

Fresh, Friendly and Local - Since 1948
Puwwell's
Supermarket



\$4.99



450g Kraft
Cheez Whiz

\$4.88



355ml Renée's
Dressing

\$1.88



58g
Kraft Dinner
Cups

\$3.88



10x180ml
Kool-Aid
Jammers



OUR COMMUNITY COULD
WIN AN NHL GAME
AND \$250,000
IN ARENA UPGRADES

SHARE YOUR PASSION FOR HOCKEY AT

KRAFTHOCKEYVILLE.CA

Fresh, Friendly and Local - Since 1948

Powell's Supermarket



\$4⁸⁸



1.36lt
Heinz
Tomato
Juice

2/\$7



375ml Heinz
Glass Bottle
or Pickle Ketchup

\$4⁹⁹



500g Kraft
Peanut Butter

\$5⁸⁸



450g Magic
Baking Powder



YOUR COMMUNITY COULD
WIN AN NHL GAME
AND \$250,000
TO BUILD HOCKEY DREAMS

KRAFTHOCKEYVILLE.CA

BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948

Powell's Supermarket

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at www.powellsnl.ca

\$3⁷⁷
PER LB.
\$8.31/KG.



Fresh Country Ribbon Value Pack Bone-In Split Chicken Breast

\$2²⁹
PER LB.
\$5.05/KG.



Whole or Half Fresh Pork Picnic Roast

\$15⁸⁸



9ct Frozen Pork Sirloin Chops

AMAZING VALUE

\$9⁹⁹



2kg Golden Maple Chicken Fingers or Bites

\$5⁸⁸



WOW!

400-500g Wong Wing Entrees

\$5⁹⁹



10lb Product of Canada Red Potatoes

2/\$5



227g Kraft Philadelphia Chip Dips

\$2⁷⁷



427g Country Crock Soft Margarine

\$3⁹⁹



227-250g Kraft Philadelphia Cream Cheese

\$9⁹⁹



3lt Unico Vegetable Oil

2/\$14



12x355ml Coke or Pepsi & Flavours AHA, Buby or Dasani Water

2/\$5



200g Kraft Macaroni Salad Mix

\$5⁹⁹



4lt Old Dutch Liquid Laundry Detergent

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of Peru Red Seedless Grapes

3/\$5



354ml Dairy Isle Reg or 2% Evaporated Milk

PRICES ARE IN EFFECT JANUARY 23-29, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
23	24	25	26	27	28	29

3/\$4



284ml Aylmer Regular or Low Sodium Tomato Soup

\$1.88



250ml Club Supreme Jam

2/\$4.44



398ml Catelli Meat Sauce

\$1.88



454g Thompson's White Pea Beans

3/\$5



398ml Clark Beans

\$5.99



7lb Golden Crust Flour

\$4.88



425g Purity Jam Jams

\$13.88



12ct Cashmere Double Roll Bathroom Tissue

\$4.88



475ml Kraft Sandwich Spread

\$4.44



350-360g Selected Cap'n Crunch Cereal

\$6.44



343g Robin's Original Coffee

2/\$6.50



675g Dempster's Xtra Sandwich Bread

2/\$6



250ml Scotsburn Sour Cream

\$19.99



2kg Frozen IQF Split Tip Chicken Wings

2/\$5



960ml Del Monte Orange Juice

\$4.88



3.78l Windshield Wash

\$7.49




320-400g Cracker Barrel Cheese Bars or Shreds

\$5.44



454g Swift Premium Cooked Ham

\$3.44



375g Primo Egg Noodles

2/\$4.88



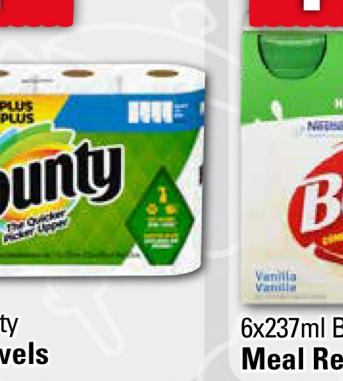
398ml Dole Pineapple

\$4.88



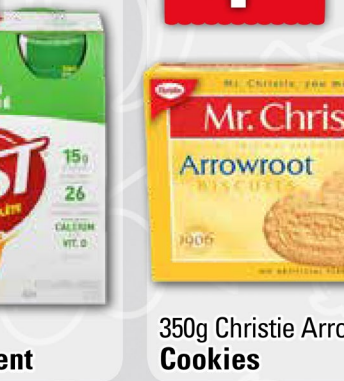
300-350g Purity Cream Crackers

\$11.88



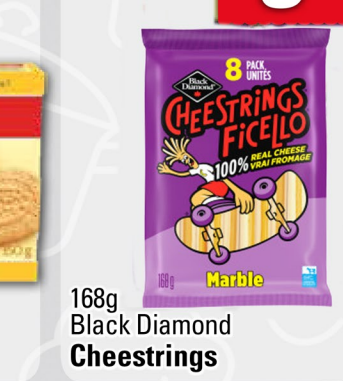
4 Roll Bounty Paper Towels

\$14.99



6x237ml Boost Meal Replacement

\$4.99



350g Christie Arrowroot Cookies

freshpet



NOW AVAILABLE AT YOUR LOCAL POWELL'S!

