



Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

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View our flyer online at
www.powellsnl.ca



\$14⁹⁹
PER LB.
\$33.05/KG.

Cut From AA or Higher
Grades Beef Value Pack
**Prime Rib Grilling Steak
or Premium Roast**



\$5⁹⁹
PER LB.
\$13.21/KG.

Fresh Country Ribbon Value Pack
Boneless Skinless Chicken Breast



\$2⁹⁹
PER LB.
\$6.59/KG.

Fresh Boneless
Pork Loin



\$12⁸⁸

Maple Leaf
Baby Bologna



3/\$5

250ml Club Supreme
Jam



\$2⁷⁷
HEAD

Product of Canada
Iceberg Lettuce



\$2⁸⁸

600ml Catelli
Meat Sauce



\$3⁸⁸

311-525g
Selected Post
Cereal



2/\$4⁸⁸

198g Heinz
Bagel Bites
Pizza Snacks



2/\$9

6x710ml
Coke & Flavours



4/\$5

43-116g Idahoan
Mashed Potatoes



2/\$6⁵⁰

550-675g Villaggio Thick Sliced **Bread**
or 6-8pk Toscana **Buns**



\$6⁴⁴

907g
Central Dairies
Soft Margarine



\$7⁷⁷
EACH

11lb
Average
Product of US
Watermelon



3/\$5

250g Dare
Breaktime Cookies

PRICES ARE IN EFFECT AUGUST 13 - 19, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
13	14	15	16	17	18	19



2/\$4.44

354ml Carnation
Regular or 2%
Evaporated Milk



\$3.88

2lt Rougemont
Apple Juice



\$5.99

540-600g
McCain
Beef Taco, Cheeseburger
or Pizza Pockets



\$4.99

500ml Diana
Sauce



\$7.44

4lt Old Dutch
Liquid Laundry Detergent



\$14.88

10kg
Robin Hood
Flour



\$2.99

200-235g
Old Dutch **XXL** or Ridgies
Potato Chips



\$5.44

520g Apple Valley
Baked Lemon Meringue Pie



\$7.99

320-400g Cracker Barrel
Cheese Bars or Shreds



\$16.99

24ct Royale Double Roll
Bathroom Tissue



\$2.77

350g
Minute Rice



\$2.99

900ml Campbell's
Tetra Broth



\$14.88

16ct Del Monte
Fruit Cups



\$3.99

1lt Liberty
Canola Oil



2/\$16

12x355ml
Pepsi & Flavours or Bubly Water



\$4.77

340g Mario's
Corned Beef



\$3.99

142-184g Kraft
Shake 'N Bake
Coating Mix



2/\$4.88

300g Voortman
Turnovers



\$11.44

3pk Bounty Select-A-Size
Paper Towels



\$2.99

6pk Dempster's
English Muffins



2/\$4.88

156g Maple Leaf
Flakes of Meat



\$6.99

100-170g
Nescafe or Encore
Instant Coffee



\$6.88

890ml
Hellmann's
Mayonnaise



\$2.77

284g Club House
Beer Batter or
English Style Batter Mix

STAY COOL - WITH LACTALIS

BUY ANY CRACKER BARREL, PARKAY, BLACK DIAMOND OR LACTALIS PRODUCT AND ENTER TO WIN!

A YETI ROADIE HARD COOLER

FROM NOW UNTIL SEPTEMBER 6TH!

Powell's Supermarket

\$23.99

**2kg Pinehill
Split Chicken Wings**



Your Newfoundland Butcher



5-6ct Atlantic's Best
Pickled Eggs or Wieners

\$5.44

\$7.99
PER LB.
\$17.62/KG.



Made From Fresh or
Frozen Portions Value Pack
Lean Ground Beef

\$5.99
PER LB.
\$13.21/KG.



By The Piece Maple Leaf
Bologna

\$16.99



6pk Belmont
Beef Burgers



\$5.88



375g Maple Leaf
Bacon



250g Maple Leaf Prepped & Ready
Chicken

\$7.99

\$4.99
PER LB.
\$11.00/KG.



Tray Pack Frozen
Chicken Hearts



\$8.99

675g
Marc
Angelo
Pork Sausage

\$3.99
PER LB.
\$8.80/KG.



Fresh Boneless
Pork Loin Chops

\$10.99
PER LB.
\$24.23/KG.



Quality Vac Pack
Boneless Salt Beef

\$10.88



695g
Maple Leaf
Prime
Chicken Wings



375g Coachman
Wieners

\$3.88



\$13.99

700g Janes Pub Style
**Chicken Nuggets,
Strips, Burgers or
Popcorn Chicken**



\$4.99
PER LB.
\$11.00/KG.

Atlantic's Best Homestyle
Sliced Puddings



Deli

\$1.99
PER 100G



Store Sliced Golden Maple or Harvest Creek
Chicken Breast

\$1.49
PER 100G



Store Slice Olymel
Mock Chicken Loaf

\$7.99-\$11.99



Instore
Regular
or Deluxe
Cold Plates

\$3.99



200g Chris Brother's
Sliced Ham



From the Sea

\$8.99



500g High Liner English Style
Fish In Batter

\$6.99
PER LB.
\$15.41/KG.



Store
Wrapped
High Liner
Breaded Fish Sticks

\$7.99



340g Ocean Jewel
Breaded Coconut Shrimp

\$5.99



454g Land & Sea
Salt Fish Bits

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Fresh Produce

\$4⁹⁹
PER LB.
\$11.00/KG.



Product of US
Green Grapes

\$4⁴⁹
HEAD



Product of Canada
Cauliflower

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Peaches

\$2⁹⁹
PER LB.
\$6.59/KG.



