

Fresh, Friendly and Local – Since 1948

# Powell's Supermarket

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VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at  
[www.powellsnl.ca](http://www.powellsnl.ca)



**\$15<sup>99</sup>**  
PER LB.  
\$35.26/KG.

Cut From AA or Higher Grades Beef Value Pack  
**Prime Rib Grilling Steak**



**\$2<sup>99</sup>**  
PER LB.  
\$6.59/KG.

Fresh Country Ribbon  
**Whole Bagged Chicken**



**\$2<sup>99</sup>**  
PER LB.  
\$6.59/KG.

Fresh Boneless  
**Pork Loin**



**\$11<sup>88</sup>**

Maple Leaf  
**Baby Bologna**



**3/\$5**

455ml Kraft  
**BBQ Sauce**



**\$3<sup>49</sup>**  
PER LB.  
\$7.69/KG.

Product of US  
**Red Seedless Grapes**



**\$1<sup>77</sup>**

156g Maple Leaf  
**Flakes of Meat**



**\$1<sup>77</sup>**

398ml Bush's  
**Baked Beans**



**\$3<sup>88</sup>**

311-525g Selected Post  
**Cereal**



**\$3<sup>99</sup>**

850g Parkay  
**Soft Margarine**



**\$4<sup>97</sup>**

1lt Heinz  
**Ketchup**



**2/\$15**

Coke or Pepsi & Flavours,  
AHA or Bubly Water



**\$2<sup>88</sup>**

570g Dempster's Holsum Sliced **Bread Buns**  
or 8pk Hotdog or Hamburger



**3/\$5**

250g Dare  
**Breaktime Cookies**



**\$4<sup>44</sup>**

3.6lt Old Dutch  
**All Purpose Bleach**



**\$1<sup>99</sup>**  
HEAD

Product of Canada  
**Romaine Lettuce**

PRICES ARE IN EFFECT AUGUST 14-20, 2025

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
14	15	16	17	18	19	20



2/\$3

165g  
Gattuso  
Pizza Flour

\$2<sup>88</sup>

250g Minute Rice  
RTS

\$3<sup>88</sup>

340g No Yolk  
Egg Noodles

\$6<sup>88</sup>

400-450g Carnation  
Hot Chocolate Can

\$4<sup>88</sup>

350g Purity  
Tea Vees

2/\$4<sup>44</sup>

354ml Carnation Regular or 2%  
Evaporated Milk

\$6<sup>88</sup>

890ml  
Hellmann's  
Mayonnaise

3/\$4

28g French's  
Marinade Mix

\$6<sup>99</sup>

320-400g Black Diamond  
Cheese Bars or Shreds

\$11<sup>88</sup>

4 Roll Bounty  
Paper Towels 4=6

\$2<sup>88</sup>

600ml  
Catelli  
Garden Select  
Pasta Sauce

\$5<sup>44</sup>

350g  
Authentic Asia  
Curry Chicken or  
Won Ton Shrimp  
Soup

\$2<sup>88</sup>

398ml Dole  
Pineapple

\$2<sup>88</sup>

166-240g  
Betty Crocker  
Hamburger Helper

2/\$5

960ml  
Delmonte  
Orange Juice

\$6<sup>88</sup>

4lt Old Dutch  
Laundry Detergent

\$2<sup>99</sup>

67-120g JMS  
Lunchmates

\$3<sup>77</sup>

250ml Smuckers  
Jam

\$5<sup>99</sup>

7lb  
Golden  
Crust  
Flour

\$11<sup>88</sup>

216ct Red Rose  
Tea Bags

\$7<sup>97</sup>

401-642g Taco Bell  
Crunch Wrap Supreme or  
Cheesy Double Decker

\$12<sup>99</sup>

12ct Cashmere Double Roll  
Bathroom Tissue

2/\$4

284ml  
Franco American  
Gravy

\$3<sup>44</sup>

225g Christie Premium Plus  
Salted Crackers

\$4<sup>99</sup>

Kent Smoked Boneless  
½ Ham

# CUSTOM CAKE FLAVOURS

- Chocolate
- Vanilla
- Marble
- Carrot
- Red Velvet
- Strawberry
- Chocolate
- Orange
- Chocolate Mint
- Orange
- Lemon
- Maple Walnut
- Pineapple
- Confetti
- Half & Half

