

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 **Powell's** Supermarket

\$2⁴⁴
PER LB.
\$5.38/KG.



Fresh Country Ribbon Value Pack
Chicken Legs

\$5⁹⁹
PER LB.
\$13.21/KG.



Cut From Canada AA or USDA Select Grades Beef
Boneless Cross Rib Roast

\$2⁹⁹
PER LB.
\$6.59/KG.



Frozen Value Pack
Pork Butt Chops

\$4⁹⁹



375g Schneider's Regular or Salt Reduced
Bacon

2/\$3



200g Jacob's
Cream Crackers

\$3⁹⁹



3lb Product of Canada
Cortland Apples

\$2⁹⁷



250-320g Humpty Dumpty
Cheese Snacks or Party Mix

\$10⁸⁸



24x355ml
Coke & Flavours

\$3⁸⁸



300-395g General Mills Selected
Cereal

\$2⁹⁹



3lb Product of Canada
Carrots

\$3⁹⁹



2lt Old Dutch
Laundry Detergent

2/\$4⁴⁴



427g Parkay
Soft Margarine

2/\$6⁸⁸



675g Ben's Xtra **Sandwich Bread** or 6pk **English Muffins**

\$3⁹⁹



410g Kraft Singles
Cheese Slices

\$3⁹⁹



450g Kraft
Cheez Whiz

2/\$4



250ml Scotsburn **Sour Cream** or Heluva Good **Dips**

PRICES ARE IN EFFECT DECEMBER 7-13, 2023

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
7	8	9	10	11	12	13

Entertain with ease...

Appetizers



Asian Party Pack



Mozza Sticks



Wonton Soup

Main Course



Cabbage Rolls



Lasagna



Butter Chicken

Dessert



Chocolate Yule Log



Too Tall Strawberry Shortcake



Mini Cream Puffs



FOOD
MARKET
EXPRESS

Visit the frozen department to view our full selection.

\$5⁸⁸



625-725g Purity
Sweet or Hard Bread

\$7⁹⁹



1.18lt Mazola
Oil

\$2⁷⁷



796ml Aylmer
Tomatoes

\$5⁸⁸



200g Folgers
Instant Coffee

2/\$6



384g Kellogg's
Pop Tarts

2/\$4⁸⁸



398ml Club Supreme
Tin Fruit

2/\$5



350g Dainty
Fried Rice

2/\$4



425ml Campbell's
Spaghetti-O's

2/\$4



354ml Dairy Isle Regular or 2%
Evaporated Milk

\$5⁹⁹



8pk Royale
Bathroom Tissue

\$2⁸⁸



900g Primo
Macaroni or Spaghetti

2/\$7



600g Dempster's
Whole Grain Bread

\$3⁸⁸



2lt Rougemont
Apple Juice

\$2⁸⁸



10x180ml Kool-Aid
Jammers

\$3⁹⁹



500g Jif
Peanut Butter

2/\$6



640-700ml Catelli Garden Select
Pasta Sauce

\$3⁷⁷



250ml Smucker's
Jam (excludes raspberry)

2/\$6



99-142g Fresh Gourmet
Croutons or Salad Toppings

\$1⁸⁸



450g Thompson Yellow Split
Peas or Pot Barley

\$7⁹⁹



1.5lt Heinz
Ketchup

\$10⁹⁹



4 Roll Bounty
Paper Towel

2/\$5



200g Purity
Cream Crisps

2/\$6



300g Dare
Viva Puffs

\$3⁹⁹



3lb Golden Crust
Bread & Roll Mix

Powell's Supermarket

Community Corner

GIFT CARDS AVAILABLE!



The perfect gift for everyone on your list! Load your gift card with your preferred amount and then that hard-to-shop-for person has a practical yet thoughtful gift!

\$5⁴⁴



320-400g Black Diamond
Cheese Bars or Shreds



Your Newfoundland
Butcher

2/\$7



375g Coachman
Wieners

\$6⁹⁹
PER LB.
\$15.41/KG.

Cut from Canada AA or USDA
Select Grades Beef
**Boneless Cross Rib
Marinating Steak**



\$9⁹⁹



595g 44th Street
Pork Back
Ribs



55-120g JMS
Lunchmates
(excludes Adult Kits)



\$2⁹⁹

\$34⁹⁹



6kg Atlantic's Best
Salt Riblets

\$3⁹⁹
PER LB.
\$8.80/KG.



Fresh Boneless **Pork Loin
Chops or Roast**

\$4⁹⁹
PER LB.
\$11.00/KG.



Quality Vac Pack
Scrunchions

\$8⁹⁹



300g JMS
Pepperettes

\$4⁹⁹



250g Gaspesien
Sliced Breakfast Ham

\$5⁹⁹
PER LB.
\$13.21/KG.