Product of Argentina
Bartlett Pears

\$1⁵⁹
PER LB.
\$3.51/KG.



Product of Canada
Medium Turnip

\$3⁴⁹
PER LB.
\$7.69/KG.



Product of US
Green Peppers

\$4⁹⁹



280g Product of Canada
Cherry Tomatoes

\$1¹⁹
EACH



Size 95's Product of South Africa
Lemons

\$4⁹⁹
EACH



Product of Honduras
Pineapple

\$1⁹⁹
PER LB.
\$4.39/KG.



Product of US
Spanish Onions

\$2⁴⁹
EACH



Product of Mexico
Avocados

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Dairy

\$2⁹⁹



250g Scotburn
Heluva Good Dip!

\$4⁴⁴



468g Pillsbury RTB
Chocolatey Chip Cookie Dough

\$4⁸⁸



410g Black Diamond
Cheese Slices

\$7⁴⁴



454g Lactantia
Butter

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Frozen

\$6⁸⁸



775g Red Baron
Rising Crust
Pepperoni Pizza

3/\$5



190g Swift
Pot Pies

\$5⁷⁷



280-338g Selected Swanson
TV Dinners

\$4⁴⁴



326g Furlani Stuffed
Mozza Breadsticks

\$8⁹⁹



1kg Cavendish Value Pack
Onion Rings

\$3⁸⁸



317g Giuseppe
Garlic Fingers

\$3⁷⁷



800g McCain
Red Bag Fries

\$9⁹⁹



530g Schneiders
Buffalo Chicken or Four Cheese Spinach Dip

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Bakery

\$13²⁹

**Baked
In-Store**

Strawberry
Delight
Cake



2pk Golden Crust Gracie's
Cream Donuts

\$2⁹⁹

**Baked
In-Store**



3 Bun Homestyle
White Bread

\$7⁷⁹

12pk Golden Crust
Five Star Cookies



\$2⁹⁹

**Baked
In-Store**



Sugar Free, Fat Free
White Bread

\$5³⁹

600g Golden Crust
Homestyle Banana Bread



\$7⁹⁹

12pk
Golden Crust
Plain, Raisin or Blueberry
Tea Buns



\$3³⁹



340g Golden Crust
Bread Crumbs

STARTING AT

\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

**Baked
In-Store**



More Great
Deals

\$3⁴⁴



225g Christie Premium Plus
Salted Crackers

\$10⁸⁸



6x330ml Corona
Non-Alcoholic
Sunbrew Beer

\$5⁴⁴



540ml Lucky Leaf
Pie Filling

\$7⁸⁸



16pk Danone
Creamy Yogurt

\$6⁷⁷



250-375g Schneiders
Pepperettes

\$2⁸⁸



455ml Golden Dragon
Oyster or Stir Fry Sauce

\$3⁴⁴



70g Mrs Dash
**Original
Seasoning
Blend**

2/\$5



591ml Glaceau
Vitamin Water

\$1⁷⁷



199-284ml Green Giant
**Cream Style Corn
or Corn Niblets**

\$3⁸⁸



340g
Barilla
Gluten Free Pasta

\$3⁹⁹



336-800g Nabisco
Cream of Wheat

3/\$4



398ml
Success
**Beans in
Tomato Sauce**

\$3⁷⁷



400g Kraft Deluxe
Mac & Cheese

\$3⁴⁴



440g
Betty Crocker
**Chocolate Chunk
Brownie Mix**

\$1⁸⁸



85g
Clover Leaf
Smoked Oysters or Mussels

\$4⁹⁹



375g Bee Maid
**Liquid Honey
Bear**

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Refreshments & Snacks

\$10⁴⁹



16ct Lay's Value Pack Chips

\$7⁹⁹



24x500ml Aquafina Water

59¢



30-32g Tunnocks Caramel Log or Wafer Bar

2/\$7



250-300g Humpty Dumpty Cheese Snacks or Party Mix

2/\$6⁵⁰



128-226g General Mills Fruit Shapes, Gushers, Roll Ups or Fruit by the Foot

2/\$9



180-285g Doritos or Cheetos XL

4/\$5



502ml Fruit 2.0 Beverage

3/\$5



75g Long Chips

\$5⁸⁸



4pk Dole Pineapple Juice

2/\$2²²



33-60g Selected Cadbury Bars

\$19⁹⁹



24x591ml Powerade Variety Pack

\$4⁴⁴



Selected Vachon Cakes

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Furry Friends

\$4⁹⁹



340g Milk Bone Peanut Butter Dipped Treats

\$6⁸⁸



1.4kg Friskies Grill Crunch Dry Cat Food

3/\$5



75g Iams Perfect Portions Cat Food

\$1⁸⁸



375g Pedigree Dog Food

\$8⁴⁴



2kg Purina Adult Dog Chow

\$10⁴⁴



2kg Whiskas Dry Cat Food

FRESH. FRIENDLY. LOCAL



House and Home

\$2⁸⁸



24pk Large Wooden Clothes Pins

\$5⁴⁴



1.41lt Pinesol Multi-Purpose Cleaner

\$7⁴⁴



16ct Swiffer Unscented Dry Cloths

\$4⁹⁹



141-150g Gain or Downy Scent Booster Beads

\$6⁸⁸



560g Bon Ami Window Cleaner

\$3⁹⁹



900ml Drano Liquid

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Personal Care

\$7²⁹



80ct Johnson & Johnson Band-aids

\$7⁹⁹



355ml Dove Shampoo or Conditioner

\$5⁹⁹



591ml Irish Spring Bodywash

\$6⁴⁴



16ct Advil Liqui-Gels Migraine

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