

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK @PowellsNL



View our flyer online at
www.powellsnl.ca

Fresh, Friendly and Local – Since 1948 Powell's Supermarket

\$2⁹⁹
PER LB.
\$6.59/KG.

Fresh Country Ribbon
Whole Bagged
Chicken



\$12⁹⁹
PER LB.
\$28.64/KG.

Cut From AA or Higher Grades Beef Value Pack
Striploin Grilling Steak



\$3⁴⁴
PER LB.
\$7.58/KG.

Fresh
Pork Side Ribs



\$18⁸⁸

2kg Frozen
Split Chicken Wings



\$3⁹⁷



227-250g
Kraft Philadelphia
Cream Cheese

\$6⁹⁹

NEW
CROP!



10lb Product of Canada
New White Potatoes

\$2⁸⁸



8x56g Yoplait **Yogurt Tubes**
or 6x60g Minigo **Yogurt**

3/\$5



200g Jacob's
Cream Crackers



375-404g
Betty Crocker
Cake Mix

\$1⁹⁷



890ml Kraft
Miracle Whip

\$4⁹⁹



317-430g
Selected
Cheerios
Cereal

\$3⁷⁷



24x355ml **Coke & Flavours**
or Selected **Pepsi**

\$13⁴⁹

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Red Seedless Grapes

\$2⁹⁹



177-235g Lay's
XXL or Baked Potato Chips

\$2⁹⁹



570g
Dempster's
Holsum
Bread

\$4⁷⁷



850g Parkay
Soft Margarine

PRICES ARE IN EFFECT AUGUST 6 - AUGUST 12, 2026

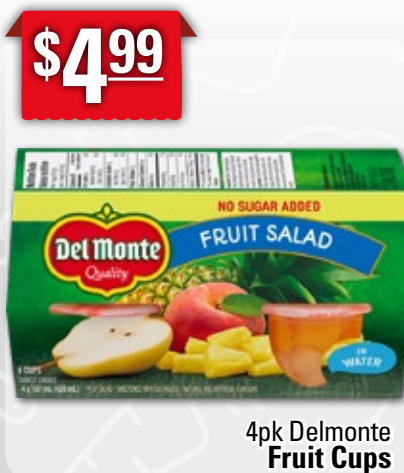
All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
6	7	8	9	10	11	12



\$4⁷⁷

410-600ml Classico Pasta Sauce



\$4⁹⁹

4pk Delmonte Fruit Cups



\$9⁹⁹

3lt Primo Vegetable Oil



\$3²⁹

247-391g Town House Crackers



\$3⁹⁹

500g Jif Creamy Peanut Butter



\$7⁹⁹

8pk Cashmere Bathroom Tissue



\$1⁴⁴

165g Gattuso Pizza Flour



\$2⁷⁷

540ml Aylmer Tomatoes



2/\$5

960ml Delmonte Orange Juice



2/\$1

85g Mr Noodles



\$5²⁹

70ct Red Rose Tea Bags



\$5⁸⁸

620g Apple Valley Baked Rhubarb Strawberry Pie



2/\$6⁵⁰

425ml Sweet Baby Rays BBQ Sauce



\$3⁷⁷

341ml VH Dipping Sauce



2/\$4⁴⁴

354ml Dairy Isle Regular or 2% Evaporated Milk



\$4⁹⁹

1.36lt Heinz Tomato Juice



\$4⁹⁹

2lt Old Dutch Liquid Laundry Detergent



3/\$5

2pk Cascades Tuff Econo Paper Towels



\$3⁹⁹

450g Weight Watchers Bread



\$12⁸⁸

2.6kg Minute Rice



\$4⁴⁴

905g Pearl Milling Pancake Mix or 710ml Syrup



2/\$4

284ml Franco American Gravy



\$4⁴⁴

3lb Golden Crust Bread & Roll Mix



\$10⁹⁹

686g Martinson Classic Roast Coffee

LET'S TURN UP THE HEAT WITH NESTLE
RAISE THE TEMPERATURE THE MORE YOU BUY!

BUY 4 NESTLE CHOCOLATE BARS & GET 1 ENTRY BUY 8 & GET 3!

WE'LL DRAW FOR THE BLACKSTONE WHEN WE REACH OUR TARGET TEMPERATURE.

\$1⁹⁹

Dr. Oetker Mousse 50 calories.
FRENCH VANILLA • VANILLE FRANÇAISE
INSTANT • INSTANTANÉ

Shirriff LEMON CITRON
PIE FILLING & DESSERT MIX
MÉLANGE À GÂTNERIE À TARTE ET À DESSERT

28-164g Dr Oetker Pie Filling or Mousse



Your Newfoundland Butcher

\$8⁹⁹
PER LB.
\$19.82/KG.