Treat your furry family members to the wholesome goodness they deserve. Made with fresh, natural ingredients, FreshPet food items are packed with real meats, fruits and veggies to keep tails wagging and whiskers twitching. Because your pets aren't just animals—they're family.

CHECK OUT OUR COOLER IN THE PET AISLE! >>>



\$1.88



28-180g Dr. Oetker Pie Filling or Mousse



Your Newfoundland Butcher

\$10⁹⁹
PER LB.
\$24.23/KG.



Cut From Canada AA or USDA Select Grades Beef Value Pack
Striploin Steak

\$11⁹⁹

1.75kg
Atlantic's Best
Salt Riblets



\$13⁹⁹



2kg
Sunrise
Bologna

\$3⁹⁹



375g Carver's Choice
Bacon

\$25⁹⁹



5kg
Frozen
Turkey
Wings

\$2⁹⁹



454g Golden Maple
Extra Lean
Ground Turkey

\$5⁹⁹
PER LB.
\$13.21/KG.



Made From
Fresh or Frozen
Portions Value Pack
Medium Ground Beef

\$4⁹⁹
PER LB.
\$11.00/KG.



Tray Pack Atlantic's Best
Homestyle Puddings

\$3⁹⁹



375g Maple Leaf
Wieners

\$6⁹⁹



250g Maple Leaf
Prepped & Ready
Chicken or Ham

\$4⁹⁹
PER LB.
\$11.00/KG.



Quality Vac Pack
Scrunchions

\$11⁹⁹



1.36kg MacGregor's
Italian Meatballs

\$5⁹⁹



300g Maple Leaf Fully Cooked
Sausage Links or Rounds

\$4⁹⁹



250g Sunrise
**Pepperoni or
Salami Sticks**

FRESH. FRIENDLY. LOCAL



Deli

2/\$6⁵⁰



100-250g
Main Street
Deli Sliced
Meats

\$3⁴⁹



200g Chris Brother's
Sliced Ham

\$12⁹⁹



Instore
Hot or Chilled
**Rotisserie
Chicken**

\$1⁸⁸
PER 100G



Store Sliced Gaspien
Toupie Ham

FRESH. FRIENDLY. LOCAL



From the Sea

\$4⁹⁹

255g Comeau
Fish Cakes



\$7⁹⁹



400g High Liner Wild Pacific
Salmon Fillets

\$13⁹⁹



454g Land & Sea
Cod Tongues

\$6⁹⁹
PER LB.
\$15.41/KG.



Frozen
Cod Fillets

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$369
HEAD



Product of US
Iceberg Lettuce

\$479
PER LB.
\$10.56/KG.



Product of Chile
Peaches

\$119
PER LB.
\$2.62/KG.



Product of Canada
Green Cabbage

\$499



170g Product of Mexico
Blackberries

\$399
PER LB.
\$8.80/KG.