Made from Fresh or
Frozen Portions
Medium Ground Beef

\$27⁹⁹



5kg Frozen
Turkey
Drumsticks

\$12⁹⁹



1kg Watson Ridge
**Jumbo Popcorn
Chicken**

\$7⁹⁹



500g Sunrise
Beef
Burgers

\$4⁹⁹



375g Johnsonville
Breakfast
Sausage



Deli

\$3⁴⁴

250g Chris Brothers
Deli Combo



\$1⁹⁹
PER 100g



Store Sliced Deli Classic
**Montreal Smoked Meat or
Pastrami**

\$1⁹⁹
PER 100g

Store Sliced All White
Turkey Roll



\$6⁸⁸



8ct Moji Sushi
California or
Spicy Crab Roll
Sushi



From the Sea

\$3⁴⁹

340g Limfjord
Mussels



\$9⁹⁹
PER LB.
\$22.02/KG.



Store Packed
FPI
Cod Nuggets

\$13⁹⁹



815g 40 Fathoms
Breaded Cod Fillet

\$9⁹⁹
PER LB.
\$22.02/KG.



Previously Frozen
Halibut Steaks

\$4⁹⁹



255g Comeau
Fish Cakes

FRESH. FRIENDLY. LOCAL

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FRESH. FRIENDLY. LOCAL



Fresh Produce



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of Florida
Large Red Tomatoes

FLORIDA
TOMATOES



\$4⁹⁹
EACH

Product of Brazil
Cantaloupe

\$1²⁹
BUNCH

Product of Mexico
Green Onions



\$4⁹⁹

6oz Product of Peru
Blueberries



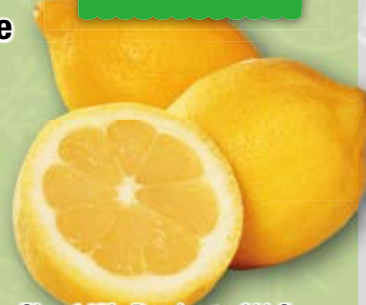
\$3⁴⁹
HEAD

Product of U.S.
Iceberg Lettuce



\$4⁹⁹
HEAD

Product of U.S.
Cauliflower



3/\$2⁴⁹

Size 140's Product of U.S.
Lemons



\$1¹⁹
PER LB.
\$2.62/KG.