Cut From AA or Higher Grades Beef
Outside Round Oven Roast
or Value Pack **Marinating Steak**

\$7⁹⁹
PER LB.
\$17.62/KG.



Made From Fresh or Frozen Portions Value Pack
Medium Ground Beef



\$4⁴⁴
PER LB.
\$9.79/KG.

Bone-In Smoked Picnic Ham

\$9⁹⁹
PER LB.
\$22.02/KG.



Cut From AA or Higher Grades Beef
Boneless Stewing Beef



\$12⁹⁹

1.75kg
Atlantic's Best Salt Riblets



\$5⁸⁸

375g Mere Michel
Bacon



\$10⁹⁹

10-12ct Atlantic's Best
Pickled Eggs or Wieners



\$9⁹⁹

500g Sunrise
Beef Burgers



\$3⁹⁹

375g Maple Leaf
Wieners



\$9⁹⁹

568-700g Selected
Maple Leaf Prime
Chicken



\$4⁹⁹

375g Schneider's
Smoked Sausage



\$9⁸⁸

Sunrise
Baby Bologna



\$21⁹⁹

1.2kg
Butterball
Boneless
Turkey Breast Roast



\$10⁹⁹

800g Watson Ridge
Jumbo Chicken Tenders or Zesty Chicken Breast



Deli



\$3⁴⁹

250g Chris Brother's
Deli Combo



\$4⁹⁹

100-175g Fantino & Mondello
Deli Meats



\$6⁷⁷

6oz Moji Sushi
Spicy or Regular
California Roll



\$2⁴⁹
PER 100G

Store Sliced Deli Classic
Montreal Smoked Meat or Pastrami



From the Sea



\$13⁹⁹

815g 40 Fathoms
Breaded Cod Fillet



\$8⁹⁹

500g Ocean Jewel
Breaded Calamari Rings



\$10⁹⁹

500g Appi's
Tempura Shrimp



\$3⁴⁹

330g Land & Sea
Fish Cakes

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$3⁷⁹
PER LB.
\$8.36/KG.



Product of US
Plums

\$2⁹⁹
HEAD



Product of Canada
Romaine Lettuce

\$3⁹⁹
PER LB.
\$8.80/KG.



Product of US
Nectarines

\$4⁹⁹
BUNCH



Product of Canada
Broccoli

\$2⁶⁹
PER LB.
\$5.93/KG.



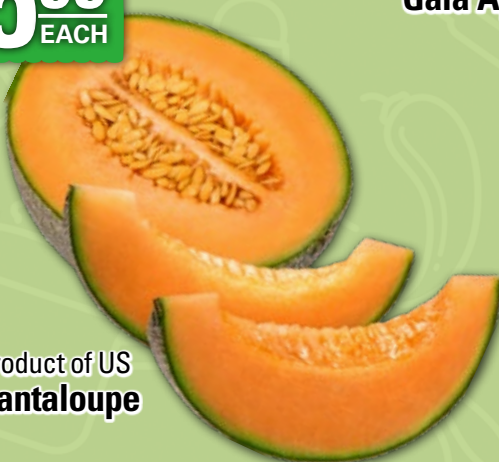
Product of US
Gala Apples

99¢
PER LB.
\$2.18/KG.