## ICING OPTIONS

- Powell's Traditional
- Whipped Topping
- Buttercream
- Cream Cheese

**Powell's Famous Bakery**  
CAKES@AGDNL.CA

\$10<sup>88</sup>

3lt Unico  
Vegetable Oil





## Your Newfoundland Butcher



**\$16<sup>99</sup>**  
PER LB.  
\$37.46/KG.

Cut from AA or Higher Grades Beef  
**Prime Rib Premium Roast**



**\$6<sup>88</sup>**



100-375g Schneider's Regular, Salt Reduced or Ready Cooked **Bacon**



**\$7<sup>99</sup>**

250g Maple Leaf Prepped & Ready **Chicken**



**\$12<sup>99</sup>**

6pk Belmont **Beef Burgers**

**\$4<sup>99</sup>**  
PER LB.  
\$11.00/KG.



Tray Pack Frozen **Chicken Hearts**

**\$6<sup>99</sup>**  
PER LB.  
\$15.41/KG.



Made From Fresh or Frozen Portions Value Pack  
**Medium Ground Beef**

**\$4<sup>99</sup>**  
PER LB.  
\$11.00/KG.



Tray Pack Atlantic's Best **Homestyle Puddings**

**\$3<sup>99</sup>**  
PER LB.  
\$8.80/KG.



Fresh Boneless **Pork Loin Chops**

**\$8<sup>99</sup>**  
PER LB.  
\$19.82/KG.



Quality Vac Pack **Boneless Salt Beef**

**\$9<sup>99</sup>**



852g Butterball **Lean Turkey Burgers**

**\$7<sup>99</sup>**



900g Larsen Regular or BBQ **Wieners**

**\$10<sup>99</sup>**



595g 44th Street Honey Garlic or Maplewood Smoked **Back Ribs**

**2/\$5**



60g Schneider's **Pepperettes**

**\$12<sup>99</sup>**



700g Janes Pub Style **Chicken Strips, Nuggets, Burgers or Popcorn Chicken**



## Deli

**\$11<sup>99</sup>-\$14<sup>99</sup>**

**\$3<sup>99</sup>**



250g Chris Brother's Maple, Polish or Garlic **Sausage**



Instore Dinner For Two **Meal Kits**

**\$2<sup>49</sup>**  
PER 100G



Store Sliced Deli Classic **Montreal Smoked Meat or Pastrami**

**\$2<sup>99</sup>**

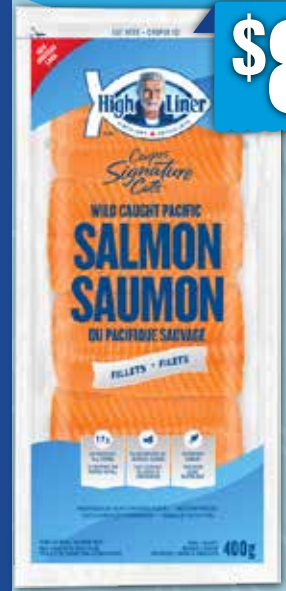


250g Chris Brother's **Sandwich Pack**



## From the Sea

**\$8<sup>99</sup>**



400g High Liner Wild Pacific **Salmon Fillets**

**\$5<sup>99</sup>**



454g Land & Sea **Salt Fish Bits**

**\$7<sup>99</sup>**



340g Ocean Jewel **Breaded Coconut Shrimp**

**\$6<sup>99</sup>**  
PER LB.  
\$15.41/KG.



Store Wrapped High Liner **Breaded Fish Sticks**

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## Fresh Produce

**\$4<sup>99</sup>**



1 pint  
Product of Canada  
**Blueberries**

**\$1<sup>29</sup>**  
PER LB.  
\$2.84/KG.



Product of Canada  
**Green Cabbage**

**\$8<sup>99</sup>**

908g Clamshell  
Product of Chile  
**Kiwi Fruit**



**\$4<sup>99</sup>**  
BUNCH



Product of Canada  
**Broccoli**

**\$1<sup>29</sup>**  
PER LB.  
\$2.84/KG.



Product of US  
**Watermelon  
Pieces**



**\$2<sup>99</sup>**  
PER LB.  
\$6.59/KG.



Product of Argentina  
**Bartlett Pears**

**\$1<sup>99</sup>**



12oz Product of US  
**Baby Peeled Carrots**

**\$3<sup>69</sup>**  
PER LB.  
\$8.14/KG.



Product of US  
**Roma Tomatoes**

**\$2<sup>99</sup>**  
EACH



Product of Mexico  
