable Oil

NATIONAL BLUEBERRY PANCAKE DAY - JANUARY 28TH



\$3⁸⁸

905g Pearl Milling
Pancake Mix or 750ml **Syrup**



2/\$6

6oz Product of Chile
Blueberries



2/\$7

8ct Kellogg's
Eggos or Pancakes



2/\$5

400g Jet Puffed
Marshmallows



\$3⁶⁹

2lt Rougemont
Apple Juice



3/\$5

113g Idahoan
Mashed Potatoes



\$3⁹⁹

350-400g Purity Selected
Crackers



**NATIONAL
HOT CHOCOLATE DAY**
JANUARY 31ST



2/\$7

7-10pk Carnation
**Hot Chocolate
Envelopes**

Powell's Supermarket Community Corner

Big Turk for a WISH!

10¢ from every Big Turk sold goes to...

Make-A-Wish CANADA

60g Nestle Big Turk Bar

2/\$2²²

Powell's Supermarket



\$5⁹⁹

320-400g Cracker Barrel
Cheese Bars or Shreds



Your Newfoundland Butcher

\$4⁹⁹
PER LB.
\$11.00/KG.



Fresh
Pork Back Ribs

\$6⁹⁹
PER LB.
\$15.41/KG.



Cut from Canada AA or
USDA Select Grades Beef
Boneless Stewing Beef

\$10⁹⁹
PER LB.
\$24.23/KG.



Cut from Canada AA or
USDA Select Grades Beef
Striploin Steak

2/\$6



375g Coachman
Wieners

\$3⁹⁹
PER LB.
\$8.80/KG.



Bone-In
Smoked Picnic Ham

\$5⁹⁹



375g Mere Michel
Regular or Salt Reduced
Bacon

\$7⁹⁹



500g Sunrise
Beef Burgers

\$5⁹⁹



65-85g Maple Leaf Ready Crisp
Bacon or Pieces

\$5⁸⁸



375-450g JMS
Smoked Sausage & Juicy Jumbos

\$10⁹⁹



595g 44th Street
Pork Back Ribs

\$8⁹⁹



300g JMS
Pepperettes

\$5⁹⁹
PER LB.
\$13.21/KG.



Made from Fresh or Frozen Portions
Medium Ground Beef

\$7⁹⁹
PER LB.
\$17.61/KG.



Quality Vac Pack
Choice Salt Beef

\$4⁹⁹
PER LB.
\$11.00/KG.



Atlantic's Best
Homestyle Pudding

FRESH. FRIENDLY. LOCAL



Deli

\$4⁹⁹

150-175g Chris Brothers
Sliced Meats

\$4⁹⁹



250g Chris Brothers
Polish or Garlic Sausage

\$19⁹⁹

Instore
Pizza Kit



\$4⁹⁹-\$5⁴⁹



450-500ml Instore Homemade
Turkey, Pea, Chicken Noodle or
Beef Barley
Soup

FRESH. FRIENDLY. LOCAL



From the Sea

\$12⁹⁹

454g Land & Sea
Cod Tongues



\$8⁹⁹



400g High Liner
Wild Pacific Salmon Fillets

\$6⁹⁹
PER LB.
\$15.41/KG.



Previously Frozen
Newfoundland
Cod Fillet

\$4⁸⁸



255g Comeau
Fish Cakes

FRESH. FRIENDLY. LOCAL



Fresh Produce



\$3⁸⁸
HEAD

Product of U.S.
**Romaine
Lettuce**



\$6⁹⁹

1kg Basket
Product of Chile
Kiwi Fruit



\$5⁹⁹
EACH

Product of U.S.
Cantaloupe



2/\$5

2lb Product of Canada
Yellow Onions

\$4⁹⁹
PER LB.
\$11.00/KG.

Product of Chile
Peaches



\$3⁴⁹
PER LB.
\$7.69/KG.



Product of U.S.
Anjou Pears



\$3⁹⁹

1lb Product of Canada
Parsnip

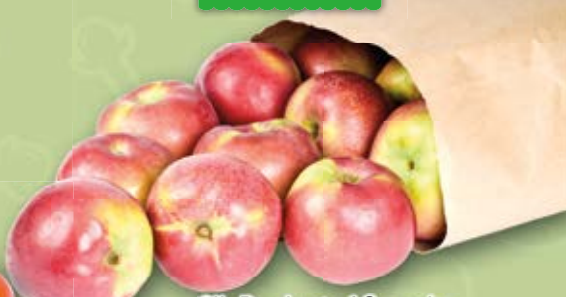


\$1⁴⁹
PER LB.
\$3.28/KG.