Product of Canada
Green Cabbage

\$5⁹⁹
EACH



Product of US
Cantaloupe

\$2⁹⁹



2lb
Product of Canada
Yellow Onions

\$1³⁹
EACH



Product of Chile
Kiwi Fruit

\$3⁶⁹



225g
Product of Canada
White Mushrooms

\$3⁹⁹
EACH



Product of Mexico
Mangoes



Dairy

\$4⁴⁹



454g Pillsbury RTB
Chocolate Chunk & Chip Cookie Dough



CRACKER BARREL
SLICES | TRANCHES
MARBLE • MARBRE
FROMAGE CHEDDAR CHEESE
12 SLICES TRANCHES 240g



CRACKER BARREL
SLICES | TRANCHES
MOZZARELLA
FROMAGE MOZZARELLA CHEESE
12 SLICES TRANCHES 240g

\$4⁹⁹

240g
Cracker Barrel
Natural Cheese Slices

\$6⁹⁹



320-400g Armstrong
Cheese Bars or Shreds

\$6⁸⁸



1.36kg Parkay
Margarine Quarters



Frozen

\$4⁷⁷



1lt
Kraft
Cool Whip

\$16⁸⁸



1.5kg Family Pack
Pogo Sticks

\$15⁹⁹



2kg Pinehill
Chicken Legs

\$7⁸⁸



720-740g Giuseppe Rising Crust
Pizza

\$9⁹⁹



1200g McCain Bistro Extra Crispy
Onion Rings

\$3⁴⁴



750g Cavendish Farm
Crispy Coat Fries

\$3⁴⁴



240g Furlani
Garlic Toast

2/\$4



250g Green Giant Simply Steam
Cut Broccoli & Cauliflower

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹



3 Bun Homestyle
White Bread

\$3⁸⁹



4-6pk
Golden Crust Small or Large
Sub Rolls

\$17⁹⁹



2.5lb Golden Crust
Ring Cakes

\$4⁴⁹



600g Golden Crust
Molasses Raisin Pot Bread

\$2⁹⁹



12pk White or Whole Wheat
Circle Dinner Rolls

Baked In-Store

\$6⁹⁹



6pk Assorted
Cupcakes

Baked In-Store

\$7⁷⁹



12pk Golden Crust
Variety Pack Cookies

\$9⁹⁹



6pk Golden Crust
Assorted Mini Loaves

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough Bread



Baked In-Store

More Great Deals

\$4⁹⁹



300ml
Eagle Brand
Sweetened Condensed Milk

\$4⁹⁹



20pk Cavendish
Gold Hashbrown Patties

\$4⁸⁸



591ml
Litehouse
Dressing

\$3⁹⁹



6-10pk
10" Dempster's
Tortilla Wraps

\$5⁴⁴



450g
Nestle Coffeemate
Powder

2/\$7⁵⁰



102-145g Lay's
Minis

2/\$4⁴⁴



99g
Clover Leaf
Snacks

\$4⁴⁴



283g Christie
Fig Newtons

\$4⁸⁸



500ml
Scotsburn
Whipping Cream

\$4⁴⁴



350g Captain Crunch
Cereal

\$34⁹⁹



100pk Martinson
Coffee Pods

\$4⁹⁹



400ml A1
Sauce

3/\$4



28g
French's
Meat Marinade

\$4⁹⁹



428ml Smuckers
Sundae Syrup

\$3⁸⁸



6-8pk
Dempster's Signature Gold
Hotdog or Hamburger Buns

\$3⁴⁴



946ml Ilios
Organic Broth

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Refreshments & Snacks

4/\$5



1.5lt
True North
Water



142g
Popcorners
Snacks

\$3⁹⁹

\$3⁹⁹



168g
Betty Crocker
Dunkaroos

\$2⁹⁹



200-235g Old Dutch XXL
or Ridgies Potato Chips

2/\$7



250-300g
Humpty Dumpty
Cheese Snacks or Party Mix

3/\$4⁵⁰



1lt Pepsi & Flavours
or Aquafina Water

\$1⁴⁴



500ml
Sunny D

\$3⁹⁹



184g
Cretors Cheddar Cheese
Popcorn

2/\$4



3pk Family Brand
Drink Crystals

\$5⁴⁴



132g Nutella
B-Ready Bar

2/\$8⁵⁰



190-200g
Miss Vickie's
Potato Chips

2/\$9



6x222ml
Coke & Flavours Minis

FRESH. FRIENDLY. LOCAL



Furry Friends

4/\$5



\$7⁹⁹

312g
Milk Bone
Comfort
Chews
Roll



75g
Whiskas
Perfect Portions
Cat Food

\$6⁹⁹



1.42kg
Meow Mix
Dry Cat
Food



8kg
Pedigree
Healthy
Vitality
Dog
Food

\$28⁹⁹

2/\$4



75g
Smuckers
Pupperoni
Bacon



48g
Whiskas
Temptations
Puree

\$3³⁹

FRESH. FRIENDLY. LOCAL



House and Home

\$1⁴⁴



\$3⁹⁹

700ml Vim
Power & Shine
Bathroom or
Kitchen Spray



372ml
Palmolive
Dish
Liquid

\$13⁸⁸



1.36lt Ivory
Snow Liquid
Detergent



\$5⁸⁸

385-946ml
Scrubbing
Bubbles
Easy Peasy
Foam
Cleaner

\$2⁹⁹



35ct
Clorox
Wipes
Lemon
Fresh

\$5⁹⁹



438ml
Febreze
Fabric
Refresher

FRESH. FRIENDLY. LOCAL

Personal Care

4/\$5



1's Selected Colgate Extra Clean
Toothbrush

\$4⁹⁹



400ml Johnson & Johnson
Baby Shampoo

\$3⁴⁴



100g Vaseline
Regular

\$6⁸⁸



20ct Gravol Natural Source
Antinauseant

FRESH. FRIENDLY. LOCAL