**Mangoes**

**\$4<sup>79</sup>**  
HEAD



Product of Canada  
**Cauliflower**

**\$1<sup>29</sup>**  
EACH



Product of Argentina  
**Lemons**

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## Dairy

**\$4<sup>88</sup>**



240g Cracker Barrel  
**Natural Cheese Slices**

**\$4<sup>44</sup>**



454g Pillsbury RTB  
Chocolate Chunk & Chip  
**Cookie Dough**

**\$7<sup>88</sup>**



16x100g Danone  
**Creamy Yogurt**

**\$3<sup>99</sup>**



168g Black Diamond  
**Cheestrings**

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## Frozen

**\$8<sup>99</sup>**



1kg  
Cavendish Value Pack  
**Onion Rings**

**\$2<sup>88</sup>**



298g Furlani Garlic Parmesan  
**Breadsticks**

**\$3<sup>88</sup>**



425ml Wong Wing  
**Won Ton Soup**

**\$6<sup>88</sup>**



1.5lt Nestle **Ice Cream**,  
4-8pk Nestle **Novelties**  
or 12pk Delmonte **Novelties**

**\$16<sup>88</sup>**



1.5kg Family Pack  
**Pogo Sticks**

**\$3<sup>88</sup>**



800g McCain  
**Red Bag Fries**

**2/\$4<sup>44</sup>**



200g  
Swanson  
**Pot Pies**

**\$6<sup>44</sup>**



775g Red Baron Rising Crust  
**Pepperoni Pizza**

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## Refreshments & Snacks

2/\$5



150-154g Maynards Candy

\$3.44



175g Old Dutch Popcorn Twists

\$3.99



168g Betty Crocker Dunkaroos

2/\$7.50



81-145g Lay's Minis

\$4.77



6x222ml Coke & Flavours

\$2.77



148-156g Pringles Potato Chips

\$8.99



16x37g Kellogg's Nutri Grain Bars

2/\$9



Doritos XL or Cheetos Snacks

4/\$5



1.5lt True North Water

3/\$4



43g Kinder Bueno Chocolate Bar

\$3.99



200g Old Dutch Veggie Crisps or Dutch Crunch Kettle Cooked Chips

3/\$4



1lt Pepsi & Flavours

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## Furry Friends

\$6.99



1.42kg Meow Mix Dry Cat Food

\$27.88



8kg Pedigree Healthy Vitality Dry Dog Food

2/\$4.44



113g Milk Bone Soft & Chewy Treats

\$17.88



9.1kg Arm & Hammer Slide MultiCat Litter

4/\$5



75g Whiskas Perfect Portions Cat Food

\$23.88



5kg Nutrigo Grain Free Dog Food

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## House and Home

\$9.99



3.4kg Cascade Complete Dishwasher Gel

\$5.88



1.2lt Mr. Clean Platinum Multi-Purpose Cleaner

\$3.99



900ml Drano Liquid

\$5.77



80ct Bounce Sheets

\$3.99



887-946ml Clorox All Purpose or Disinfecting Bathroom Cleaner

\$1.29



25ft Club Supreme Foil Wrap

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## More Great Deals

2/\$6



300g Purity Ginger Snaps or Oatmeal Cookies

\$2.39



375ml Bick's Sweet Green Relish

\$5.88



620g Apple Valley Rhubarb Strawberry Baked Pie

\$2.97



276g Tang Crystals

\$3.77



340g Litehouse Dips

3/\$5



284ml Heinz Tomato Soup

\$3.44



375ml Heinz Pickled Ketchup

\$5.99



500ml Bick's Sweet Mustard Pickles

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