Product of Canada
Turnip



2/\$5

Product of Mexico
Avocadoes



\$4⁹⁹
EACH

Product of Honduras
Pineapple



\$3⁶⁹

8oz Product of Canada
White Mushrooms



Dairy

\$4⁷⁷



240g Cracker Barrel
Natural Cheese Slices

\$6⁹⁹

1.28kg Imperial
Soft Margarine



\$6⁹⁹



8x93ml Yop Mini
Drinkable Yogurt

\$4⁸⁸



227-250g Kraft Philadelphia
Cream Cheese



Frozen

\$3⁹⁹



454-650g Selected
McCain
Superfries

\$13⁹⁹



780g Pinty's Pub & Grill
Chicken Wings

\$6⁹⁹



340g McCain Deep 'n Delicious
Mini Cupcakes

2/\$4⁴⁴



284g Furlani
Garlic Bread

\$4⁸⁸



12ct Green Giant Mini
Corn on the Cob
Nibblers

\$3⁴⁴



625g Cavendish
All Day Hashbrown Waffles

\$6⁹⁹



560-600g Giuseppe
Easy Pizzi Pizza

\$4⁸⁸



269-306g Healthy Choice
Gourmet Steamers

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FRESH. FRIENDLY. LOCAL



Bakery



Baked In-Store

\$2⁹⁹

12pk White or Whole Wheat
Circle Dinner Rolls

\$5⁹⁹

8pk Golden Crust
Fancy Cake Donuts



\$2²⁹

Baked In-Store



Sugar Free, Fat Free
White Bread

STARTING AT

\$5⁹⁹

Powell's Artisan
Sourdough Bread



Baked In-Store

\$6⁵⁹



12pk Golden Crust
Shortbread Cookies

\$2⁹⁹



Baked In-Store

3 Bun Homestyle
White Bread

\$2⁹⁹



8pk Golden Crust
Hotdog or Hamburger Buns

\$7⁸⁹



4pk Golden Crust
Carrot Muffins With Icing

\$

PRICES ARE IN EFFECT UNTIL JANUARY 3, 2024

Smart Shopper

\$4⁴⁴



198-370g SunChips
XL or Rold Gold
Pretzels

\$5⁸⁸



737g Pedigree
Marrowbone Dog Treats

\$13⁸⁸



816g Folgers
Classic Roast Ground Coffee

\$2²²



227g Lactantia
Garlic Butter

\$4⁸⁸



340g Bird's
Custard Powder

\$2⁸⁸



400g Ambrosia
Rice or Custard Pudding

2/\$5⁵⁰



410g Cordon Bleu
Meatballs & Gravy, Potato or Vegetables

\$1⁶⁹



284g Cordon Bleu
Beef Gravy

\$7⁹⁹



12ct Folger's
K-Cup Coffee

\$5⁸⁸



4pk Smucker's
Uncrustables

2/\$5



444-473ml Monster
Energy Drinks

\$13⁸⁸



216ct Tetley
Tea Bags

Personal Care

\$1⁶⁹



4.25g Blistex
Lip Balm

\$5⁴⁴



591ml Irish Spring or Soft Soap
Bodywash

\$5⁸⁸



24ct Tylenol
Arthritis Pain

\$6⁴⁴



24ct Aleve
Caplets

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Refreshments & Snacks

2/\$6



100-199g Quaker Rice Cakes or Crispy Minis

2/\$9



6x710ml Pepsi & Flavours

2/\$2.22



43-58g Selected Hershey Bars

\$3.77



7-10pk Carnation Hot Chocolate Envelopes

\$1.88



120g Jell-O Soft & Chewy Candy

\$3.69



190-280g Takis Chips

2/\$6



3pk Orville Redenbacher Popcorn

2/88¢



24-30g Tunnock's Tea Cakes, Snowballs or Caramel Logs

2/\$6.88



200-235g Old Dutch XXL or Ridges Potato Chips

\$8.99



24x500ml Aquafina Water

\$5.99



6x295ml Ocean Spray Cranberry Cocktail

2/\$8



177-235g Lay's XXL or Baked Potato Chips

FRESH. FRIENDLY. LOCAL



Furry Friends

2/\$3



78g Meow Mix Tasty Layers Cat Food

2/\$4



113g Milk Bone Soft & Chewy Treats

\$3.88



500g Meow Mix Dry Cat Food

\$1.99



375g Pedigree Dog Food

3/\$4



2x37.5g Whiskas Perfect Portions Cat Food

\$39.99



14kg Pedigree Dry Dog Food

FRESH. FRIENDLY. LOCAL



House and Home

\$7.99



285g Downy or Gain Scent Booster Beads

\$3.99



650ml Lysol Lemon Trigger

\$1.88



198g Renuzit Air Freshener

\$3.88



900ml Drano Liquid

\$6.77



350g Lysol Spray

2/\$4.44



10ct Club Supreme Blue Recycling Bags

FRESH. FRIENDLY. LOCAL

More Great Deals

\$3.29-\$18.99



109-1000g Create a Treat Holiday Kits

\$4.44



375ml Dalton's Maraschino Cherries

\$5.99



375ml Maille Gerkins

\$4.99



10kg Safety Salt

\$3.99



350-360g Cap'n Crunch Cereal

4/\$5



113g Mario's Mini Vienna Sausages

\$5.88



170g Nescafé Instant Coffee

\$4.88



454g Maple Leaf Canned Ham

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HOLIDAY BAKING ESSENTIALS



\$1.19/100g
Thompson Raisins



\$1.29/100g
Currants



\$1.50/100g
Golden Raisins



99¢/100g
Dates



\$2.50/100g
Apricots



\$2.89/100g
Walnuts



\$1.50/100g
Mixed Fruit

\$1.19/100g
Baking Gums



\$1.49/100g
Green Cherries



\$1.49/100g
Red Cherries



\$2.25/100g
Cocoa Powder

\$1.10/100g
Chocolate Chips



55¢/100g
Brown Sugar

99¢/100g
Rolled Oats



\$1.49/100g
Graham Crumbs



\$1.49/100g
Coconut

TRADITIONAL ❄️ CAKES & COOKIES ❄️

3.8-4LB GOLDEN CRUST
LIGHT FRUIT, DARK FRUIT, CHERRY OR BOILED RAISIN CAKES



\$24.99

NEW!

3PK GOLDEN CRUST
LIGHT FRUIT, DARK FRUIT
& CHERRY LOAVES



\$19.99

SINGLE GOLDEN CRUST
LIGHT FRUIT, DARK FRUIT
OR CHERRY LOAF



\$9.99

NEW!

2LB GOLDEN CRUST
GUMDROP, CHERRY OR
APRICOT RING CAKES



\$16.99

12PK GOLDEN CRUST
VARIETY PACK COOKIES



\$7.79

NEWFOUNDLAND PROUD
Golden Crust
*Just like
Nan's*

PARTY PLATTERS

SERVING SIZE:
SMALL TRAY • 8-10 GUESTS
LARGE TRAY • 10-15 GUESTS

\$25.99
*AND UP



FRUIT
TRAY



VEGGIE
TRAY



MEAT &
CHEESE



WRAPS &
BAGUETTES



CHEESE &
CRACKERS



SANDWICHES



MEAT,
CHEESE &
CRACKERS



WINGS



MEAT
TRAY



TORPEDO
SUBS

CONTACT US TO PLACE
YOUR ORDER

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