Product of US
Green Pepper

\$599



3lb Product of Canada
Red Delicious Apples

\$269



2lb Product of Canada
Yellow Onions

\$599
EACH



Product of Honduras
Pineapple

\$499



11lb Product of Canada
Parsnip

\$299
EACH



Product of Brazil
Mangoes

\$349
EACH



Product of US
English Cucumber

FRESH. FRIENDLY. LOCAL



Dairy

\$344



468g Pillsbury RTB
Chocolate Chip Cookies

\$788



850g Becel Regular or Olive Oil
Soft Margarine

\$699



828ml Starbucks
Caramel Macchiato Coffee Cream

\$444



4pk Jell-O RRTE NSA
Jello, Pudding or Strawberry Cheesecake

FRESH. FRIENDLY. LOCAL



Frozen

\$588



480g Furlani
Parmesan Garlic Toast

\$499



208-232g Smucker's
Uncrustables

\$488



620g Apple Valley
Baked Apple Pie

\$399



454-650g
Selected McCain Superfries

\$1099



1.19kg Swanson
Skillet Meals

\$288



10ct Cavendish
Hash Brown Patties

\$788



720-740g
Giuseppe Rising Crust Pizza

\$544



371-397g
Boston Market Frozen Entrees

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹



3 Bun Homestyle **White Bread**

Baked In-Store

\$11⁹⁹

Boston Cream Pie



Baked In-Store

\$5⁹⁹



3pk Golden Crust **Assorted Flips**

\$6⁵⁹



12pk Golden Crust **Gourmet Cookies**

\$4⁶⁹



6pk Golden Crust Plain, Raisin, Blueberry or Coconut Mandarin **Tea Buns**

\$4⁸⁸



8pk Golden Crust **Brioche Buns**

Baked In-Store

\$3⁹⁹



2pk Black Forest or Vanilla **Mini Shortcakes**

STARTING AT

\$6⁹⁹

Powell's Artisan **Sourdough Bread**



Baked In-Store

\$4⁹⁹



600g Golden Crust **Multigrain & Flax Bread**

FRESH. FRIENDLY. LOCAL

\$

PRICES ARE IN EFFECT UNTIL JANUARY 29, 2025

Smart Shopper

\$4⁸⁸

170g Kraft **Dream Whip**



\$2⁸⁸

284g Club House **Beer Batter Mix**



\$3⁹⁹

336-800g Nabisco **Cream of Wheat**



\$4⁴⁴

300g Pogo **Sticks**



250-465g Old El Paso **Dinner Kits**

\$3⁹⁹

\$3⁹⁹



905g Pearl Milling **Pancake Mix**

2/\$6



142g Bon Appetit **Danishes**

\$4⁸⁸



700g Minute **Rice**

\$1⁴⁴



500ml Sunny D **Beverage**

\$28⁹⁹



8kg Pedigree Healthy **Vitality Dog Food**

\$7⁹⁹



5lb McCain **Symphony Fries**

\$5⁸⁸



72ct Tetley **Tea Bags**

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Personal Care

\$8⁹⁹



40g Vaseline **Jelly Stick Balm**

\$3⁴⁴



150g or 300ml Finesse **Hair Products**

\$4⁸⁸



24ct Tylenol **Tablets or Caplets**

\$6⁸⁸



6ct Royale **Facial Tissue**

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

\$6⁸⁸



24x500ml Pure Life Spring Water

\$4⁴⁴



330g Old Dutch Economy Bag Snacks or 200g Dutch Crunch Potato Chips

\$1⁹⁹



120-140g Squashies Candy

\$3⁴⁴



125-295g Kellogg's Nutri-Grain Bars or Special K Fruit Crisps

\$10⁸⁸



4x473ml Monster Energy

2/\$2²²



33-60g Selected Nestle Bars

\$6⁴⁴



228g Pringles Snack Stacks

2/\$5



400g Jet Puff Marshmallows

\$4⁴⁴



205-300g Tostitos Tortilla Chips

\$2⁷⁷



234g Act II Popcorn

4/\$5



502ml Fruit 2.0 Beverage

\$3⁴⁹



175g Old Dutch Popcorn Twists

FRESH. FRIENDLY. LOCAL



Furry Friends

\$4⁴⁴



170g Beggin' Strips Dog Treats

4/\$5



156g Friskies Cat Food

\$23⁹⁹



8kg Purina Adult Dog Chow

\$1⁷⁷



85g Whiskas Temptations

\$10⁹⁹



1.81kg Smart Blend Lamb & Rice Dog Food

\$8⁹⁹



1.36kg Meow Mix Cat Food

FRESH. FRIENDLY. LOCAL



House and Home

\$5⁹⁹



500ml Drano Foamer Clog Remover

\$3⁷⁷



1.65lt Fabuloso Cleaner

\$7⁴⁴



650ml Spray Nine Cleaner

\$9⁹⁹



3.4kg Cascade Complete Dishwasher Gel

\$7⁹⁹



3.57lt Clorox Bleach

\$4⁷⁷



1.36lt Fleecy Fabric Softener

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HAPPY CHINESE NEW YEAR!

\$16⁸⁸



632g M&M Asian Party Pack

\$6⁷⁷



486-680g Wong Wing Spring or Egg Rolls

\$2⁸⁸



350g Minute Rice

\$6⁸⁸



800g Watson Ridge Chicken Balls

\$3⁸⁸



425ml Wong Wing Won Ton Soup

\$7⁹⁹



2kg Frozen Mixed Peppers

\$3⁴⁴



341ml VH Dipping Sauce

\$2⁹⁹



Fresh Whole Pork Side Ribs

FRESH. FRIENDLY. LOCAL