Product of Canada
Green Cabbage



280g Product of U.S.
Grape Tomatoes



\$5⁴⁹
t

3lb Product of Canada
McIntosh Apples



Dairy



250g Kraft Philadelphia
Cream Cheese Brick

\$4⁹⁹

\$3⁸⁸

227g Kraft Philadelphia
Dips



3/\$10



6x60g Yoplait
Minigo Yogurt

\$4⁴⁹



180g Armstrong
Cheese Combos



Frozen

\$14⁹⁹



780g Pinty's Pub & Grill
Chicken Breast Chunks

\$6⁷⁷



560-600g Giuseppe
Easy Pizzi Pizza

\$3⁹⁹



20pk Cavendish
Hashbrown Patties

\$3⁹⁹



305-340g Stouffer's
**Bowlfuls or
Fitbowls**

\$5⁹⁹



340-510g McCain
Deep 'n Delicious
Cakes or Mini's

\$3⁹⁹



550g Apple Valley
Pies

\$3⁴⁹



317g Giuseppe
Garlic Fingers

\$4⁴⁹



227g Furlani
Garlic Knots

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Bakery

3 Bun Homestyle
White Bread

\$2⁹⁹

**Baked
In-Store**



**Baked
In-Store**

2pk Vanilla or
Black Forest
**Mini
Shortcakes**

\$2⁹⁹



STARTING AT

\$4⁹⁹

Powell's Artisan
**Sourdough
Bread**

\$4⁶⁹

6pk Golden Crust Plain, Raisin
or Blueberry **Tea Buns**

\$3³⁹



\$6⁹⁹

Lemon Meringue
Pie

**Baked
In-Store**



\$6⁹⁹

6pk Golden Crust
**Red Velvet
Whoopie Pies**

\$8⁹⁹

Orange Sherbert
Cake

**Baked
In-Store**



Golden Crust
French Bread

\$3⁸⁹

4-6pk Golden Crust
**Small or Large
Sub Buns**



\$

PRICES ARE IN EFFECT UNTIL FEBRUARY 1, 2023

Smart Shopper

2/\$5

591ml Glaceau
**Vitamin
Water**



\$4⁷⁷

170g Werther's Original
Caramel Popcorn



2/\$6

440ml Old El Paso
Salsa



\$2⁸⁸

300ml Dairy Isle
**Sweetened &
Condensed Milk**



\$3⁴⁴

190-280g Takis
Chips



\$4⁹⁹

450g Carnation
Coffee Mate



\$4⁴⁴

230-295g Old Dutch
Restaurante
Tortilla Chips



\$3⁸⁸

300g Hamilton's
**Milk Lunch
Biscuits**



\$17⁹⁹

800g M&M Asian Party Pack
Appetizers



\$10⁹⁹

300g M&M Pralines & Cream
Cheesecake Bites



\$4⁹⁹

454g M&M
Onion Rings



\$24⁹⁹

907g M&M
Chicken Wings



Personal Care

\$2⁹⁹

170ct Q-Tips
**Cotton
Swabs**



\$3⁹⁹

311g Gillette Foamy
Shaving Cream



\$2⁷⁹

3pk Ivory
Soap



\$3⁷⁹

24ct Aspirin Regular
Tablets



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Refreshments & Snacks

\$3⁶⁹



Selected Vachon
Cakes

\$7⁹⁹



24x500ml Aquafina
Water

\$3⁸⁸



235-245g
Old Dutch Arriba
Tortilla Chips,

\$3⁴⁹



3pk Orville Redenbacher
Popcorn

2/\$4⁴⁴



90-120g Selected Hershey
Family Size Bars

\$9⁹⁹



18ct Lay's Variety Pack
Potato Chips

2/\$3



355ml Jones
Soda

\$2⁹⁹



116-135g Werthers
Candy

\$4⁹⁹



6x591ml
G2 or Gatorade

\$3⁹⁹



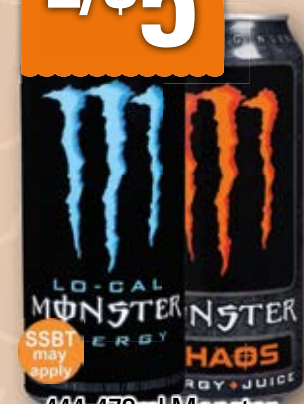
180-200g Pepperidge Farms
Goldfish Crackers

\$3³³



175g Old Dutch
Popcorn Twists

2/\$5



444-473ml Monster
Energy Drink

FRESH. FRIENDLY. LOCAL



Furry Friends

\$13⁹⁹

24ct Meow Mix
Cat Food



\$36⁹⁹



14kg Pedigree
Dry Dog Food

\$15⁹⁹

12pk Friskies
Club Pack
Poultry Lovers
Cat Food



\$10⁹⁹



2kg Pedigree
Small Breed
Dog Food

3/\$4

100g Iams
Perfect Portions
Cat Food



3/\$5



100g Cesar
Dog Food

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House and Home

\$8⁹⁹

285g Downy or Gain
Scent Booster
Beads



\$2⁹⁹



473ml Dawn Ultra
Dish Liquid

\$5⁹⁹



1.36lt Fleecy
Fabric Softener

\$3⁹⁹

900ml Drano
Liquid



\$4⁹⁹



13ct Tide
Daybreak Fresh
Pods

\$2⁶⁹

475ml Murphy's
Oil Soap



FRESH. FRIENDLY. LOCAL

More Great Deals

\$12⁹⁹

816g Folgers Classic Roast
Ground Coffee



\$4⁷⁹



750ml Habitant
Sweet Mixed Pickles

\$6⁹⁹



2.5kg Robin Hood
Best for Bread Flour

\$4⁹⁹



150g Stouffer's
Fit Wraps

\$1⁶⁹

1lt Allen's
Drink



2/\$4



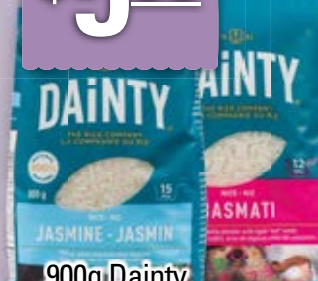
400g Ambrosia
Rice Pudding or
Custard

\$3⁹⁹



170g Nature's Path
Puffed Rice Cereal

\$5⁹⁹



900g Dainty
Jasmine or Basmati
Rice

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